

2014 Health and Lifestyles Survey

Commissioned by the Health Promotion Agency

Research and Evaluation Unit

May 2015

ISBN: 978-1-927303-50-4 (online)

Citation: Health Promotion Agency. (2015). *2014 Health and Lifestyles Survey*. Wellington: Health Promotion Agency Research and Evaluation Unit.

This document is available at: <http://www.hpa.org.nz/research-library/research-publications>

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May 2015

COMMISSIONING CONTACTS COMMENTS:

The Health Promotion Agency (HPA) commission was managed by the Research and Evaluation Unit. The Health and Lifestyles Survey (HLS) is a biennial monitor of the health behaviour and attitudes of New Zealand adults aged 15 years and over, and parents and caregivers of 5 to 16-year-olds, first carried out in 2008. The HLS is managed by the HPA and collects information relating to HPA's programme areas of alcohol, tobacco control, skin cancer prevention, minimising gambling harm, nutrition, physical activity, immunisation and mental health. The data will be used to assess changes and developments in New Zealanders' lifestyles as these relate to public health outcomes. The HPA uses these analyses to target at-risk groups more effectively and to efficiently promote healthy lifestyles.

The questionnaire was developed by the Research and Evaluation Unit. Data collection for the HLS was contracted to CBG Health Research Limited.

REVIEW:

The questionnaire was reviewed externally.

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The data collection for the survey has been carried out by an independent party under contract or by instruction of the HPA. The survey content should not be taken to reflect HPA's views.

SECTION B: CORE DEMOGRAPHICS AND SELECTING THE NOMINATED CHILD

[GENERAL], [PARENT/CAREGIVER] GO TO B_INTRO.

B_INTRO Thank you for agreeing to take part in this survey. It covers a number of topics relating to health and lifestyles, including food and drinks, smoking, being out in the sun, and gambling. There are no right or wrong answers - we just ask about what you think.

The first few questions are to make sure that we ask you the right questions.

B1 [If necessary:] I need to record whether you are male or female?

① Enter the gender of the respondent.

- Male..... 1
- Female 8

B2  Showcard B2

Looking at Showcard B2, which of these age groups do you belong to?

- 15-17 years 1
- 18-19 years 2
- 20-24 years 3
- 25-34 years 4
- 35-44 years 5
- 45-54 years 6
- 55-64 years 7
- 65-69 years 8
- 70-74 years 9
- 75+ years 10
- Don't know..... 99
- Refused 98

[PARENT/CAREGIVER] GO TO B3
OTHERWISE GO TO L_INTRO

B3 Some of the questions ask about children, so we start by choosing one child to ask about later in the survey. How many children aged 5 to 16 years usually live in this household?

ENTER NUMBER:

IF B3 = 1 GO TO B4.
OTHERWISE GO TO B5.

B4 May I have the first name of that child so that I can refer to her or him through the interview?

RECORD NAME: _____

[PROGRAMMER: DROP THIS NAME IN WHEREVER Xxx APPEARS IN THE SURVEY QUESTIONS]

GO TO B6.

B5 So that I can choose one child to ask about later in the survey, may I have the first name of the child aged 5 to 16 years who has the next birthday, so that I can refer to her or him through the interview?

① If twins, take the youngest.

RECORD NAME: _____

[PROGRAMMER: DROP THIS NAME IN WHEREVER Xxx APPEARS IN THE SURVEY QUESTIONS]

B6 How old is Xxx please?

ENTER IN YEARS:

B7 And I'll also enter boy or girl.

① As needed!

Boy 1
Girl..... 8

B8  Showcard B8

Looking at Showcard B8, which ethnic group or groups does Xxx belong to?

① If respondent answers with nationality rather than ethnicity, probe further and record ethnicity.

① Multiple response allowed.

New Zealand European 1
Māori 2
Samoan 3
Cook Island Māori 4
Tongan 5
Niuean 6
Chinese 7
Indian..... 8
Other (specify in B8a) 9
Don't know..... 99
Refused 98

B8a What other ethnic group or groups does Xxx belong to?

B9 Are you the person in this household who is mainly responsible for cooking, providing and managing what Xxx has to eat and drink?

Yes 1
No..... 5
Don't know..... 9
Refused 8

SECTION L: LIFESTYLE FACTORS

[PROGRAMMER NOTE: WHEN THE RESPONDENT IS TAKING BOTH THE PCG AND ADULT SURVEY, THEY SHOULD BE GIVEN L_INTRO1]

[PARENT/CAREGIVER] GO TO L_INTRO1
OTHERWISE GO TO L_INTRO2

[L_INTRO1] The purpose of this section is to collect some information about yours and Xxx's interests and lifestyle.

GO TO L1

[L_INTRO2] The purpose of this section is to collect some information about your interests and lifestyle.

L1 **Showcard L1**

Looking at Showcard L1, on an average day, how much time do you spend watching television, movies or using a gaming device?

This can include downloaded or streamed content to a TV or computer.

- 5 hours or more per day 1
- 3 to 4 hours per day 2
- 1 to 2 hours per day 3
- Less than 1 hour per day 4
- Less often than once a day 5
- I never watch television, DVDs or use a gaming device 6
- Don't know..... 9
- Refused 8

L2 **Showcard L2**

Looking at Showcard L2, on an average day, how much time do you spend on the Internet?

This can include browsing, playing games, watching TV programmes and movies, listening to music, social media and online chat/instant messaging/Skype.

- 5 hours or more per day 1
- 3 to 4 hours per day 2
- 1 to 2 hours per day 3
- Less than 1 hour per day 4
- Less often than once a day 5
- I never use the Internet 6
- Don't know..... 9
- Refused 8

IF L2= 6 GO TO CHECK BEFORE L5
OTHERWISE GO TO L3

L3 I'm going to read a short list of social media websites to you, please tell me whether or not you have accessed each of these in the past week:

		Yes	No	DK	Ref
a	Facebook	1	5	9	8
b	Youtube	1	5	9	8
c	Twitter	1	5	9	8

L4 Do you access the Internet using a mobile phone?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

[PARENT/CAREGIVER] GO TO L5
OTHERWISE GO TO L7

L5  **Showcard L5**

Looking at Showcard L5, on an average day, how much time does Xxx spend watching television, movies or using a gaming device?

 This can include downloaded or streamed content to a TV or computer.

- 5 hours or more per day 1
- 3 to 4 hours per day 2
- 1 to 2 hours per day 3
- Less than 1 hour per day 4
- Less often than once a day 5
- They never watch television, DVDs or use a gaming device 6
- Don't know..... 9
- Refused 8

L6  **Showcard L6**

Looking at Showcard L6, on an average day, how much time does Xxx spend on the Internet?

 This can include browsing, playing games, watching TV programmes and movies, listening to music, social media and online chat/instant messaging/Skype.

- 5 hours or more per day 1
- 3 to 4 hours per day 2
- 1 to 2 hours per day 3
- Less than 1 hour per day 4
- Less often than once a day 5
- They never use the Internet 6
- Don't know..... 9
- Refused 8

L7  **Showcard L7**

Which mode of transport do you most regularly use to travel to your main week day activity? If you use several modes of transport, please think about the one that you travel by for the longest amount of time each week.

① If necessary: By longest amount of time, add up the total amount of time you spend on each mode of transport over the week.

Motorbike/motorscooter/moped	1
Car, truck or van.....	2
Bus	3
Train	4
Bicycle	5
Walking.....	6
Jogging or Running	7
Skateboarding	8
Ferry	9
I don't usually travel far (I work/school from home, I'm retired, etc.)	10
Other (please specify in L7a)	11
Don't know.....	99
Refused	98

L7a **What is that 'other mode of transport'?**

[PARENT/CAREGIVER] ASK L8
OTHERWISE GO TO T_INTRO

L8  **Showcard L8**

And which mode of transport does Xxx most regularly use to travel to school? Think about the one that they travel by for the longest amount of time each week.

① If necessary: By longest amount of time, add up the total amount of time Xxx spends on each mode of transport over the week.

Motorbike/motorscooter/moped	1
Car, truck or van.....	2
Bus	3
Train	4
Bicycle	5
Walking.....	6
Jogging or Running	7
Skateboarding	8
Ferry	9
They don't usually travel far (they are homeschooled etc.).....	10
Other (please specify in L8a)	11
Don't know.....	99
Refused	98

L8a **What is that 'other mode of transport'?**

L9

 **Showcard L9**

Is Xxx allowed to go out on his/her own in the local neighbourhood?

① If multiple responses provided, please record lowest numeric response

- Yes 1
- No, only with other children..... 2
- No, only with an older brother or sister 3
- No, only with an adult..... 4
- Don't know 9
- Refused 8

SECTION T: TOBACCO

[T_INTRO] Now some questions on smoking cigarettes and tobacco.

T1 **Have you ever smoked cigarettes or tobacco at all, even just a few puffs?**
① **If necessary: This includes if you are currently smoking.**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF T1 = 1 GO TO T2
OTHERWISE GO TO T13

T2  **Showcard T2**
Looking at Showcard T2, which best describes how often you smoke tobacco now?

- At least once a day..... 1
- At least once a week 2
- At least once a month 3
- Less often than once a month..... 4
- I do not smoke now 5
- Don't know..... 9
- Refused 8

IF T2 = 1-4 GO TO T3
IF T2 = 5 GO TO T8
OTHERWISE GO TO T13

[T3_] **Please tell me, yes or no, if the following statements describe you at all.**

T3 **If I go too long without smoking, I just can't function right, and I know I will have to smoke just to feel normal again...**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF T3 = 1, 9 or 8 GO TO T6
OTHERWISE GO TO T4

T4 **If I go too long without smoking, the desire for a cigarette becomes so strong that it is hard to ignore and it interrupts my thinking...**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF T4 = 1, 9 or 8 GO TO T6
OTHERWISE GO TO T5

T5 **If I go too long without smoking the first thing I will notice is a mild desire to smoke that I can ignore...**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

T6 **Showcard T6**

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- 1 to 5 1
- 6 to 10 2
- 11 to 20 3
- 21 to 30 4
- 31 or more..... 5
- Don't know..... 9
- Refused 8

T7 **Showcard T7**

During the past 30 days, on the days you smoked, how soon after waking did you smoke your first cigarette?

- Within 5 minutes..... 1
- 6 to 30 minutes..... 2
- 31 minutes to 1 hour 3
- More than 1 hour 4
- Don't know..... 9
- Refused 8

GO TO T9

T8 **Showcard T8**

How long ago did you stop smoking? Please answer from Showcard T8.

- Within the last month..... 1
- 1 to 6 months ago 2
- 7 to 12 months ago 3
- 1 to 2 years ago 4
- 3 to 5 years ago 5
- 6 to 10 years ago 6
- More than 10 years ago 7
- Not applicable - never started smoking..... 8 [NOT ON SHOWCARD]
- Don't know..... 99
- Refused 98

IF T8 = 1-3 GO TO T9
OTHERWISE GO TO T13

T9 **In the last 12 months, how many serious attempts to stop smoking did you make that lasted 24 hours or longer? Please include any attempt that you are currently making.**
① **If none, record 0.**

[PROGRAMMER NOTE: IF T8 = 1-3, THEN T9 CANNOT BE 0]

Don't know – 99Refused – 98

[TRIED TO QUIT IN LAST 12 MONTHS] T9 = 1 OR MORE GO TO T10
OTHERWISE GO TO T11

T10

Showcard T10

Looking at Showcard T10, please identify any help, advice, programmes and products used to help you quit during your last quit attempt. Please say as many as apply.

① Multiple responses allowed.

Stop Smoking Programmes

The Quitline (national freephone service 0800 778 778)	1
WERO (Whanau End Smoking Regional Whanau Ora challenge).....	2
Aukati KaiPaipa	3
Another stop smoking programme	4

Health Professionals

A doctor from a hospital.....	5
A doctor, GP	6
A dentist.....	7
A nurse	8
A pharmacist.....	9
A midwife	10
A Māori community health worker	11
A Pacific community health worker.....	12
Counsellor.....	13

Friends, family and others

A friend or family member	14
A school counsellor	15
Some other advisor not mentioned here	16

Nicotine Replacement Therapy (NRT) or other Product Support

Nicotine patches	17
Nicotine gum.....	18
Nicotine Microtab	19
Nicotine Lozenges	20
Nicotine inhalers	21
Zyban/Bupropion	22
Champix.....	23
Electronic cigarettes containing nicotine	24
Electronic cigarettes without nicotine	25

Other

The Quitline website (www.quit.org.nz)	26
Any other website	27
A stop smoking texting service	28
Mobile phone apps	29
Allen Carr’s book	30
Another self-help book.....	31
Hypnotist/Hypnotherapist	32
Other (specify in T10a)	33

None, I didn’t use any support 34

Don’t know..... 99

Refused..... 98

T10a **What is that ‘other thing’?**

T11 **Do you think you will be smoking 3 months from now?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

T12 **Do you think you will be smoking in 2025?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

T13 **In the last month, have you seen cigarette or tobacco packs being displayed, including on shelves or on the counter?**

① If necessary: This includes places that sell cigarettes or tobacco such as shops, petrol stations, tobacconists.

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

T14 **📄 Showcards T14 1-5**

[PROGRAMMER & INTERVIEWER NOTE: SHOWCARD ONLY DISPLAYS IMAGES OF PACKS, NOT RESPONSE OPTIONS]

Looking at Showcard T14, for each of the packs shown, please name the brand of cigarette/tobacco.

		Benson & Hedges	Dunhill	Freedom	Holiday	Horizon	John Brandon	John Player & Sons (JPS)	Marlboro	Pall Mall	Park Drive	Port Royal	Riverstone	Winfield	Other	Don't know	Refused
1	Image 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	99	98
2	Image 2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	99	98
3	Image 3	1	2	3	4	5	6	7	8	9	10	11	12	13	14	99	98
4	Image 4	1	2	3	4	5	6	7	8	9	10	11	12	13	14	99	98
5	Image 5	1	2	3	4	5	6	7	8	9	10	11	12	13	14	99	98

T14a-1 **What is that 'other brand'?**

T14a-2 **What is that 'other brand'?**

T14a-3 **What is that 'other brand'?**

T14a-4 **What is that 'other brand'?**

T14a-5

T15  **Showcard T15**

Looking at Showcard T15, in the last month, how often, if at all, have you read or looked closely at the warning labels on cigarette or tobacco packets?

- Never/not at all 1
- Once..... 2
- Sometimes 3
- Often..... 4
- All the time/a lot..... 5
- Don't know..... 9
- Refused 8

IF T2 = 1-3 OR T8 = 1-3 GO TO T16
OTHERWISE GO TO CHECK BEFORE T17

T16 **In the last month, have you made any effort to avoid looking at or thinking about the tobacco warning labels?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

[PARENT/CAREGIVER] GO TO T17
OTHERWISE GO TO T19

T17 **During the past 7 days, on how many days have people smoked in your home while Xxx was also in the home?**

- 0 1
- 1 to 2 2
- 3 to 4 3
- 5 to 6 4
- 7 5
- Don't know..... 9
- Refused 8

T18 **During the past 7 days, did anyone smoke inside a car or van while Xxx was also in the vehicle?**

- Yes 1
- No..... 2
- They did not travel in a car/van during the past 7 days 3
- Don't know..... 9
- Refused 8

[T19_] The next few questions ask for your opinion about smoking. We are interested in these whether you smoke or not.

Looking at Showcard T19, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

[ROTATE T19-T25]

T19  **Showcard T19**

Smoking in cars should be banned when children are in them...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T20  **Showcard T19**

Smoking should be banned in all public outdoor dining areas...

① If necessary: This includes premises that serve food and beverage such as cafes, restaurants, and pubs and bars.

① Outdoor areas refer to the part of the premises that is not fully enclosed, whether or not it has a permanent or temporary cover.

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T21  **Showcard T19**

Smoking should be banned at all outside sports fields or courts...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T22 **Showcard T19**
Smoking should be banned in all outdoor public places where children are likely to go...
① Outdoor public places refer to places such as shopping streets, beaches, sports grounds or parks, and playgrounds.

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused.....	8

T23 **Showcard T19**
Smoking should be banned in all outdoor transport waiting areas...
① Outdoor transport waiting areas refer to bus and train stations and stops, and outside airports.

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused.....	8

T24 **Showcard T19**
Smoking should be banned in all main outdoor shopping areas of a town...
① Main shopping areas include the CBD and smaller neighbourhood shopping areas.

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused.....	8

T25 **Showcard T19**
Smoking should be banned within 5 metres of the entrance of all buildings used by the public...
① Buildings used by the public refers to shops, office building and libraries

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused.....	8

T26 [📄 Showcard T19](#)

Being smokefree is part of the New Zealand way of life...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

[ROTATE T27-T32]

T27 [📄 Showcard T27](#)

Tobacco companies should be required to have cigarettes and tobacco in government-specified packs like that in Showcard T27...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T28 [📄 Showcard T19](#)

The number of places allowed to sell cigarettes and tobacco should be reduced to make them less easily available...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T29 [📄 Showcard T19](#)

There should be complete bans on displays of cigarettes and tobacco inside shops...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T30  **Showcard T19**

Dutyfree shops should not be allowed to sell cigarettes or tobacco...

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

T31  **Showcard T19**

No one should be allowed to send cigarettes or tobacco to anyone in New Zealand by post, courier or other means...

① This includes people sending tobacco products from within New Zealand or from overseas.

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

T32  **Showcard T19**

The nicotine content of cigarettes should be reduced to very low levels so that they are less addictive...

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

T33  **Showcard T19**

Cigarettes and tobacco should not be sold in New Zealand in 10 years' time...

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

T34 **Now I am going to ask a question about how many people you think smoke. Out of 100 adults in New Zealand, how many do you think smoke cigarettes or tobacco? By this we mean they smoke cigarettes or tobacco at least once a day.**
 ① **Reassure if necessary: We are looking for your best estimate only. This is a percentage. Adults are those 15 years and over.**

Don't know – 999 Refused – 998

T35 **Are you aware that the government wants New Zealand smoking rates reduced to less than 5% by 2025?**

① **If necessary: the government has a goal of reducing the proportion of New Zealanders who smoke from around 17% (one in six) to under 5% by 2025 (one in 20).**

Yes 1
 No..... 5
 Don't know..... 9
 Refused..... 8

[T36_] **Electronic cigarettes, sometimes referred to as e-cigarettes are battery-operated devices that look like a cigarette. They do not contain tobacco, but they release flavours and mist as people inhale from it.**

T36 **Have you ever tried an electronic cigarette?**

① **If necessary: This includes if you are currently using an electronic cigarette.**

Yes 1
 No..... 5
 Don't know..... 9
 Refused..... 8

IF T36 = 1 GO TO T37
 OTHERWISE GO TO T41

T37 **📄 Showcard T37**
Why did you try using an electronic cigarette?

① **Multiple responses allowed.**

Wanted to quit smoking cigarettes completely..... 1
 Wanted to replace smoking cigarettes some of the time2
 Wanted to smoke in places where cigarette smoking is not allowed3
 Cheaper than tobacco cigarettes4
 Safer than tobacco cigarettes5
 Curiosity6
 Recommendation7
 Other (specify in T37a).....8
 Don't know.....99
 Refused.....98

T37a **What is that 'other thing'?**

T38 **Showcard T38**

Looking at Showcard T38, which best describes how often you use an electronic cigarette now?

- At least once a day..... 1
- At least once a week..... 2
- At least once a month 3
- Less often than once a month..... 4
- Do not use one now 5
- Don't know..... 9
- Refused 8

T39 **Showcard T39**

Looking at Showcard T39, which of the brands have you ever used?

Multiple responses allowed.

- Blu Cigs 1
- E-Ciggies..... 2
- Easypuff 3
- Elusion..... 4
- Green Smoke 5
- Health E-cigarettes..... 6
- K922 7
- Naked Vapour 8
- Njoy 9
- South Beach Smoke 10
- Vapor King Original 11
- Vapor King Rebellion 12
- Vapor King Storm 13
- Vapor Pak..... 14
- White Cloud..... 15
- Other (specify in T39a)..... 16
- Don't know..... 99
- Refused 98

T39a **What is that 'other product'?**

IF T38 = 1-4 GO TO T40
OTHERWISE GO TO T41

T40

Showcard T39

Looking at Showcard T39, which brand are you currently using?

① If respondent is currently using more than one product, please select the one they use the most.

Blu Cigs	1
E-Ciggies	2
Easypuff	3
Elusion.....	4
Green Smoke	5
Health E-cigarettes.....	6
K922	7
Naked Vapour	8
Njoy	9
South Beach Smoke	10
Vapor King Original	11
Vapor King Rebellion	12
Vapor King Storm.....	13
Vapor Pak.....	14
White Cloud.....	15
Other (specify in T40a).....	16
Don't know.....	99
Refused	98

T40a **What is that 'other product'?**

T41 **The last question in this section is about marijuana use. I will not see your response myself.**

I am going to turn the laptop towards you. I would like you to use the keyboard to select the option that applies to you.

When you're done click next, and turn the computer back towards me.

During the last 30 days, have you smoked marijuana (cannabis, pot, grass, weed), even just a few puffs?

No – I have never smoked marijuana	1
No – But I have smoked marijuana in the past	2
Yes – Once in the past 30 days	3
Yes – Two or three times in the past 30 days.....	4
Yes – About once a week	5
Yes – Several times a week.....	6
Don't know.....	9
Refused	8

SECTION G: GAMBLING

[GENERAL] GO TO G_INTRO
OTHERWISE GO TO F1_INTRO

[G_INTRO] One type of entertainment that people can take part in is gambling, betting or playing games of chance. That is, where you spend some money to try to win back more than you spent, or to win a big prize. This part of the survey tries to get a cross section of people's opinions on that type of entertainment – both from people who do take part and people who don't.

[G1_] I'll read out different types of gambling that are available. Include gambling at home and elsewhere. For each type, please tell me whether or not you have done that activity in the last 12 months.

G1 In the last 12 months, have you...?

FOR EACH ANSWERED 1, IMMEDIATELY ASK G2

G2 [📄 Showcard G2](#)

Looking at Showcard G2, please tell me about how often you do that. Just call out whichever number fits you best.

		G1				G2										
		Yes	No	DK	Ref	Alm ost ever y day	Mor e than wee k	Onc e a wee k	Mor e than onc e a mth	Onc e a mth	Onc e a mth	Les s than thr e e mth	Les s than onc e a yr	Don 'tkn use	Ref- use	
a	Placed a bet on a <u>horse or dog race</u> with the <u>New Zealand TAB</u> .	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
b	Placed a bet on any <u>other sports event</u> with the <u>New Zealand TAB</u> .	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
c	Bought an Instant Kiwi or scratch ticket.	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
d	Bought a Lotto, Strike, Powerball or Big Wednesday ticket.	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
e	Bought a Keno or Bullseye ticket.	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
f	Played gaming machines, or pokies, at a pub or club. ① ie. not in a casino.	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98

g	Played gaming machines, or pokies, at one of the six casinos. ① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown.	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
h	Played table games, such as card games or dice, at one of the six casinos. ① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
i	Played Housie or Bingo for money.	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
j	Played an Internet game to win money.	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
k	Bought a raffle ticket or attended a casino fundraising evening.	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
l	Participated in sweepstakes with your work mates, friends or family on such things as the Melbourne Cup.	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
m	Made bets for money with family or friends, on such things as card games.	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98

IF ANY OF G1 f-g=1 GO TO G3
OTHERWISE GO TO CHECK BEFORE G4

G3  Showcard G3

On average, how much do you spend in a session playing the pokies?

- Less than \$10..... 1
- \$11 - \$25 2
- \$26 - \$50 3
- \$51 - \$75 4
- \$76 - \$100 5
- \$101 - \$200 6
- \$201 - \$500 7
- \$501 - \$1,000 8
- \$1,001 or more 9
- Don't know..... 99
- Refused 98

IF ANY OF G1 a-e=1 THEN ASK G4
OTHERWISE GO TO G5

G4 **Thinking about the New Zealand Lotto and/or TAB tickets you bought, did you buy any of those over the Internet?**

Yes	1
No.....	5
Don't know.....	9
Refused	8

G5 **Showcard G5**

Please look at Showcard G5. In the last 12 months, have you bet any money, bought any tickets or paid to do any of these activities online through a website for money or prizes? Which of these have you done?

① Do not include placing a bet through a NZ TAB account, buying a ticket through a NZ MyLotto account, spending money to download games onto your PC, purchasing game software, or doing any of the activities on the Showcard for free.

① Multiple response allowed.

Placed a bet on a <u>horse or dog race</u> online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]	1
Placed a bet on a <u>sports event</u> online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]	2
Placed a bet on an <u>event</u> through a <u>website</u> , for example, an election result or TV show	3
Played <u>Internet poker</u>	4
Played <u>other online casino games</u> such as blackjack, roulette, etc	5
Played <u>Internet bingo</u>	6
Played <u>skill games</u> online such as chess, scrabble, mah-jong, bridge, backgammon, etc	7
Bought an <u>overseas lottery</u> , lotto or keno ticket online [NOT through a NZ MyLotto account]	8
Placed a bet on a <u>virtual race or sports event</u>	9
Participated in any <u>other gambling</u> or lottery activity (for example, online gaming machines or instant games) online through a website for money (specify in G5a)	10
None of the above	11
Don't know.....	98
Refused	99

G5a **What is that 'other activity'?**

IF ANY G1 =1, G5 =1-10 THEN GAMBLER

IF G5 = 11, DK OR REF GO TO G10_I
OTHERWISE GO TO G6

G6 **Showcard G6**

Looking at Showcard G6, please tell me about how often you do these activities on websites. Just call out whichever number fits you best.

① If respondent has taken part in more than one activity, answer for the activity that they do most frequently.

- Almost every day..... 1
- More than once a week..... 2
- Once a week 3
- More than once a month 4
- Once a month..... 5
- Once every three months..... 6
- Less than once every three months..... 7
- Once a year..... 8
- Less than once a year 9
- Don't know..... 99
- Refused 98

G7 **Showcard G7**

In the last month how much have you spent on these activities on websites?

① If necessary: this is the total amount of money spent on all online activities.

- None..... 1
- Less than \$10..... 2
- \$11 - \$50 3
- \$51 - \$100 4
- \$101 - \$200 5
- \$201 - \$500 6
- \$501 - \$1,000 7
- \$1,001 or more..... 8
- Don't know..... 99
- Refused 98

[G10_] Now I am going to ask you a few questions about advertising or promotions for Lotto products and other types of gambling activities.

IF G1 c-e = 1 GO TO G10
OTHERWISE GO TO CHECK BEFORE G11

G10 **Showcard G10**

Looking at Showcard G10, in the last 12 months have you bought more Lotto tickets or spent more on Lotto products as a result of seeing Lotto advertising or promotion for a **big jackpot or prize draw**? By Lotto products we mean Lotto, Keno, Strike, Powerball, Big Wednesday, Bullseye or Instant Kiwi.

- Yes 1
- No.....5
- Not applicable - I have not seen or heard any Lotto advertising or promotion for a big jackpot or prize draw7
- Don't know.....9
- Refused8

IF GAMBLER GO TO G11
OTHERWISE GO TO G12

G11 **Showcard G11**

Please think about **any** advertising or promotion for Lotto products that you may have seen in the last 12 months. This includes advertising for a big jackpot or prize draw.

In the last 12 months, have you gambled, or gambled more often, on **other** gambling activities such as those on Showcard G11, as a result of seeing or hearing **any** advertising or promotion for Lotto products.

① By Lotto products we mean Lotto, Keno, Strike, Powerball, Big Wednesday, Bullseye or Instant Kiwi.

① Do not include gaming on Lotto products.

- Yes 1
- No.....5
- Not applicable - I have not seen or heard any Lotto advertising or promotion.....7
- Don't know.....9
- Refused8

G12 **Showcard G12**

Looking at Showcard G12, which of these gambling activities have you seen or heard any advertising or promotion for in the last 12 months?

① Do not include advertising for Lotto, Keno, Strike, Powerball, Big Wednesday, Bullseye, Instant Kiwi tickets.

① Multiple response allowed.

- Housie or Bingo..... 1
- Betting on horse or dog races 2
- Betting on sports events..... 3
- Gaming machines or pokies at a pub or club..... 4
- Gaming machines or pokies at one of the six casinos..... 5
- Table games, such as card games or dice, at one of the six casinos 6
- Internet games, such as Internet poker, blackjack, bingo for money 7
- Other (specify in G12a) 8
- I haven't seen any advertising or promotion for any gambling activities 9
- Don't know..... 99
- Refused 98

G12a **What is that 'other activity'?**

IF G12 = 1-8 GO TO NEXT CHECK
OTHERWISE GO TO CHECK BEFORE G14

IF GAMBLER GO TO G13
OTHERWISE GO TO G30

G13 **In the last 12 months, have you gambled, or gambled more often, as a result of seeing or hearing that advertising or promotion?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused..... 8

IF GAMBLER GO TO G14
OTHERWISE GO TO G30

G14  **Showcard G14**

Thinking about the last 12 months, how often have you bet more than you could really afford to lose? Would you say never, sometimes, most of the time or almost always?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused..... 8

G15  **Showcard G14**

Thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling or excitement?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused..... 8

G16  **Showcard G14**

Thinking about the last 12 months, how often have you gone back another day to try and win back the money you lost?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused..... 8

G17 **Showcard G14**

Thinking about the last 12 months, how often have you borrowed money or sold anything to get money to gamble?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused 8

G18 **Showcard G14**

Thinking about the last 12 months, how often have you felt that you might have a problem with gambling?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused 8

G19 **Showcard G14**

Thinking about the last 12 months, how often have people criticised your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused 8

G20 **Showcard G14**

Thinking about the last 12 months, how often have you felt guilty about the way you gamble or what happens when you gamble?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused 8

G21 **Showcard G14**

Thinking about the last 12 months, how often has gambling caused you any health problems, including stress or anxiety?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused 8

G22  **Showcard G14**

Thinking about the last 12 months, how often has your gambling caused any financial problems for you or your household?

- Never..... 1
- Sometimes 2
- Most of the time..... 3
- Almost always 4
- Don't know..... 9
- Refused 8

Please tell me, yes or no, if the following statements describe you at all.

G23 If I go too long without gambling, I just can't function right, and I know I will have to gamble just to feel normal again...

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G23 = 1, 9 OR 8 GO TO 26 OTHERWISE GO TO G24
--

G24 If I go too long without gambling, the desire to gamble becomes so strong that it is hard to ignore and it interrupts my thinking...

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G24 = 1, 9 OR 8 GO TO G26 OTHERWISE GO TO G25

G25 If I go too long without gambling the first thing I will notice is a mild desire to gamble that I can ignore...

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

G26 Over the last 12 months, have you had a day, or an outing, where at the end of it you looked back and thought to yourself - I really overdid that. I spent more time or money gambling than I meant to?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G26 = 1 GO TO G27
OTHERWISE GO TO G30

G27  **Showcard G27**

Looking at Showcard G27, in the last 12 months, how often has this happened?

- Once..... 1
- Two to five times 2
- Six to ten times..... 3
- Eleven to twenty times 4
- Over twenty times 5
- Don't know..... 9
- Refused 8

G28  **Showcard G28**

Please look at Showcard G28. Which type, or types, were you gambling on?

① Multiple response allowed.

- Housie or Bingo..... 1
- Betting on horse or dog races..... 2
- Betting on sports events..... 3
- Lotto, Keno, Strike, Powerball, Big Wednesday,
Instant Kiwi or scratch tickets..... 4
- Bullseye tickets 5
- Gaming machines or pokies at a pub or club..... 6
- Gaming machines or pokies at one of the six casinos..... 7
- Table games, such as card games or dice,
at one of the six casinos..... 8
- Mobile phone games for money..... 9
- Internet games, such as Internet poker for money 10
- Going to a gaming or casino evening, or buying a raffle ticket
for fund raising 11
- Making money bets with family or friends, for things such as
card games or sweepstakes 12
- Other (specify in G28a) 13
- Don't know..... 99
- Refused 98

G28a **What is that 'other activity'?**

IF MORE THAN ONE RESPONSE IN G28 GO TO G29
OTHERWISE GO TO G30

G29 **Still looking at Showcard G28, which type of gambling did this happen most often with?**

[PROGRAMMER: ONLY SHOW CODES SELECTED IN G28]

① **Single response only.**

Housie or Bingo.....	1
Betting on horse or dog races.....	2
Betting on sports events.....	3
Lotto, Keno, Strike, Powerball, Big Wednesday, Instant Kiwi or scratch tickets.....	4
Bullseye tickets	5
Gaming machines or pokies at a pub or club.....	6
Gaming machines or pokies at one of the six casinos.....	7
Table games, such as card games or dice, at one of the six casinos.....	8
Mobile phone games for money.....	9
Internet games, such as Internet poker for money	10
Going to a gaming or casino evening, or buying a raffle ticket for fund raising	11
Making money bets with family or friends, for things such as card games or sweepstakes	12
Other (specify in G29a).....	13
Don't know.....	99
Refused.....	98

G29a **What is that 'other activity'?**

G30 **Showcard G30**

Thinking about your lifetime, looking at Showcard G30, how much do you agree or disagree with these statements:

My gambling has had a serious impact on me or on others...

① **If necessary: this is if you have ever gambled, not just in the last 12 months.**

Strongly agree	1	
Agree.....	2	
Neither agree nor disagree	3	
Disagree	4	
Strongly disagree	5	
Not applicable – never gambled	6	[NOT ON SHOWCARD]
Don't know.....	9	
Refused	8	

G31 **Showcard G30**

Someone else's gambling has had a serious impact on me...

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

G32 **Over the last 12 months, do you feel that someone close to you, like a friend, family member, or partner, has had a day or occasion where they spent much more time or money than they meant to, on gambling? You don't need to say who.**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G32 = 1 GO TO G33
OTHERWISE GO TO G34

G33  **Showcard G33**

Looking at Showcard G33, which type of gambling did this happen most often with?

① Single response only.

- Housie or Bingo.....1
- Betting on horse or dog races.....2
- Betting on sports events.....3
- Lotto, Keno, Strike, Powerball, Big Wednesday,
Instant Kiwi or scratch tickets.....4
- Bullseye tickets5
- Gaming machines or pokies at a pub or club.....6
- Gaming machines or pokies at one of the six casinos.....7
- Table games, such as card games or dice,
at one of the six casinos.....8
- Mobile phone games for money.....9
- Internet games, such as Internet poker for money10
- Going to a gaming or casino evening, or buying a raffle ticket
for fund raising11
- Making money bets with family or friends, for things such as
card games or sweepstakes12
- Other (specify in G33a)13
- Don't know.....99
- Refused98

G33a **What is that 'other activity'?**

[G34_] **Now I am going to read you a couple of statements. Have any of these ever happened in your wider family or household, whether or not you were part of it?**

G34 **Some argument about time or money spent on betting or gambling...**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G34 = 1 GO TO G35
OTHERWISE GO TO G36

- G35 **And has this happened in the last 12 months?**
 Yes 1
 No..... 5
 Don't know..... 9
 Refused 8

- G36 **Someone had to go without something they needed, or some bills weren't paid, because too much was spent on gambling by another person...**
 Yes 1
 No..... 5
 Don't know..... 9
 Refused 8

IF G36 = 1 GO TO G37
 OTHERWISE GO TO CHECK BEFORE G38

- G37 **And has this happened in the last 12 months?**
 Yes 1
 No..... 5
 Don't know..... 9
 Refused 8

IF G35 AND/OR G37 = 1 GO TO G38
 OTHERWISE GO TO G39

G38  **Showcard G38**
Please look at Showcard G38. In the past 12 months, which type of gambling did this happen most often with?

 **Single response only.**

- Housie or Bingo.....1
- Betting on horse or dog races.....2
- Betting on sports events.....3
- Lotto, Keno, Strike, Powerball, Big Wednesday,
Instant Kiwi or scratch tickets.....4
- Bullseye tickets5
- Gaming machines or pokies at a pub or club.....6
- Gaming machines or pokies at one of the six casinos.....7
- Table games, such as card games or dice,
at one of the six casinos.....8
- Mobile phone games for money.....9
- Internet games, such as Internet poker for money10
- Going to a gaming or casino evening, or buying a raffle ticket
for fund raising11
- Making money bets with family or friends, for things such as
card games or sweepstakes12
- Other (specify in G38a).....13
- Don't know.....99
- Refused98

G38a **What is that 'other activity'?**

G39 **Showcard G39**

Please look at Showcard G39. Do you think that any of these types of gambling are more likely than others to attract people into playing more often, or for more money than they should?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G39 = 1 GO TO G40
OTHERWISE GO TO G41

G40 **Showcard G39**

Which are the most likely to do so?

① Multiple response allowed.

- Housie or Bingo.....1
- Betting on horse or dog races.....2
- Betting on sports events.....3
- Lotto, Keno, Strike, Powerball, Big Wednesday,
Instant Kiwi or scratch tickets.....4
- Bullseye tickets5
- Gaming machines or pokies at a pub or club.....6
- Gaming machines or pokies at one of the six casinos.....7
- Table games, such as card games or dice,
at one of the six casinos.....8
- Mobile phone games for money.....9
- Internet games, such as Internet poker for money10
- Going to a gaming or casino evening, or buying a raffle ticket
for fund raising11
- Making money bets with family or friends, for things such as
card games or sweepstakes12
- Other (specify in G40a)13
- All of them14
- Don't know.....99
- Refused98

G40a **What is that 'other activity'?**

G41 **Showcard G39**

Looking again at the activities listed on Showcard G39, do you think any of these activities are socially undesirable?

① If necessary – By socially undesirable I mean that you wouldn't want this activity in your community.

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G41 = 1 GO TO G42
OTHERWISE GO TO G43

G42 **Showcard G39**

Can you say which please?

① Multiple response allowed.

- Housie or Bingo..... 1
- Betting on horse or dog races.....2
- Betting on sports events.....3
- Lotto, Keno, Strike, Powerball, Big Wednesday,
Instant Kiwi or scratch tickets.....4
- Bullseye tickets5
- Gaming machines or pokies at a pub or club.....6
- Gaming machines or pokies at one of the six casinos.....7
- Table games, such as card games or dice,
at one of the six casinos.....8
- Mobile phone games for money.....9
- Internet games, such as Internet poker for money10
- Going to a gaming or casino evening, or buying a raffle ticket
for fund raising 11
- Making money bets with family or friends, for things such as
card games or sweepstakes12
- Other (specify in G42a) 13
- All of them 14
- Don't know.....99
- Refused98

G42a **What is that 'other activity'?**

G43 **Showcard G43**

Choose your answer for this question from Showcard G43. Do you think raising money through gambling does more good than harm, or more harm than good, in the community?

- Does a lot more good than harm..... 1
- Does a little more good than harm 2
- Does equal good and harm..... 3
- Does a little more harm than good 4
- Does a lot more harm than good..... 5
- Don't know..... 9
- Refused 8

G44 **Showcard G44**

Looking at Showcard G44, how much do you agree or disagree with this statement: Pokie machines make a pub or bar more enjoyable to spend time at.

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

G45 **Showcard G44**

Looking at Showcard G44, how much do you agree or disagree with this statement: I prefer to drink in pubs or bars that do not have pokie machines.

ⓘ If necessary: A "drink" is not limited to only alcohol.

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

G46 **Showcard G46**


Looking at Showcard G46, how concerned are you about the level of gambling in your community?

- Not at all concerned 1
- A little concerned..... 2
- Somewhat concerned 3
- Very concerned 4
- Don't know..... 9
- Refused 8

[G47_] The next few questions are about venues with pokie machines, like pubs and casinos.

G47 Do you think venues with pokie machines should do something to prevent their customers' gambling from becoming harmful?
① If necessary, 'harmful gambling' is when someone's gambling starts to cause problems for themselves or others, like problems with their relationships or putting pressure on their budget.

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

G48  **Showcard G48**
Do you know if venues with pokie machines are required, by law, to prevent their customers' gambling from becoming harmful?
① Probe for clear answer.
① If necessary, 'harmful gambling' is when someone's gambling starts to cause problems for themselves or others, like problems with their relationships or putting pressure on their budget.

- Yes, they are required by law..... 1
- No, they are not required by law 5
- Don't know..... 9
- Refused 8

IF G1 f AND/OR G1 g= 1 GO TO G49
OTHERWISE GO TO G53

G49 Have you seen or noticed any information at pokie venues to help someone who might have a problem with their gambling?
① This can include posters, pamphlets, wallet leaflets.

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G49= 1 GO TO G50
OTHERWISE GO TO G51

G50  **Showcard G50**
How did you respond to this information?

- I didn't look at it because it wasn't relevant to me..... 1
- I didn't look at it because I don't think my behaviour needs to change..... 2
- I read it but didn't think it was useful to me 3
- I read it and thought about changing my behaviour 4
- I read it and went somewhere/talked to someone for help 5
- Other (specify in G50a) 6
- Don't know..... 9
- Refused 8

G50a What is that 'other response'?

G51 **Showcard G51**

Looking at Showcard G51, what interaction have you had with staff at pokie venues when you have been there to gamble?

① Multiple response allowed.

- They know my name/recognise me 1
- Someone has spoken to me about my gambling..... 2
- They monitor the pokie room 3
- I haven't had any interaction with staff..... 4
- Other (specify in G51a) 5
- Don't know..... 9
- Refused 8

G51a **What is that 'other interaction'?**

G52 **Do you spend more on the pokies when you drink alcohol?**

- Yes 1
- No..... 5
- Not applicable – I don't drink alcohol 7
- Don't know..... 9
- Refused 8

G53 **In the last three months, have you seen or heard any advertising about harmful gambling and what you can do about it?**

① If necessary, 'harmful gambling' is when someone's gambling starts to cause problems for themselves or others, like problems with their relationships or putting pressure on their budget.

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G53 = 1 GO TO G54
OTHERWISE GO TO G55

G54 **Showcard G54**

Please look at Showcard G54. Where have you seen or heard this advertising?

Multiple responses allowed.

- Television 1
- Radio 2
- National Newspapers 3
- Community Newspapers 4
- The Internet..... 5
- Public signs or billboards 6
- Leaflets or posters..... 7
- Information at pokie venues 8
- Logos on clothing or other gear 9
- Other (specify in G54a) 10
- Don't know..... 99
- Refused 98

G54a **What is that 'other advertising'?**

G55 **I'm going to read out a list of things that can happen when people gamble. Please tell me if you think this is an early sign of their gambling becoming risky.**

[PROGRAMMER NOTE: RANDOMISE LIST]

		Yes	No	Don't know	Refused
a	They don't want anyone else to know that they are gambling.	1	5	9	8
b	Their gambling sometimes causes them stress.	1	5	9	8
c	They set aside a certain amount of money a month to spend on gambling.	1	5	9	8
d	They go back to the pub to try to win back last night's loss.	1	5	9	8
e	They go to a casino with their friends for a birthday celebration.	1	5	9	8

G56 **Do you know what you could do to help a friend or family member who was gambling too much?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G56 = 1 GO TO G57
OTHERWISE GO TO CHECK BEFORE G58

G57 **Can you tell me what that is please?**

① **Do not read. Probe, multiple response allowed.**

Tell them to get help/help them seek professional advice	1
Ring/direct them to helpline.....	2
Txt/direct them to a txt helpline service.....	3
Search online/direct them to a website	4
Get medical help	5
Cut off/control their money for them.....	6
Help them with money management/budgeting/setting limits.....	7
Don't bail them out/don't lend them money.....	8
Stop/discourage gambling/limit access to gambling venues/exclude from gambling venues	9
Encourage them to talk to bar staff	10
Offer alternative activities/sports	11
Give them brochures/show ads/expose them to other gamblers' experiences	12
Talk to them/make them aware of dangers/open discussion/confront them	13
Be supportive/listen to them/spend time with them	14
Exercise tough love/discipline them/let them bear the consequences	15
Pray for them/invite them to church	16
Involve family/friends.....	17
Other (specify in G57a)	18

G57a **What is that 'other' action?**

IF GAMBLER GO TO G58
OTHERWISE GO TO G60

G58 **If you were concerned about your own gambling, what would you do?**

① **Do not read. Do not probe. Multiple response allowed**

Nothing	1
Ring an 0800 helpline	2
Txt a helpline service	3
Get face-to-face counselling	4
Look on the Internet for support	5
Look on the Internet for self-help	6
Support groups	7
Seek help from a GP, practice nurse or other health professional	8
Set a dollar figure before starting	9
Get someone you trust to manage the money	10
Separate money for betting from other money	11
Leave ATM and credit cards at home	12
Set a time limit	13
Avoid places that have betting or gambling as an attraction	14
Stop gambling	15
Have yourself excluded from a gambling venue	16
Talk to staff at gambling venue	17
Block or restrict times on gambling websites on your computer	18
Keep busy with other activities	19
Other (specify in G58a)	20
Don't know	99
Refused	98

G58a **What is that 'other' action?**

G59 **If you were concerned about your gambling and searched for help services on the Internet, what would you type into the search bar?**

Don't know	99
Refused	98

G60 **Showcard G60**

Please look at Showcard G60. Before today which of these types of services had you heard of to help people who gamble too much?

① Multiple response allowed.

0800 telephone helpline	1
Txt a helpline service	2
Face-to-face counselling	3
Internet site – self-help	4
Support groups.....	5
Help from a GP, practice nurse or other health professional	6
Other (specify in G60a)	7
None.....	8
Don't know.....	99
Refused	98

G60a **What is that 'other service'?**

IF G60 =8 GO TO CHECK BEFORE G62
OTHERWISE GO TO G61

G61 **Showcard G61**

Please look at Showcard G61. Which of these services that provides help with a gambling problem have you ever had to access, for you, or for someone else?

① Multiple response allowed.

None/I haven't had to	1
0800 telephone helpline	2
Txt a helpline service	3
Face-to-face counselling	4
Internet site – self-help	5
Support groups.....	6
Help from a GP, practice nurse or other health professional	7
Other (specify in G61a)	8
Don't know.....	99
Refused	98

G61a **What is that 'other service'?**

IF GAMBLER GO TO G62
OTHERWISE GO TO CHECK BEFORE F1_INTRO

G62 **Showcard G62**

Please look at Showcard G62. Which of these ways have you used to avoid gambling too much in the past twelve months?

① Multiple response allowed.

- None/I haven't had to 1
- Setting a dollar figure before starting 2
- Getting someone you trust to manage the money 3
- Separating money for betting from other money 4
- Leaving ATM and credit cards at home 5
- Setting a time limit 6
- Avoiding places that have betting or gambling as an attraction 7
- Stopped gambling 8
- Have yourself excluded from a gambling venue 9
- Talk to staff at gambling venue 10
- Block or restrict times on gambling websites on your computer 11
- Keep busy with other activities 12
- Other (specify in G62a) 13
- Don't know 99
- Refused 98

G62a **What is that 'other way'?**

G63 **The next question is about checking in with yourself about your gambling. In the last 12 months, have you had an occasion where you thought about whether your gambling was still just for fun?**

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF G63 =1 GO TO G64
OTHERWISE GO TO CHECK BEFORE F1_INTRO

G64 **Showcard G64**

Which type of gambling did these thoughts happen most often with?

① Single response only.

Housie or Bingo.....	1
Betting on horse or dog races.....	2
Betting on sports events.....	3
Lotto, Keno, Strike, Powerball, Big Wednesday, Instant Kiwi or scratch tickets.....	4
Bullseye tickets	5
Gaming machines or pokies at a pub or club.....	6
Gaming machines or pokies at one of the six casinos.....	7
Table games, such as card games or dice, at one of the six casinos.....	8
Mobile phone games for money.....	9
Internet games, such as Internet poker for money	10
Going to a gaming or casino evening, or buying a raffle ticket for fund raising	11
Making money bets with family or friends, for things such as card games or sweepstakes	12
Other (specify in G64a)	13
All of them	14
Don't know.....	99
Refused.....	98

G64a **What is that 'other activity'?**

SECTION F PART 1: FOOD AND DRINKS

[PARENT/CAREGIVER] GO TO F1_INTRO
OTHERWISE GO TO S_INTRO

[F1_INTRO] The next questions are about food and drinks.

F1 Showcards F1 1-21

I want you to think about ALL the foods and drinks that Xxx eats. I'm going to show you a series of showcards, on the bottom is a picture of the type of food or drink we want to ask you about. At the top are the options for your answer. You can use any answer option, from 1 to 8.

You would answer 8 if Xxx eats or drinks it twice a day or more.

You answer 1 if Xxx never eats or drinks it.

I'll ask you to say about how often Xxx eats or drinks each, this includes when he/she isn't at home.

① READ EACH DESCRIPTOR - enter reply for each.

① Assist with scale if needed.

① Enter reply for each (DK and Ref are allowed).

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
1	Water – unflavoured. e.g. from tap, cooler, or bottle. Hot or cold	8	7	6	5	4	3	2	1	99	98
2	Flavoured water	8	7	6	5	4	3	2	1	99	98
3	Standard silver or dark blue top milk, or milk powder	8	7	6	5	4	3	2	1	99	98
4	Reduced fat milk and/or milk powder eg, light blue, green, yellow [interviewer note: this doesn't include soy]	8	7	6	5	4	3	2	1	99	98
5	Flavoured milk including milkshakes	8	7	6	5	4	3	2	1	99	98
6	Fruit juice	8	7	6	5	4	3	2	1	99	98
7	Juice from concentrate, powder or cordials	8	7	6	5	4	3	2	1	99	98
8	Full sugar drinks, including, soft drinks, fizzy drinks, sports, energy drinks	8	7	6	5	4	3	2	1	99	98
9	Fruit – Any fruit including fresh, tinned, frozen or dried, cooked or raw	8	7	6	5	4	3	2	1	99	98
10	Vegetables – Any vegetables including fresh, tinned, frozen, salads, mixed vegetable dishes, cooked or raw	8	7	6	5	4	3	2	1	99	98

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
11	Fried potatoes – including hot potato or kumara chips, French Fries, wedges, hash browns	8	7	6	5	4	3	2	1	99	98
12	Sausages or processed meats including luncheon, saveloys salami, canned corned beef, ham, bacon	8	7	6	5	4	3	2	1	99	98
13	Fried chicken or chicken nuggets	8	7	6	5	4	3	2	1	99	98
14	Fried or battered fish or shellfish including those bought at a fish and chips store	8	7	6	5	4	3	2	1	99	98
15	Pies and Pastries including all savoury and sweet pies, potato top, pasties, sausage rolls, quiche with pastry	8	7	6	5	4	3	2	1	99	98
16	Potato or corn chippies or crisps	8	7	6	5	4	3	2	1	99	98
17	Sweets, lollies, chocolates, confectionery	8	7	6	5	4	3	2	1	99	98
18	Cakes and Muffins, including all cakes and muffins, slices, scones, donuts, cake bars	8	7	6	5	4	3	2	1	99	98
19	Biscuits or crackers, including sweet biscuits, plain, chocolate coated, fruit filled, cream filled	8	7	6	5	4	3	2	1	99	98
20	Snack bars, including muesli bars, wholemeal fruit bars, puffed cereal bars, nut and seed bars	8	7	6	5	4	3	2	1	99	98
21	Breakfast cereals, all types including muesli, wheat biscuits, porridge, puffed flakes	8	7	6	5	4	3	2	1	99	98

SECTION S: SUN SAFETY

[S_INTRO] Our next set of questions are about spending time in the sun.

S1 **Showcard S1**

Looking at Showcard S1 [insert image of Sun Protection Alert], this is called the Sun Protection Alert. Have you seen this image before?

① Once respondent has answered, close Showcard book before continuing to next question.

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF S1 =1 GO TO S2
OTHERWISE GO TO S3

S2 **What do you think the Sun Protection Alert was telling you?**

① Multiple response allowed. Do not read out.

- The length of time it will take to burn 1
- The strength of the sun's (UV) rays 2
- How dangerous the sun is..... 3
- When to protect from the sun/unsafe times to be in the sun..... 4
- Safe times to be in the sun..... 5
- To cover up 6
- The risk of getting sunburnt..... 7
- Sun protection factor of sunscreens 8
- How hot or cold it is that day 9
- To use sunscreen..... 10
- Can get burnt on cloudy days 11
- Times to stay in the shade 12
- To reapply sunscreen..... 13
- To be sunsafe/protect from the sun 14
- Other (specify in S2a) 77
- Don't know..... 99
- Refused 98

S2a **What is that 'other thing'?**

S3 **Do you like to get a sun tan?**

① DO NOT READ OUT.

- Yes 1
- No, don't like to get a sun tan 5
- No, already dark-skinned 7
- Don't know..... 9
- Refused 8

S4 **Did you make any attempts to get a sun tan last summer?**

① **DO NOT READ OUT.**

- Yes 1
- No, didn't make any attempts..... 5
- No, already dark-skinned 7
- Don't know..... 9
- Refused 8

S5 **Showcard S5**

We are interested in all skin types so we can understand how likely people are to burn.

Looking at Showcard S5, how would you describe your natural, untanned skin colour at the end of winter?

① **If respondent has recently returned from an overseas holiday and has a tan, they should answer with their skin type before going on holiday.**

- Very fair - always burning, never tan, sensitive to sun exposure; may have red hair, freckles 1
- Fair - burns easily, tans a little; fair skinned, may have blue, green or grey eyes..... 2
- Medium - burns moderately, tans slowly to light brown 3
- Olive - burns a little, always tans to mid-brown; olive skin..... 4
- Dark - burns rarely, tans to dark brown; brown skin 5
- Very dark - rarely burns; dark brown skin 6
- Black..... 7
- Other (specify in S5a) 8
- Don't know..... 99
- Refused 98

S5a **What is that 'other skin colour'?**

S6 **The next question is about the last New Zealand spring and summer. By this I mean September 2013 to February 2014. During that time, how many times did you get sunburnt, where you got blisters or were in pain for two or more days?**

① **Record number. If none, record '0'.**

Don't know – 99

Refused - 98

S7 **Over that same time, how many times did you get sunburnt, where you had reddening or soreness of the skin after being in the sun?**

[IF S6>0] **Do not include the times you got blisters or were in pain for two or more days.**

① **Record number. If none, record '0'.**

Don't know – 99

Refused - 98

S8 **What are the things you do, if anything, to protect yourself from getting sunburnt?**
 ① **DO NOT READ OUT. Multiple response allowed. Probe fully: What other things?**
 ① **A rash shirt is a lycra t-shirt worn for extra sun protection, especially when swimming.**

Cover up with clothing.....	1
Wear a hat.....	2
Wear sunglasses.....	3
Wear a rash shirt.....	4
Wear sunscreen.....	5
Reapply sunscreen regularly.....	6
Reapply sunscreen at least every two hours.....	7
Seek shade / stay in the shade.....	8
Plan outdoor activities outside of the peak sun times of 10-4.....	9
Take extra care between 10am and 4pm.....	10
Take extra care at hottest part of the day.....	11
Slip, Slop, Slap.....	12
Slip, Slop, Slap and Wrap.....	13
Have a tan.....	14
Apply a fake tan.....	15
Other (specify in S8a).....	16
Nothing.....	17
Don't know.....	99
Refused.....	98

S8a **What is that 'other thing'?**

S9 **In the past two years, have you had a skin check from your doctor?**
 ① **This is where a doctor checks the skin on your whole body, as well as any unusual looking spots, freckles or moles.**

Yes.....	1
No.....	5
Don't know.....	9
Refused.....	8

[PARENT/CAREGIVER] GO TO S10
 OTHERWISE GO TO A_INTRO

S10 **Showcard S5**

Thinking now about Xxx’s skin type and looking at Showcard S5, how would you describe the natural, untanned skin colour of Xxx at the end of winter?

① If Xxx has recently returned from an overseas holiday and has a tan, they should answer with their skin type before going on holiday.

- Very fair - always burning, never tan, sensitive to sun exposure; may have red hair, freckles 1
- Fair - burns easily, tans a little; fair skinned, may have blue, green or grey eyes.....2
- Medium - burns moderately, tans slowly to light brown3
- Olive - burns a little, always tans to mid-brown; olive skin4
- Dark - burns rarely, tans to dark brown; brown skin5
- Very dark - rarely burns, dark brown skin6
- Black.....7
- Other (specify in S10a)8
- Don't know.....99
- Refused98

S10a **What is that ‘other skin colour’?**

S11 **The next question is about last summer. This time I mean December 2013 to February 2014. During that time, did Xxx get sunburnt while you were looking after her/him, where she/he got blisters or was in pain for two or more days?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF S11 = 1 GO TO S13.
OTHERWISE GO TO S12.

S12 **And over that same time, did Xxx get sunburnt at all, where she/he had any amount of reddening or soreness of the skin after being in the sun?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

S13 **What are the things you and Xxx do, if anything, to protect Xxx from getting sunburnt?**
 ① **DO NOT READ OUT. Multiple response allowed. Probe fully: What other things?**
 ① **A rash shirt is a lycra t-shirt worn for extra sun protection, especially when swimming.**

Cover up with clothing.....	1
Wear a hat.....	2
Wear sunglasses.....	3
Wear a rash shirt.....	4
Wear sunscreen.....	5
Reapply sunscreen regularly.....	6
Reapply sunscreen at least every two hours.....	7
Seek shade / stay in the shade.....	8
Plan outdoor activities outside of the peak sun times of 10-4.....	9
Take extra care between 10am and 4pm.....	10
Take extra care at the hottest part of the day.....	11
Slip, Slop, Slap.....	12
Slip, Slop, Slap and Wrap.....	13
Have a tan.....	14
Apply a fake tan.....	15
Other (specify in S13a).....	16
Nothing.....	17
Don't know.....	99
Refused.....	98

S13a **What is that 'other thing'?**

SECTION A: ALCOHOL

A_INTRO I will now ask some questions about alcohol

A1 On how many days in the last four weeks did you have an alcoholic drink of any kind?

- ①If you don't know exactly, an educated guess is okay.
- ①If asked, drinking alcohol means more than a sip.
- ①Interviewer note: if a range is given, probe for a single number of days.
- ①Interviewer note: If a respondent continues to give a range, take the midpoint, for example the midpoint of "2-4 days" is "3 days". If a respondent gives a borderline response, for example "5 or 6 days", take the conservative response of "5 days".

_____ [Enter number from 1 to 28] ... 1
I don't drink alcohol 96
I do drink but haven't in the last four weeks..... 97
Don't know 98
Refused 99

IF A1=97 GO TO A2
IF A1=96 GO TO A8
OTHERWISE GO TO A3_1

A2 Have you had a drink containing alcohol in the last year?

Yes 1
No 5
Don't know 9
Refused 8

GO TO A8_I

A3_I "The next few questions are about times when you drank more than [5/6] alcoholic drinks on one occasion.

By a drink, I mean a standard drink, that is, one can or stubbie of beer, half a large bottle of beer, one small glass of wine or one nip of spirits. The showcard can help you estimate the number of standard drinks you have drunk. It shows some examples of the number of standard drinks in different alcoholic drinks."

[PROGRAMMER NOTE: SET 1 CONTAINS QUESTIONS A3a AND A4a. SET 2 CONTAINS QUESTIONS A3b AND A4b. RANDOMISE WHO IS ASKED QUESTION A3a FIRST AND WHO IS ASKED QUESTION A3b FIRST.]

ROTATE A3a & A3b

A3a [use showcard with images of standard drink]

 Showcard A3

[for females:] How often did you have five or more drinks on one occasion in the last four weeks?

[for males:] How often did you have six or more drinks on one occasion in the last four weeks?

_____ [Enter number from 1 to 28] ... 1
Not in the last month 97
Don't know 99
Refused 98

IF A3a=2 THEN GO TO A5
OTHERWISE GO TO A4a

A3b [\[use showcard with images of standard drink\]](#)

[\[Showcard A3\]](#)

[for females:] How often did you have nine or more drinks on one occasion in the last four weeks?

[for males:] How often did you have eleven or more drinks on one occasion in the last four weeks?

_____ [Enter number from 1 to 28] ... 1

Not in the last month 97

Don't know 99

Refused 98

GO TO A4b

A4a [\[use showcard with images of standard drink\]](#)

[\[Showcard A3\]](#)

[for females:] How often did you have nine or more drinks on one occasion in the last four weeks?

[for males:] How often did you have eleven or more drinks on one occasion in the last four weeks?

_____ [Enter number from 1 to 28] ... 1

Not in the last month 97

Don't know 99

Refused 98

GO TO A5

A4b [\[use showcard with images of standard drink\]](#)

[\[Showcard A3\]](#)

[for females:] How often did you have five or more drinks on one occasion in the last four weeks?

[for males:] How often did you have six or more drinks on one occasion in the last four weeks?

_____ [Enter number from 1 to 28] ... 1

Not in the last month 97

Don't know 99

Refused 98

Please tell me, yes or no, if the following statements describe you at all.

A5 **If I go too long without drinking, I just can't function right, and I know I will have to drink just to feel normal again...**

Yes 1

No 5

Don't know 9

Refused 8

IF A5 = 1, 9 OR 8 GO TO A8
OTHERWISE GO TO A6

A6 **If I go too long without drinking, the desire for a drink becomes so strong that it is hard to ignore and it interrupts my thinking...**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF A6 = 1, 9 OR 8 GO TO A8
OTHERWISE GO TO A7

A7 **If I go too long without drinking the first thing I will notice is a mild desire to drink that I can ignore...**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

A8_1 I will now ask you some questions about the sale and advertising of alcohol.

Looking at Showcard A8, please tell me how much you would support or oppose the following changes, if they were made to help reduce the problems associated with alcohol use. You might know that your local council can now develop a local alcohol policy that helps determine how alcohol is sold or supplied in your local area.

A8 [Showcard A8](#)

Reducing the hours when alcohol can be sold in my community where I live...

- Strongly support 1
- Support..... 2
- Neither support nor oppose..... 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

A9 [Showcard A8](#)

Increasing the restrictions on alcohol advertising or promotion that is seen or heard by people under 18 years of age...

- Strongly support 1
- Support..... 2
- Neither support nor oppose..... 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

A10 **Showcard A8**

Banning alcohol-related sponsorship of events that people under the age of 18 may attend...

Strongly support	1
Support	2
Neither support nor oppose.....	3
Oppose.....	4
Strongly oppose	5
Don't know.....	9
Refused	8

A11 **Showcard A11**

Do you think the number of places where alcohol can be bought in your local area is too few, about right, or too many?

① Local area means local community, nearby suburbs, places you visit within your local area, shopping areas, where schools are, etc.

Too few.....	1
About right.....	2
Too many	3
Don't know.....	9
Refused	8

A12 **Showcard A12**

In the past three months, please identify anywhere you have seen or heard any advertising or promotion for alcohol. Say all that apply from Showcard A12.

① Multiple response allowed.

On TV	1
On the radio	2
On outdoor billboards.....	3
On buses or trains	4
At bus stops and train stations.....	5
Via text message.....	6
Via app alert	7
Commercial websites – including advertising banners	8
Social media websites – including social networking sites, tweets, blogs, etc.....	9
Electronic 'junk mail' or SPAM via email.....	10
In magazines or newspapers	11
Letter box 'junk mail' (leaflets/brochures)	12
At sporting, music or cultural events	13
At cafes, restaurants, bars, pubs, clubs.....	14
At the supermarket.....	15
At the shopping mall/shops	16
On the side of a truck	17
Somewhere else (specify in A12a)	18
Haven't seen any advertising or promotion for alcohol	19
Don't know/unsure.....	99
Refused	98

A12a **What is that other place?**

--

A13 In the last 12 months have you had an incident or accident that has required medical treatment or treatment from someone else?

① **Medical treatment includes: GP, Physio, ED, Hospital admission.**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused..... 8

[IF A13 =1] AND [A1= 1,3 OR A2 =1] GO TO A14 OTHERWISE GO TO CHECK BEFORE F2_INTRO1
--

A14 Did you have alcohol in the 6 hours immediately before that incident or accident occurred?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused..... 8

IF A14 =1 GO TO A15 OTHERWISE GO TO CHECK BEFORE F2_INTRO1

A15 Do you believe that your consumption of alcohol contributed to your injury occurring?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused..... 8

SECTION F PART 2: FOOD AND DRINKS

[PROGRAMMER NOTE: WHEN THE RESPONDENT IS TAKING BOTH THE PCG AND ADULT SURVEY, THEY SHOULD BE GIVEN F2_INTRO1]

[PARENT/CAREGIVER] GO TO F2_INTRO1
OTHERWISE GO TO F2_INTRO2

[F2_INTRO1] Now I want you to think about all the foods and drinks that **YOU** eat. I'll show those foods and drinks again and ask you to say about how often **you** eat or drink each, this includes when you aren't at home.

GO TO F2

[F2_INTRO2] I want you to think about **ALL** the foods and drinks that **YOU** eat. I'm going to show you a series of showcards, on the bottom is a picture of the type of food or drink we want to ask you about. At the top are the options for your answer. You can use any answer option, from 1 to 8. You would answer 8 if you eat or drink it twice a day or more. You answer 1 if you never eat or drink it.

F2 [📄 Showcards F2 1-21](#)
I'll ask you to say about how often **you** eat or drink each, this includes when you aren't at home.

- ① READ EACH DESCRIPTOR - enter reply for each.
- ① Assist with scale if needed.
- ① Enter reply for each (DK and Ref are allowed).

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
1	Water – unflavoured. e.g. from tap, cooler, or bottle. Hot or cold	8	7	6	5	4	3	2	1	99	98
2	Flavoured water	8	7	6	5	4	3	2	1	99	98
3	Standard silver or dark blue top milk, or milk powder	8	7	6	5	4	3	2	1	99	98
4	Reduced fat milk and/or milk powder eg, light blue, green, yellow [interviewer note: this doesn't include soy]	8	7	6	5	4	3	2	1	99	98
5	Flavoured milk including milkshakes	8	7	6	5	4	3	2	1	99	98
6	Fruit juice	8	7	6	5	4	3	2	1	99	98
7	Juice from concentrate, powder or cordials	8	7	6	5	4	3	2	1	99	98
8	Full sugar drinks, including, soft drinks, fizzy drinks, sports, energy drinks	8	7	6	5	4	3	2	1	99	98
9	Fruit – Any fruit including fresh, tinned, frozen or dried, cooked or raw	8	7	6	5	4	3	2	1	99	98

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
10	Vegetables – Any vegetables including fresh, tinned, frozen, salads, mixed vegetable dishes, cooked or raw	8	7	6	5	4	3	2	1	99	98
11	Fried potatoes – including hot potato or kumara chips, French Fries, wedges, hash browns	8	7	6	5	4	3	2	1	99	98
12	Sausages or processed meats including luncheon, saveloys salami, canned corned beef, ham, bacon	8	7	6	5	4	3	2	1	99	98
13	Fried chicken or chicken nuggets	8	7	6	5	4	3	2	1	99	98
14	Fried or battered fish or shellfish including those bought at a fish and chips store	8	7	6	5	4	3	2	1	99	98
15	Pies and Pastries including all savoury and sweet pies, potato top, pasties, sausage rolls, quiche with pastry	8	7	6	5	4	3	2	1	99	98
16	Potato or corn chippies or crisps	8	7	6	5	4	3	2	1	99	98
17	Sweets, lollies, chocolates, confectionery	8	7	6	5	4	3	2	1	99	98
18	Cakes and Muffins, including all cakes and muffins, slices, scones, donuts, cake bars	8	7	6	5	4	3	2	1	99	98
19	Biscuits or crackers, including sweet biscuits, plain, chocolate coated, fruit filled, cream filled	8	7	6	5	4	3	2	1	99	98
20	Snack bars, including muesli bars, wholemeal fruit bars, puffed cereal bars, nut and seed bars	8	7	6	5	4	3	2	1	99	98
21	Breakfast cereals, all types including muesli, wheat biscuits, porridge, puffed flakes	8	7	6	5	4	3	2	1	99	98

SECTION P: PHYSICAL ACTIVITY

I'm now going to ask you some questions about physical activity.

[P1_INTRO] I'm now going to ask you about the time you spent being physically active in the last 7 days, from last [XXX] to yesterday. Do not include activity undertaken today.

By 'active' I mean doing anything using your muscles. Think about activities at work, school or home, getting from place to place, and any activities you did for exercise, sport, recreation or leisure.

I will ask you separately about brisk walking, moderate activities, and vigorous activities.

P1 During the last 7 days, on how many days did you walk at a brisk pace – a brisk pace is a pace at which you are breathing harder than normal? This includes walking at work, walking to travel from place to place, and any other walking that you did solely for recreation, sport, exercise or leisure.

Think *only* about walking done for at least 10 minutes at a time.

_____ days per week

Don't know..... 99

Refused..... 98

IF P1=0, 9, 8 GO TO P3
OTHERWISE GO TO P2

P2 How much time did you typically spend walking at a brisk pace on each of those days? [Record]

① Interviewer to confirm: "so that was x hours and x mins on each of those days?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused..... 8

P3  **Showcard P3**

During the last 7 days, on how many days did you do moderate physical activities? 'Moderate' activities make you breathe harder than normal, but only a little – like carrying light loads, bicycling at a regular pace, or other activities like those on Showcard P3. Do not include walking of any kind.

Think only about those physical activities done for at least 10 minutes at a time.

① If none enter 0

① Activities shown on Showcard P3 are examples and do not exclude other activities respondent may feel fall into this category.

① Activities on Showcard P3 and P5 are interchangeable. If a respondent defines an activity as being moderate, even though it is on Showcard P5 (Vigorous Physical Activity) it must be included in P3.

_____ days per week

Don't know..... 99

Refused..... 98

IF P3=0, 9, 8 GO TO P5
OTHERWISE GO TO P4

P4 How much time did you typically spend on each of those days doing moderate physical activities? [Record]

① Interviewer to confirm: "so that was x hours and x mins on each of those days?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused..... 8

P5 **Showcard P5**

During the last 7 days, on how many days did you do **vigorous** physical activities? 'Vigorous' activities make you breathe a lot harder than normal ('huff and puff') – like heavy lifting, digging, aerobics, fast bicycling, or other activities like those shown on Showcard P5.

Think only about those physical activities done for at least 10 minutes at a time.

① If none enter 0

① Activities shown on Showcard P5 are examples and do not exclude other activities being mentioned

① Activities on Showcard P3 and P5 are interchangeable. If a respondent defines an activity as being vigorous, even though it is on Showcard P3 (Moderate Physical Activity) it must be included in P5.

_____ days per week

Don't know..... 99

Refused..... 98

IF P5=0, 9, 8 GO TO P7 OTHERWISE GO TO P6
--

P6 **How much time did you typically spend on each of those days doing vigorous physical activities? [Record]**

① Interviewer to confirm: "so that was x hours and x mins on each of those days?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused..... 8

P7 **Thinking about all your activities over the last 7 days (including brisk walking), on how many days did you engage in:**

- at least 30 minutes of moderate activity (including brisk walking) that made you breathe a little harder than normal, OR
- at least 15 minutes of vigorous activity that made you breathe a lot harder than normal ('huff and puff')?

_____ days per week

Don't know..... 99

Refused..... 98

P8 **During the last 7 days, how much time did you typically spend sitting on a weekday? This question is about the time you spend sitting while at work, at home, while travelling and during leisure time. This includes time spent sitting at a desk, visiting friends, reading or sitting or lying down to watch television.**

① Include time spent lying down (awake) as well as sitting.

① If necessary: An average time per day spent sitting is wanted. If the respondent can't answer because the pattern of time spent varies widely from day to day, ask: "What is the total amount of time you spent sitting last Wednesday?"

① Interviewer to confirm: "so that was x hours and x mins for one typical weekday?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused..... 8

P9 During the last 7 days, how much time did you typically spend sitting on a weekend day? This question is about the time you spend sitting while at work, at home, while travelling and during leisure time. This includes time spent sitting at a desk, visiting friends, reading or sitting or lying down to watch television.

① Include time spent lying down (awake) as well as sitting.

① If necessary: An average time per day spent sitting is wanted. If the respondent can't answer because the pattern of time spent varies widely from day to day, ask: "What is the total amount of time you spent sitting last Saturday?"

① Interviewer to confirm: "so that was x hours and x mins for one typical weekend day?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused..... 8

[PARENT/CAREGIVER] GO TO P10
OTHERWISE GO TO F3_INTRO

P10 During the last 7 days, how much time did Xxx spend playing/practising sport outside of school hours overall? Sport is a competitive team or individual physical activity. [Record]

① If necessary: If average time per day is given, then multiply the time spent on one average day by 7 to get a total figure for the week.

① Interviewer to confirm: "so that was x hours and x mins over the 7 days?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused..... 8

P11 Now thinking about other physical activities (such as dance, gym, walking for fitness). During the last 7 days, how much time did Xxx spend on these outside of school hours? [Record]

① If necessary: If average time per day is given, then multiply the time spent on one average day by 7 to get a total figure for the week.

① Interviewer to confirm: "so that was x hours and x mins over the 7 days?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused..... 8

P12  Showcards P12 1-12

I want you to think about ALL the activities you do with Xxx in a typical summer month. I'm going to show you a series of showcards, on the bottom is a picture of the type of activity we want to ask you about. At the top are the options for your answer. You can use any answer option, from 1 to 8.

You would answer 8 if you and Xxx both take part in the activity twice a day.

You answer 1 if you and Xxx never take part in the activity.

I'll ask you to say about how often you and Xxx take part in the activity.

① READ EACH DESCRIPTOR - enter reply for each.

① Assist with scale if needed.

① Enter reply for each (DK and Ref are allowed).

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
1	Playing at a park	8	7	6	5	4	3	2	1	99	98
2	Going to the beach/river	8	7	6	5	4	3	2	1	99	98
3	Watching a movie/TV	8	7	6	5	4	3	2	1	99	98
4	Going for a walk/tramp	8	7	6	5	4	3	2	1	99	98
5	Playing sports games	8	7	6	5	4	3	2	1	99	98
6	Playing board games/card games	8	7	6	5	4	3	2	1	99	98
7	Playing video games	8	7	6	5	4	3	2	1	99	98
8	Swimming	8	7	6	5	4	3	2	1	99	98
9	Bike riding/scootering/roller blading/skateboarding	8	7	6	5	4	3	2	1	99	98
10	Playing tag/skipping rope/trampoline/throwing a ball	8	7	6	5	4	3	2	1	99	98
11	Active reading ① Active reading is where the child is reading with a purpose where they are engaged with the reading material and are thinking about what they are reading.	8	7	6	5	4	3	2	1	99	98
12	Other, please specify: _____	8	7	6	5	4	3	2	1	99	98

SECTION F PART 3: FOOD AND DRINKS

[F3_INTRO] One more section on food and drinks, this section includes questions about your meals, grocery shopping and your opinions.

F3 How many times in the past seven days did you eat breakfast?
_____ [Enter number from 0 to 7].

[PARENT/CAREGIVER] GO TO F4
OTHERWISE GO TO F6

F4 How many times in the past seven days did Xxx eat breakfast?
_____ [Enter number from 0 to 7].
Don't know..... 99
Refused..... 98

F5 In a typical week, on how many days does Xxx eat breakfast provided by his/her school?
_____ [Enter number from 0 to 7].
Don't know..... 99
Refused..... 98

F6 How many times in the past seven days has your main meal of the day been prepared at home?
① If asked, 'main meal' means the largest meal of the day, if all meals are the same size then ask them to refer to the evening meal.
① If asked, this includes meals that have been added to with takeaways like rice or hot chips.
_____ [Enter number from 0 to 7]
Don't know..... 99
Refused..... 98

IF F6 =7 GO TO F8_INTRO
OTHERWISE GO TO F7

F7 How many times in the past seven days has your main meal of the day been bought outside the home, like takeaways or at a restaurant?
① If asked, 'main meal' means the largest meal of the day, if all meals are the same size then ask them to refer to the evening meal.
① Bought outside the home means bought at a takeaway outlet, foodcourt, cafe, pub, petrol station, dairy.
_____ [Enter number from 0 to 7]
Don't know..... 99
Refused..... 98

IF F6 =0, 9 OR 8 GO TO CHECK BEFORE F9
OTHERWISE GO TO F8_INTRO

[F8_INTRO] I'm now going to ask you about non-starchy vegetables like those on Showcard F8. These can be either fresh, frozen or canned, and usually include the bright colourful ones like carrots, peas and broccoli, and green leafy, and salad vegetables, but do not include potatoes, kumara, or taro.

IF F6 =1, GO TO F8a
IF F6 >1, GO TO F8b
OTHERWISE GO TO F9

F8a **Showcard F8**

Thinking again about the meal prepared at home in the past week, do you think non-starchy vegetables made at least half of the meal?

- ① This includes raw and cooked, hot and cold vegetables and salad.
- ① This includes fresh, frozen and canned vegetables.
- ① This includes meals either partially or entirely prepared at home.

Yes 1
No..... 5
Don't know..... 9
Refused 8

[PARENT/CAREGIVER] GO TO F9
OTHERWISE GO TO F10

F8b **Showcard F8**

Thinking again about the meals prepared at home in the past week, in how many of these meals do you think non-starchy vegetables made at least half of the meal?

- ① This includes raw and cooked, hot and cold vegetables and salad.
- ① This includes fresh, frozen and canned vegetables.
- ① This includes meals either partially or entirely prepared at home.

_____ [Enter number from 0 to F6 response]
Don't know..... 99
Refused 98

[PARENT/CAREGIVER] GO TO F9
OTHERWISE GO TO F10

F9 **Showcard F9**

How often does Xxx help with preparing or cooking food?

- ① If asked, this can include things like baking, cutting vegetables.
- ① If asked, this does not include things like putting cereal in a bowl, microwaving a ready-to-eat item.

Most days of the week or more often 1
About 4 days a week 2
About 2-3 days a week 3
About once a week 4
Once or twice a fortnight 5
Once or twice a month 6
Less often 7
Never 8
Don't know 99
Refused 98

F10 **Showcard F10**

Which of these statements best describes your planning when buying what you eat?

- I plan what I'm going to eat before going to the shop to buy groceries..... 1
- I plan what I'm going to eat when I am at the shop buying groceries 2
- I don't plan what I'm going to eat until after the groceries have been bought from the shop. 3
- I don't buy much food at the shops 4
- None of these/something else 5
- Don't know..... 9
- Refused 8

F11 **Showcard F11**

Which of these statements best describes how you plan your main meal each day?

- I plan my main meal more than a day in advance 1
- I plan my main meal the night before 2
- I plan my main meal when I get up in the morning 3
- I plan my main meal at mealtimes 4
- I plan my main meal when I get hungry 5
- I don't plan my main meal, I just eat what is given to me. 6
- Don't know..... 9
- Refused 8

F12 **Showcard F12**

Looking at Showcard F12, how much do you agree or disagree with the following statement:

"I often find I don't have the right food to make a meal at home".

① Once respondent has answered, close Showcard book before continuing to next question.

- Strongly agree 1
- Agree..... 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

F13 **How much money does your household usually spend each week on food and drinks bought from the supermarket, the green grocer, fruit and vegetable shops or markets, or farmers' markets?**

① Note if main household shop is done fortnightly or monthly then divide appropriately. ① Amount should be given to the nearest dollar.

Don't know – 99 Refused - 98

IF F13 = DK OR REF GO TO F14
OTHERWISE GO TO F15

F14 [📄 Showcard F14](#)

In that case, would you be able to tell me how much your household usually spends each week on food and drinks from the supermarket, the green grocer, fruit and vegetable shops or markets, or farmers' markets, using Showcard F14?

\$1 - \$50	1
\$51 - \$100	2
\$101 - \$150	3
\$151 - \$200	4
\$201 - \$250	5
\$251 - \$300	6
\$301 - \$350	7
\$351 - \$400	8
\$401 or more	9
Don't know.....	99
Refused	98

F15 **How much money does your household usually spend each week on food and drinks bought anywhere else, for example, at a dairy, petrol station, takeaway outlet, foodcourt, café or pub?**

Don't know – 99 Refused – 98

IF F15 = DK OR REF GO TO F16
OTHERWISE GO TO CHECK BEFORE F17

F16 [📄 Showcard F14](#)

In that case, would you be able to tell me how much your household usually spends each week on food and drinks bought anywhere else, using Showcard F14?

① **Include food bought at a dairy, petrol station, takeaway outlet, foodcourt, café or pub.**

\$1 - \$50	1
\$51 - \$100	2
\$101 - \$150	3
\$151 - \$200	4
\$201 - \$250	5
\$251 - \$300	6
\$301 - \$350	7
\$351 - \$400	8
\$401 or more	9
Don't know.....	99
Refused	98

[PARENT/CAREGIVER] AND F1_8 & F2_8 BOTH ≠ 1 GO TO F17
OTHERWISE GO TO CHECK BEFORE F18

F17  **Showcard F17**

Looking at Showcard F17, how much do you agree or disagree with the following statement?

“I am confident that I could completely stop my family drinking full sugar drinks, including soft drinks, fizzy drinks, sports and energy drinks”.

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

[PARENT/CAREGIVER] ASK F18
OTHERWISE GO TO F23

F18  **Showcard F18**

Please tell me in general terms how much you support or oppose:

The association of fastfood with children's sport.

- Strongly support 1
- Support 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know 9
- Refused 8

F19  **Showcard F18**

Please tell me in general terms how much you support or oppose:

A ban on food advertising at times when children watch TV.

- Strongly support 1
- Support 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know 9
- Refused 8

IF F19 = 1 OR 2 GO TO F20
OTHERWISE F21

F20 **What times would you choose to ban food advertising?**
 ① **Minimum of one time range required. Probe: any others?**

From _____ [am/pm] to _____ [am/pm]

And

From _____ [am/pm] to _____ [am/pm]

And

From _____ [am/pm] to _____ [am/pm]

F21 [📄 Showcard F21](#)

**How much do you agree or disagree with the following statement:
 “What my child eats affects his/her performance at school.”**

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

F22_I [📄 Showcard F22](#)

I want you to think about how important or unimportant you think it is for your child's school to limit access to certain foods. Looking at Showcard F22, you can use any answer option, from 1 to 5.

You answer 1 if you think it is very important to limit access.

You would answer 5 if you think it is very unimportant to limit access.

F22 **How important or unimportant do you think it is for your child's school to...:**

- ① **READ EACH DESCRIPTOR - enter reply for each.**
- ① **Assist with scale if needed.**
- ① **Enter reply for each (DK and Ref are allowed).**

		Very important	Important	Neither important nor unimportant	Unimportant	Very unimportant	Don't know	Refused
1	Limit access to high fat foods such as pies, hot chips, sausage rolls and hot dogs.	1	2	3	4	5	99	98
2	Limit access to sugary drinks such as soft drinks, sports drinks and energy drinks.	1	2	3	4	5	99	98
3	Limit access to sugary foods such as lollies, cookies and donuts.	1	2	3	4	5	99	98

F23 **Showcard F23**

How much do you agree or disagree with the following statement:
“The price of full sugar drinks should be increased to limit how much people drink them”

① If asked, ‘full sugar drinks’ include soft drinks, fizzy drinks, sports and energy drinks.

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

[PARENT/CAREGIVER] GO TO F24 OTHERWISE GO TO O_INTRO

F24 **Showcard F24**

In an average week, how often does Xxx have her/his main meal of the day sitting down at a table with you or other members of the household?

① If asked, ‘main meal’ means the largest meal of the day, if all meals are the same size then ask them to refer to the evening meal.

- 1 day a week 1
- 2 days a week 2
- 3 days a week 3
- 4 days a week 4
- 5 days a week 5
- 6 days a week 6
- 7 days a week 7
- Never..... 8
- Don't know..... 99
- Refused 98

SECTION O: OTHER PROGRAMME AREAS

[O_INTRO] We are getting towards the end of the interview now, this section has a variety of health and lifestyles related questions.

[PARENT/CAREGIVER] GO TO O1
OTHERWISE GO TO O5

O1 **Showcard O1**

Which of the following best describes the vaccine history of Xxx?

- They have received all recommended vaccines to date 1
- They have received some, but not all recommended vaccines 2
- They have not received any recommended vaccines 3
- I don't know their vaccine history 4
- Don't know 9
- Refused 8

IF O1 = 2 OR 3 GO TO O2
OTHERWISE GO TO O3

O2 **Showcard O2**

Why hasn't Xxx received all their recommended vaccines?

Multiple response allowed.

- Disagree with vaccinations 1
- Concerned about vaccinations 2
- Don't believe in medicating my child 3
- Ethical or moral reasons 4
- Contrary to religious beliefs 5
- Disease(s) not dangerous 6
- Illness of child/medical recommendation against vaccination 7
- Forgot when vaccinations were due 8
- Logistical reasons (e.g. holidays, family break up, lack of transport, lack of time, lack of services to get vaccines, etc.) 9
- Other (please specify in O2a) 10
- Don't know 99
- Refused 98

O2a **What is that 'other reason'?**

O3 **What concerns, if any, do you have about recommended vaccines?**

① **Do not read. Probe, multiple response allowed.**

None.....	1
Concerned about the immediate side effects (e.g. fever, rash, illness, allergic reaction).....	2
Concerned about long-lasting side effects (e.g. learning disabilities, asthma, diabetes, immune system problems).....	3
Doubts about effectiveness against disease	4
Injections are painful for my child.....	5
Object to the ingredients in the vaccine (e.g. animal products, 'unnatural' products).....	6
Other (please specify in O3a)	7
Don't know.....	99
Refused.....	98

O3a **What is that 'other concern'?**

O4 **Which sources have you used to obtain vaccine information for Xxx?**

① **Do not read. Multiple response allowed.**

None	1
Family/friends.....	2
Printed materials from health-care provider.....	3
Health care providers (e.g. Doctor/GP, practice nurse, paediatrician)	4
Pharmacists.....	5
District health board	6
Government (e.g. Ministry of Health, Health Promotion Agency).....	7
NZ National Immunisation Schedule (Immunisation Advisory Centre).....	8
Plunket	9
Religious leader and organisations	10
Vaccine companies	11
Media (e.g. TV, radio, newspapers, books, magazines).....	12
Medical journals	13
Alternative health care providers (e.g. chiropractors, acupuncturists)	14
Books	15
Internet	16
Social media.....	17
Other (please specify in O4a)	18
Don't know.....	99
Refused.....	98

O4a **What is that 'other source'?**

O5 **Will you receive the flu vaccine, or fluvax this year?**

- I already have..... 1
- I will 2
- No..... 3
- I don't think so 4
- Don't know..... 9
- Refused 8

IF O5 = 3 OR 4 GO TO O6
OTHERWISE GO TO O7

O6 **Why don't you think you'll get the flu vaccine this year?**

① **Do not read. Probe, multiple response allowed.**

- Concerns about immediate side effects (e.g. lethargy, fever, rash, illness, allergic reaction)..... 1
- Concern about long-lasting side effects (e.g. reduced immunity, impaired immune system) 2
- Perceived invulnerability to influenza (e.g. I never get the flu; I'm healthy so I don't need it) 3
- Low perceived severity of influenza (e.g. flu isn't that bad) 4
- Doubts about effectiveness of the vaccine 5
- Object to the ingredients in the vaccine (e.g. animal products, 'unnatural' products)..... 6
- Not enough vaccine to go around 7
- Costs too much 8
- Inconvenient to get it (e.g. missed it at work, too hard to get to doctor) 9
- Use other methods to prevent getting the flu (e.g. take vitamins, drink lemon and honey) 10
- I'm afraid of needles 11
- I'm not in the habit of getting it (e.g. never had the vaccine before) 12
- I have a medical condition that means I can't have it (e.g. Guillian-Barre syndrome) 13
- Other (please specify in O6a) 14
- Don't know..... 99
- Refused 98

O6a **What is that 'other reason'?**

O7 **Showcard O7**

Are you eligible to get the flu vaccine for free?

① **See Showcard O7 for eligibility criteria.**

① **This does not include free workplace flu vaccinations.**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

O8_I In this next question you will be asked about depression. I will not see your responses. This includes some questions about your own mental health. I want to remind you that you don't have to answer every question and that you can pass to the next section at any time.

Please tell me if you would like to continue with this question or skip to the next question.

- Consent to continue with the question 1
- Skip to next question 5
- Don't know 9
- Refused 8

IF O8_I = 1 GO TO O8
OTHERWISE GO TO O10

O8 I am going to turn the computer toward you. I would like you to use the keyboard to select the option that applies to you for each question.

I want you to think about how you've felt over the last two weeks, you will be asked about whether these have bothered you in the past two weeks.

You'll be asked to say how often each of the problems has bothered you.

① Interview note: DK and Ref are allowed

		Nearly every day	More than half of the days	Several days	Not at all	Don't know	Refused
1	I have had little interest or pleasure in doing the things I usually enjoy.	4	3	2	1	9	8
2	I have felt down, depressed or hopeless.	4	3	2	1	9	8
3	I have had trouble falling or staying asleep, or I have been sleeping too much.	4	3	2	1	9	8
4	I have felt tired or have had little energy.	4	3	2	1	9	8
5	I have had a poor appetite or have been eating more than usual.	4	3	2	1	9	8
6	I have felt bad about myself or felt like I am a failure, or that I have let myself or my family down.	4	3	2	1	9	8
7	I have had trouble concentrating on things, like reading the newspaper or watching TV.	4	3	2	1	9	8
8	I have been moving or speaking so slowly that other people could have noticed. Or the opposite – I have been fidgety and moving around a lot more than usual.	4	3	2	1	9	8
9	I have thoughts that I would be better off dead or that I should hurt myself in some way.	4	3	2	1	9	8

Once you have entered your all your responses please click next.

IF ALL O8 1-9 = 1 GO TO O10_I
OTHERWISE GO TO O9

O9 **Please now use the keyboard to select the option that applies to you.**
How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

- Not at all difficult 1
- Somewhat difficult 2
- Very difficult..... 3
- Extremely difficult 4
- Don't know..... 9
- Refused 8

When you're done click next.

O10_I **Thank you for answering those questions. Please turn the computer back towards your interviewer.**

O10 **If a person has untreated depression, what are five signs or behaviours they might show?**

- ① **Unprompted. Do not probe.**
- ① **If necessary: please list these for me.**

- O10a
- Sad or empty mood 1
 - Feelings of hopelessness, worthlessness, helplessness 2
 - Fatigue and decreased energy 3
 - Loss of interest in ordinary activities 4
 - Difficulty concentrating 5
 - Changes in diet (poor appetite or overeating)..... 6
 - Anxiousness, fidgeting, irritability 7
 - Expressing thoughts of dying or suicide 8
 - Losing contact with friends or family 9
 - Withdrawing from normal life..... 10
 - Substance abuse 11
 - Difficulty making decisions 12
 - Difficulty remembering 13
 - Changes in sleeping patterns..... 14
 - Other (specify in O10a-1) 15
 - Don't know..... 99
 - Refused 98

O10a-1 **What is that 'other sign or behaviour'?**

IF O10a= 99 OR 98 GO TO O11
OTHERWISE GO TO O10b

O10b	Sad or empty mood	1
	Feelings of hopelessness, worthlessness, helplessness	2
	Fatigue and decreased energy	3
	Loss of interest in ordinary activities	4
	Difficulty concentrating	5
	Changes in diet (poor appetite or overeating).....	6
	Anxiousness, fidgeting, irritability	7
	Expressing thoughts of dying or suicide	8
	Losing contact with friends or family	9
	Withdrawing from normal life.....	10
	Substance abuse	11
	Difficulty making decisions	12
	Difficulty remembering	13
	Changes in sleeping patterns.....	14
	Other (specify in O10b-1)	15
	Don't know.....	99
	Refused	98

O10b-1 What is that 'other sign or behaviour'?

IF O10b= 99 OR 98 GO TO O11
OTHERWISE GO TO O10c

O10c	Sad or empty mood	1
	Feelings of hopelessness, worthlessness, helplessness	2
	Fatigue and decreased energy	3
	Loss of interest in ordinary activities	4
	Difficulty concentrating	5
	Changes in diet (poor appetite or overeating).....	6
	Anxiousness, fidgeting, irritability	7
	Expressing thoughts of dying or suicide	8
	Losing contact with friends or family	9
	Withdrawing from normal life.....	10
	Substance abuse	11
	Difficulty making decisions	12
	Difficulty remembering	13
	Changes in sleeping patterns.....	14
	Other (specify in O10c-1)	15
	Don't know.....	99
	Refused	98

O10c-1 What is that 'other sign or behaviour'?

IF O10c= 99 OR 98 GO TO O11
OTHERWISE GO TO O10d

O10d	Sad or empty mood	1
	Feelings of hopelessness, worthlessness, helplessness	2
	Fatigue and decreased energy	3
	Loss of interest in ordinary activities	4
	Difficulty concentrating	5
	Changes in diet (poor appetite or overeating).....	6
	Anxiousness, fidgeting, irritability	7
	Expressing thoughts of dying or suicide	8
	Losing contact with friends or family	9
	Withdrawing from normal life.....	10
	Substance abuse	11
	Difficulty making decisions	12
	Difficulty remembering	13
	Changes in sleeping patterns.....	14
	Other (specify in O10d-1)	15
	Don't know.....	99
	Refused	98

O10d-1 **What is that 'other sign or behaviour'?**

IF O10d= 99 OR 98 GO TO O11
OTHERWISE GO TO O10e

O10e	Sad or empty mood	1
	Feelings of hopelessness, worthlessness, helplessness	2
	Fatigue and decreased energy	3
	Loss of interest in ordinary activities	4
	Difficulty concentrating	5
	Changes in diet (poor appetite or overeating).....	6
	Anxiousness, fidgeting, irritability	7
	Expressing thoughts of dying or suicide	8
	Losing contact with friends or family	9
	Withdrawing from normal life.....	10
	Substance abuse	11
	Difficulty making decisions	12
	Difficulty remembering	13
	Changes in sleeping patterns.....	14
	Other (specify in O10e-1)	15
	Don't know.....	99
	Refused	98

O10e-1 **What is that 'other sign or behaviour'?**

O11 **If you or someone you know has depression, do you know where you could go to get help?**

① **Do not read. Probe, multiple response allowed.**

- Depression.org/John Kirwan website..... 1
- A website..... 2
- Ring a helpline 3
- See a doctor 4
- See a therapist/counsellor..... 5
- Email/text/chat to internet help service 6
- Talk to a friend or family member 7
- Go to the Emergency Department 8
- Other (please specify in O11a) 9
- Don't know..... 99
- Refused 98

O11a **What is that 'other thing'?**

IF O11 = 2 GO TO O12
OTHERWISE GO TO O13

O12 **Do you know what website you would go to?**

Yes, please specify 2

- No..... 5
- Don't know..... 9
- Refused 8

O13 **If you thought you might be depressed and searched for help on the Internet, what would you type into the search bar?**

- Don't know..... 9
- Refused 8

O14_I I'm going to let you answer the next few questions yourself. I will not see your responses to the questions. I will read three scenarios that I would like you to comment on. After each scenario I'll turn the laptop towards you, and I would like you to use the keyboard to select the option that applies to you.

O14 John is an employer. He interviews two people for a job. One candidate is slightly more experienced than the other, but declares to John that they have a mental health history. The other candidate is less experienced but has no mental health history. John chooses to hire the less experienced candidate with no history of mental health.

① Scroll the page down so the respondent can only see the answer portion.

How much do you agree or disagree with John's decision?

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

When you're done click next, and turn the computer back towards me.

O15 You are a member of your local sports club. A new person wants to join the club. You know

they have schizophrenia. When they are alone, they often shout and argue as if someone else was there with them. They speak carefully using uncommon and sometimes made-up words. They are polite but avoid talking with other people.

① Scroll the page down so the respondent can only see the answer portion.

Would you be comfortable...

		Yes	No	Don't know	Ref
1	If they were a member of the sports club	1	5	9	8
2	If they were in your sports team	1	5	9	8
3	Socialising with them outside of the sports club	1	5	9	8
4	Inviting them to your house for a meal	1	5	9	8

When you're done click next, and turn the computer back towards me.

O16 A new community mental health centre is to open. It caters for people with a range of mental

health problems, including depression, anxiety disorder and schizophrenia. It provides mental health assessment and treatment for people who are experiencing serious mental health problems.

① Scroll the page down so the respondent can only see the answer portion.

Would you be comfortable if the centre was...

		Yes	No	Don't know	Ref
1	In your suburb	1	5	9	8
2	A couple of blocks away from you	1	5	9	8
3	On your street	1	5	9	8
4	Next door to you	1	5	9	8

When you're done click next, and turn the computer back towards me.

[O17_] I'm going to read out some statements, looking at Showcard O17 could you please tell me how much you agree or disagree with each statement:

O17  **Showcard O17**

The last twelve months have been among the most difficult times of my life

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

O18  **Showcard O17**

I make an effort to see family or friends I don't live with

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

O19  **Showcard O17**

I can always rely on a friend or family member for support if I needed it

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

O20  **Showcard O17**

Maintaining a strong connection to my culture is important to me

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

O21 **Showcard O21**

Looking at Showcard O21, in the last four weeks, how often have you felt isolated from others?

- None of the time 1
- A little of the time..... 2
- Some of the time 3
- Most of the time..... 4
- All of the time 5
- Don't know..... 9
- Refused 8

O22 **Showcard O22**

Looking at Showcard O22, in general, would you say that your health is excellent, very good, fair or poor?

- Excellent..... 1
- Very good 2
- Fair 3
- Poor..... 4
- Don't know..... 99
- Refused 98

[IF FEMALE AGED 15-54 CHECK IF PREGNANT: IF YES GO TO O23 AND SKIP O24]

O23 **In the next step I will get you to enter your height and weight. I will not see this information myself.**

I am going to turn the laptop towards you. Please use the keyboard to enter what you think your height is. You can enter in either centimetres or feet and inches.

 cm

 Feet

 Inches

- Don't know..... 99
- Refused 98

Once you have entered your height please click next.

O24 **I would like you to use the keyboard to enter how much you think you weigh. You can enter in either kilograms, stones or pounds.**

If you have a set of scales, I am happy to wait while you go and weigh yourself if you would prefer that.

 Kg

 Stone

 Pounds

- Don't know..... 99
- Refused 98

When you're done click next, and turn the computer back towards me.

O25 [📄 Showcard O25](#)

For someone of your age, gender and height, do you think your weight is...

- About right 1
- Underweight 2
- Overweight 3
- Obese 4
- Don't know 9
- Refused 8

O26 **Are you registered with a primary health care provider?**

①By 'primary health care provider' we mean a centre that provides services by GPs (doctors) or practice nurses. This can be a medical centre, GP practice or GP clinic, family practice or student health service.

- Yes 1
- No 5
- Don't know 9
- Refused 8

O27 **Please tell me, yes or no, if you agree with the following statement.**

In the last 12 months my doctor asked me to get a blood test to test my cholesterol levels or risk for diabetes, and I didn't go...

- Yes 1
- No 5
- Not applicable – not been asked by a doctor 6
- Don't know 9
- Refused 8

O28 **Looking at Showcard O28, please tell me how much you agree or disagree with the following statement.**

[📄 Showcard O28](#)

I have not disclosed everything about my lifestyle to my doctor...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

O29 [📄 Showcard O29](#)

When you have a health concern or issue, do you...

- Look it up on the Internet or Google 1
- Go straight to your GP or nurse 2
- Look it up on the Internet or Google and then go and see your GP or nurse 3
- Talk to family or friends 4
- Take no action 5
- Don't know 9
- Refused 8

O30 **Looking at Showcard O30, please tell me how much you agree or disagree with the following statement.**

[📄 Showcard O30](#)

The Internet delivers quality health information and accurate advice concerning health issues I might search for...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

SECTION X: DEMOGRAPHICS

[X_INTRO] This is the last section. The purpose of this section is to collect some general information about you and your household.

X1 Would you mind telling me what age you turned on your last birthday?

① Record age.

Don't know - 999

Refused - 998

X2  Showcard X2

Looking at Showcard X2, which ethnic group or groups do you belong to?

① If respondent answers with nationality rather than ethnicity, probe further and record ethnicity.

Multiple response allowed.

- New Zealand European 1
- Māori 2
- Samoan 3
- Cook Island Māori 4
- Tongan 5
- Niuean 6
- Chinese 7
- Indian 8
- Other (specify in X2a) 9
- Don't know 99
- Refused 98

X2a What other ethnic group or groups do you belong to?

X3 Were you born in New Zealand?

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF X3 = 5 GO TO X4
OTHERWISE GO TO X5

X4 In what year did you arrive to live in New Zealand?

Don't know - 9999

Refused – 9998

X5 **Showcard X5**

Looking at Showcard X5, which best describes you at the moment?

① Employment is considered full-time when an employee works an average of 30 hours or more each week, in any or all of their jobs, this includes Self-Employed. Working in paid employment includes students if they have any paid employment.

- Working in paid employment: full time 1
- Working in paid employment: part time 2
- Not in paid work and looking for a job 3
- Not in paid work, and not looking for a job: Student 4
- Not in paid work and not looking for a job: Homemaker 5
- Not in paid work and not looking for a job: Beneficiary 6
- Not in paid work and not looking for a job: Retired 7
- Other (specify in X5a) 8
- Don't know 99
- Refused 98

X5a **What is that 'other description'?**

① Record. Ask whether paid or unpaid. If paid, ask whether full-time or part-time.

IF X5=1 OR 2 GO TO X6
OTHERWISE GO TO X12

X6 **Showcard X6**

Looking at Showcard X6, are you in any of these roles, you don't need to say which.

- Yes 1
- No 5
- Don't know 9
- Refused 8

X7 **Do you work in the public health sector?**

- Yes 1
- No 5
- Don't know 9
- Refused 8

X8 **In your work, do you mostly sit down, about equal sitting down and moving around, or move around?**

READ OUT

- Sit down 1
- About equal sitting down and moving around 2
- Move around 3

DON'T READ OUT

- Don't know 9
- Refused 8

X9 **When you are working is most of your time spent indoors, about the same indoors and outdoors or outdoors?**

① **If necessary: Outdoors refers to being out in the open.**

READ OUT

- Indoors 1
- About the same indoors and outdoors 2
- Outdoors..... 3

DON'T READ OUT

- Don't know..... 9
- Refused 8

IF X9=2 OR 3 GO TO X10 OTHERWISE GO TO X11

X10 **📖 Showcard X10**

Looking at Showcard X10, are you provided with any of these types of sun protection when you are working outdoors?

① **Multiple response allowed.**

- None..... 1
- Sunscreen 2
- Sunhat 3
- Sunglasses..... 4
- Shade 5
- Don't Know 9
- Refused 8

X11 **Does your work pay for staff to get the flu vaccine?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

X12 **Showcard X12**

Looking at Showcard X12, can you please tell me the highest qualification you have?

① UE / University Entrance – check which year obtained re. answer option 3 or 5.

No formal school qualification	1
NZ School Certificate in one or more subjects or National Certificate Level 1 or NCEA Level 1	2
NZ Sixth Form Certificate in one or more subjects or National Certificate Level 2 or NZ UE before 1986 in one or more subjects or NCEA Level 2.....	3
NZ Higher School Certificate or Higher Leaving Certificate.....	4
University Entrance 1986 onwards	5
Bursary/Scholarship or National Certificate Level 3 or NCEA Level 3 or NZ Scholarship Level 4.....	6
Other secondary school qualification gained in NZ (specify in X12a)	7
Other secondary school qualification gained overseas	8
Trade or technical certificate, for example, builder	9
Professional qualification, for example, ACA, teacher, nurse.....	10
Undergraduate diploma.....	11
Bachelors degree, for example, BA, BSc.....	12
Postgraduate diploma	13
Postgraduate degree, for example Honours, Masters or PhD	14
Other (specify in X12b)	15
Don't know.....	99
Refused.....	98

X12a **What is that 'other NZ secondary school qualification'?**

X12b **What is that 'other qualification'?**

X13 **Showcard X13**

Looking at Showcard X13, and thinking about the people in your household, who do you usually live with?

① If needed: We are interested in people in different living situations. Multiple response allowed.

- Live alone 1
- Partner / husband / wife 2
- Mother 3
- Father 4
- Grandparents 5
- Brother / sister 6
- Aunt / Uncle 7
- Own children (including step children, foster, whangai) 8
- Grandson / granddaughter 9
- Niece / nephew 10
- Cousins 11
- Others' children (eg. belong to someone else in household) 12
- Other family 13
- Friends 14
- Flatmates 15
- Other (specify in X13a) 16
- Don't know 99
- Refused 98

X13a Who is that 'other person'?

IF X13 = 1 GO TO X16
 OTHERWISE GO TO X14

X14 **Showcard X14**

Looking at Showcard X14, and including yourself, how many people in each age group usually live here in this house?

① RECORD NUMBER. 'Usually' means the person lives in the house for four or more days per week.

	Age	Number	DK	Ref
a.	0 - 4 years		99	98
b.	5 - 7 years		99	98
c.	8 - 12 years		99	98
d.	13 - 14 years		99	98
e.	15 - 16 years		99	98
f.	17 years		99	98
g.	18 years and over		99	98

X15 So, including yourself, there are [TOTAL IN X14] people usually living in this house?

- Yes 1
- No 5 [CORRECT X14 IF NO]

X16 **Showcard X16**

Looking at Showcard X16, what is the total income that your household got from all sources, before tax or anything was taken out of it, in the last 12 months? Please call out the number on the right of Showcard X16, that comes closest to the group your household comes into.

Less than \$5,000.....	1
\$5,001 - \$10,000	2
\$10,001 - \$15,000	3
\$15,001 - \$20,000	4
\$20,001 - \$25,000	5
\$25,001 - \$30,000	6
\$30,001 - \$35,000	7
\$35,001 - \$40,000	8
\$40,001 - \$50,000	9
\$50,001 - \$60,000	10
\$60,001 - \$70,000	11
\$70,001 - \$80,000	12
\$80,001 - \$90,000	13
\$90,001 - \$100,000	14
\$100,001 - \$120,000	15
\$120,001 - \$150,000	16
\$150,001 - \$250,000	17
\$250,001 or more.....	18
Don't know.....	99
Refused.....	98

IF X16 = 99 OR 98, GO TO X17
OTHERWISE GO TO THANKS

X17 **Would you be able to confirm if your total household annual income is roughly in one of these groups?**

① READ OUT.

Less than \$20,000.....	1
\$20,001 - \$40,000	2
\$40,001 - \$60,000	3
\$60,001 - \$80,000	4
\$80,001 - \$100,000	5
\$100,001 - \$250,000	6
Over \$250,000	7
Don't know.....	9
Refused.....	8

[THANKS] **Thank you very much for answering these questions. Your answers will be very helpful in this study. There are just a few more questions and then we have finished. Any information you give me from now on will not be stored with your answers for the survey.**

SECTION R: RECONTACT

R1ask **Is there a landline phone number that my Supervisor can reach you on in order to check my work, or to check you are happy with the way the interview was conducted.**

- Yes1
- Don't have a landline.....3
- No.....5
- Don't know.....9
- Refused8

IF R1ask = 1 GO TO R1
OTHERWISE GO TO R2ask

R1 **Could I have that number including the area code please?**

① Enter phone number.

R2ask **Do you have a mobile number my Supervisor can reach you on?**

- Yes1
- Don't have3
- No.....5
- Don't know.....9
- Refused8

IF R2ask = 1 GO TO R2
OTHERWISE GO TO R3ask

R2 **Could I have that number please?**

① Enter phone number.

R3ask **Do you have an email address, in case we cannot contact you by telephone?**

- Yes1
- No.....5
- Don't know.....9
- Refused8

IF R3ask = 1 GO TO R3
OTHERWISE GO TO R4

R3 **Could I have that email address?**

① Enter email address.

R4 **Would you be happy to be contacted again about the possibility of answering other health questions on behalf of the Health Promotion Agency? Saying yes to this question won't commit you, it just means they can contact you to ask if you would like to participate again.**

① **If necessary: Recontact will be between two to five years.**

- Yes, you can contact me and ask if I want to help again..... 1
- No, don't contact me again 5
- Don't know/unsure 9
- Refused 8

IF R4 = 1 GO TO R5
OTHERWISE GO TO THANKSAGAIN

R5 **Can I record your first name so the Health Promotion Agency can make sure they're talking to the right person?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF R5 = 1 GO TO R6
OTHERWISE GO TO THANKSAGAIN

R6 **What is your first name?**

- Don't know..... 9
- Refused 8

THANKSAGAIN That's all the questions I have to ask you. Thanks again for helping with the survey.

GO TO LANG

LANG **What level of language assistance, if any, was used for the interview?**

① **Interviewer to complete**

- None..... 1
- The interviewer helped translate questions into a language other than English 2
- A friend/family member helped translate questions into a language other than English 3
- Official interpreter was used..... 4
- Don't know..... 9
- Refused 8