



Ka taai tō e la'ā  
Langi tafi tonga  
'Olunga hoku fatafatá  
Fua kiho mohengá

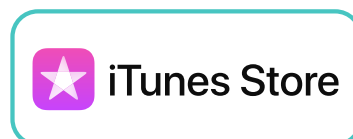
Nonga e pō mālū  
Fetapa mo e fetu'ú  
Fanafana atú  
Ha'a ta ki'i lotú

Teu laulau ho 'Ūpē  
Afo fakamohemohé  
Vanaiki ma'u pē  
Ka fangailūpē

'Oka halani e māhiná  
Fetapaki e kanivá  
'Olunga he kaliloá  
Mohe ā si'eku tamá

Mohe mohe tamá, mohe tamá  
Ala mai mahina  
Mohe mohe tamá, mohe tamá  
Ala mai mahina

Original Lyrics by Tanya Muagututi'a,  
Talia-Rae Mavaega, Jake Arona.  
Music by Pos Mavaega & Lijah Mavaega  
Produced, Mixed and Mastered by Brandon Haru



Health New Zealand  
Te Whatu Ora



Manaaki  
Tamariki  
Kia au tō moe