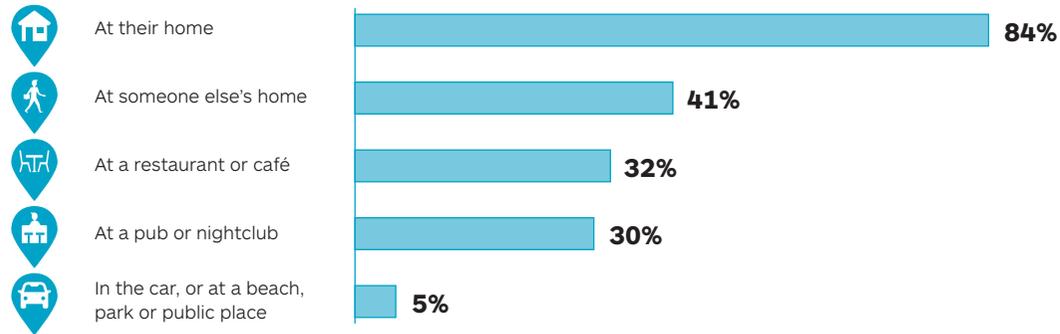


Where people drink alcohol

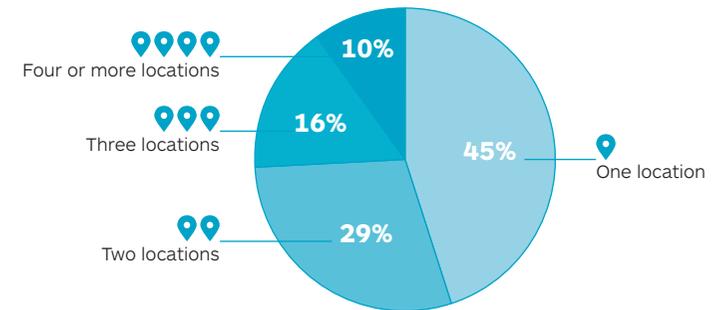
Results from the 2016 Health and Lifestyles Survey



Home was by far the most common location where people drank alcohol at least once in the last 4 weeks



Almost half of people drank alcohol in only one location in the last 4 weeks



Compared with non-heavy drinkers, heavy drinkers were:

- more likely to drink at someone else's home; at a pub or nightclub; or in a car, at the beach, park or public place
- more likely to drink in three or more locations.



Compared with males, females were:

- more likely to drink in a restaurant or café
- less likely to drink at a pub or nightclub; or in a car, at the beach, park or public place.



Compared with those 55 years and over, people aged 18-24 years were:

- more likely to drink at someone else's home; at a pub or nightclub; or in a car, at the beach, park or public place
- less likely to drink at their home, or in a restaurant or café.



Notes:

1. Heavy drinkers drank 5 or more drinks (women) or 6 or more drinks (men) on one occasion in the last 4 weeks.
2. The Health and Lifestyles Survey (HLS) is a cross-sectional survey conducted every two years with a nationally representative sample of New Zealanders aged 15 years and over. More information on the survey can be found on HPA's website: <https://www.hpa.org.nz/research-library/research-publications/2016-health-and-lifestyles-survey-methodology-report>.
3. Sample size: n=2,385 people who drank alcohol in the last 4 weeks.

ISBN: 978-0-478-44946-4