

# 2016 Health and Lifestyles Survey

## Questionnaire

May 2017

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## SECTION B: CORE DEMOGRAPHICS AND SELECTING THE NOMINATED CHILD

[GENERAL], [PARENT/CAREGIVER] GO TO B\_INTRO.

**B\_INTRO Thank you for agreeing to take part in this survey. It covers a number of topics relating to health and lifestyles, including food and drinks, smoking, being out in the sun, and gambling. There are no right or wrong answers – we just ask about what you think.**

The first few questions are to make sure that we ask you the right questions.

**B1 [If necessary:] I need to record whether you are male or female?**

**① Enter the gender of the respondent.**

Male ..... 1  
Female ..... 8

**B2  Showcard B2**

**Looking at Showcard B2, which of these age groups do you belong to?**

15–17 years ..... 1  
18–19 years ..... 2  
20–24 years ..... 3  
25–34 years ..... 4  
35–44 years ..... 5  
45–54 years ..... 6  
55–64 years ..... 7  
65–69 years ..... 8  
70–74 years ..... 9  
75+ years ..... 10  
Don't know ..... 99  
Refused ..... 98

**B3  Showcard B3**

**Looking at Showcard B3, which ethnic group or groups do you belong to?**

**① If respondent answers with nationality rather than ethnicity, probe further and record ethnicity.**

**Multiple responses allowed.**

New Zealand European ..... 1  
Māori ..... 2  
Samoan ..... 3  
Cook Island Māori ..... 4  
Tongan ..... 5  
Niuean ..... 6  
Chinese ..... 7  
Indian ..... 8  
Other (specify in B3a) ..... 9  
Don't know ..... 99  
Refused ..... 98

B3a **What other ethnic group or groups do you belong to?**

IF RECORDED AS MĀORI IN SCREENED HOUSE AND B3≠2 GO TO B3b  
IF RECORDED AS PI IN SCREENED HOUSE AND B3≠3, 4, 5, 6 OR B3a≠PI GO TO B3c  
OTHERWISE GO TO CHECK BEFORE B4

B3b **Can I check, is Māori one of your ethnic groups? When we first met, I recorded that you considered yourself Māori.**

Yes..... 1  
No..... 5

IF B3b=1 GO TO CHECK BEFORE B4, OTHERWISE GO TO B3d

B3c **Can I check, is Pacific Islander one of your ethnic groups? When we first met, I recorded that you considered yourself a Pacific Islander.**

Yes..... 1  
No..... 5

IF B3c=5 GO TO B3d. OTHERWISE GO TO CHECK BEFORE B4

B3d **📌 This survey must be completed with someone of the correct screened ethnicity. Please terminate interview and contact survey management for assistance.**

[PARENT/CAREGIVER] GO TO B4  
OTHERWISE GO TO L\_INTRO

B4 **Some of the questions ask about children, so we start by choosing one child to ask about later in the survey. How many children aged 5 to 16 years usually live in this household?**

ENTER NUMBER:

IF B4 = 1 GO TO B5.  
OTHERWISE GO TO B6.

B5 **May I have the first name of that child so that I can refer to her or him through the interview?**

RECORD NAME: \_\_\_\_\_

[PROGRAMMER: DROP THIS NAME IN WHEREVER Xxx APPEARS IN THE SURVEY QUESTIONS]

GO TO B7.

B6 **So that I can choose one child to ask about later in the survey, may I have the first name of the child aged 5 to 16 years who has the next birthday, so that I can refer to her or him through the interview?**

**📌 If twins, take the youngest.**

RECORD NAME: \_\_\_\_\_

[PROGRAMMER: DROP THIS NAME IN WHEREVER Xxx APPEARS IN THE SURVEY QUESTIONS]

B7 **How old is Xxx please?**

ENTER IN YEARS:

B8 **And I'll also enter boy or girl.**

① **As needed!**

Boy..... 1  
Girl ..... 8

B9 **📖 Showcard B3**

**Looking at Showcard B3, which ethnic group or groups does Xxx belong to?**

① **If respondent answers with nationality rather than ethnicity, probe further and record ethnicity.**

① **Multiple responses allowed.**

New Zealand European..... 1  
Māori..... 2  
Samoan..... 3  
Cook Island Māori..... 4  
Tongan..... 5  
Niuean..... 6  
Chinese..... 7  
Indian ..... 8  
Other (specify in B9a) ..... 9  
Don't know ..... 99  
Refused..... 98

B9a **What other ethnic group or groups does Xxx belong to?**

B10 **Are you the person in this household who is mainly responsible for cooking, providing and managing what Xxx has to eat and drink?**

Yes..... 1  
No ..... 5  
Don't know ..... 9  
Refused..... 8

## SECTION L: LIFESTYLE FACTORS

[PROGRAMMER NOTE: WHEN THE RESPONDENT IS TAKING BOTH THE PCG AND ADULT SURVEY, THEY SHOULD BE GIVEN L\_INTRO1]

[PARENT/CAREGIVER] GO TO L\_INTRO1  
OTHERWISE GO TO L\_INTRO2

[L\_INTRO1] **The purpose of this section is to collect some information about yours and Xxx's interests and lifestyle.**

GO TO L1

[L\_INTRO2] **The purpose of this section is to collect some information about your interests and lifestyle.**

### L1 **Showcard L1**

**On a usual day, how much time do you spend watching television or movies, using a gaming device or using the Internet? Please answer from Showcard L1.**

**① If necessary: Watching television or movies can include downloaded or streamed content to a TV or computer.**

**① If necessary: Using the Internet can include browsing, playing games, watching TV programmes and movies, listening to music, social media and online chat / instant messaging / Skype.**

**① If necessary: This includes taking part in these activities on a mobile phone or smart device.**

5 hours or more per day .....	1
3 to 4 hours per day .....	2
1 to 2 hours per day .....	3
Less than 1 hour per day .....	4
Less often than once a day .....	5
Never .....	6
Don't know .....	9
Refused.....	8

L2

**Showcard L2**

Thinking about how you connect online with people you know, which of the following have you used in the last 7 days? Choose your answer from Showcard L2.

**Multiple responses allowed.**

Facebook .....	1
Twitter .....	2
Online messaging or video calling (eg, Skype, WhatsApp, WeChat, Viber) .....	3
Online gaming communities (eg, Game Planet, Geekzone, Call of Duty) .....	4
Online music communities (eg, SoundCloud) .....	5
Snapchat.....	6
Instagram .....	7
Vine.....	8
Neighbourly.....	9
Trade Me .....	10
Pinterest.....	11
Email .....	12
Blog (eg, WordPress, Tumblr) .....	13
Other (please specify in L2a).....	14
I don't connect with people I know, using the Internet or online services .....	15
Don't know .....	99
Refused.....	98

L2a

**What is that other place?**

[PARENT/CAREGIVER] GO TO L3  
OTHERWISE GO TO L4



L3 **Showcard L3**

On a usual day, how much time does Xxx spend watching television or movies, using a gaming device or using the Internet? Please answer from Showcard L3.

ⓘ If necessary: Watching television or movies can include downloaded or streamed content to a TV or computer.

ⓘ If necessary: Using the Internet can include browsing, playing games, watching TV programmes and movies, listening to music, social media and online chat / instant messaging / Skype.

ⓘ If necessary: This includes taking part in these activities on a mobile phone or smart device.

ⓘ If necessary: This is outside of school.

5 hours or more per day .....	1
3 to 4 hours per day .....	2
1 to 2 hours per day .....	3
Less than 1 hour per day .....	4
Less often than once a day .....	5
Never .....	6
Don't know .....	9
Refused.....	8

L4 **Showcard L4**

Which mode of transport do you most regularly use to travel to your main weekday activity? If you use several modes of transport, please think about the one that you travel by for the longest amount of time each week. Please choose your answer from Showcard L4.

ⓘ If necessary: By longest amount of time, add up the total amount of time you spend on each mode of transport over the week.

Motorbike / motorscooter / moped.....	1
Car, truck or van .....	2
Bus.....	3
Train.....	4
Bicycle.....	5
Walking .....	6
Jogging or running .....	7
Skateboarding or scootering.....	8
Ferry.....	9
None, or little travel (I work / school from home, I'm retired, etc.).....	10
Other (please specify in L4a).....	11
Don't know .....	99
Refused.....	98

L4a **What is that 'other mode of transport'?**

[PARENT/CAREGIVER] ASK L5  
OTHERWISE GO TO T\_INTRO

L5 **Showcard L5**

And which mode of transport does Xxx most regularly use to travel to school? Think about the one that they travel by for the longest amount of time each week. Please answer from Showcard L5.

① If necessary: By longest amount of time, add up the total amount of time Xxx spends on each mode of transport over the week.

- Motorbike / motorscooter / moped..... 1
- Car, truck or van .....2
- Bus.....3
- Train.....4
- Bicycle.....5
- Walking.....6
- Jogging or running .....7
- Skateboarding or scootering.....8
- Ferry.....9
- None, or little travel (homeschooled etc.) ..... 10
- Other (please specify in L5a) ..... 11
- Don't know .....99
- Refused.....98

L5a **What is that 'other mode of transport'?**

L6 **Showcard L6**

Is Xxx allowed to go out on his/her own in the local neighbourhood?

① If multiple responses provided, please record lowest numeric response.

- Yes..... 1
- No, only with other children .....2
- No, only with an older brother or sister .....3
- No, only with an adult .....4
- Don't know ..... 9
- Refused.....8

## SECTION T: TOBACCO

[T\_INTRO] Now some questions on smoking cigarettes and tobacco.

T1 **Have you ever smoked cigarettes or tobacco at all, even just a few puffs?**

① **If necessary: This includes if you are currently smoking.**

① **If necessary: Do NOT include e-cigarettes.**

Yes.....1  
No .....5  
Don't know .....9  
Refused.....8

IF T1 = 1 GO TO T2  
OTHERWISE GO TO T17\_I

T2 **At what age did you FIRST try a cigarette, even just a few puffs?**

① **Enter answer in years. If respondent doesn't know exactly, get their best estimate.**

Don't know – 999    Refused – 998

T3 **Did you ever smoke DAILY for at least a week?**

Yes.....1  
No .....5  
Don't know .....9  
Refused.....8

IF T3 = 1 GO TO T4  
OTHERWISE GO TO T5

T4 **At what age did you FIRST START smoking DAILY?**

① **Enter answer in years. If respondent doesn't know exactly, get their best estimate.**

Don't know – 999    Refused – 998

T5 ** Showcard T5**

**Looking at Showcard T5, which best describes how often you smoke tobacco now?**

At least once a day .....1  
At least once a week.....2  
At least once a month .....3  
Less often than once a month .....4  
I do not smoke now.....5  
Don't know .....9  
Refused.....8

IF T5 = 1–4 GO TO T6  
IF T5 = 5 GO TO T10  
OTHERWISE GO TO T17\_I

T6 **How many cigarettes a day do you smoke?**  
 ⓘ If respondent doesn't know exactly, get their best estimate.

Don't know – 999    Refused – 998

T7 **How many cigarettes do you smoke on a typical Saturday?**  
 ⓘ If respondent doesn't know exactly, get their best estimate.

Don't know – 999    Refused – 998

T8 **Showcard T8**  
**How soon after you wake up do you smoke your first cigarette? Please answer from Showcard T8.**

- Within 5 minutes ..... 1
- 6 to 30 minutes ..... 2
- 31 minutes to 1 hour ..... 3
- More than 1 hour ..... 4
- Don't know ..... 9
- Refused..... 8

T9 **Showcard T9**  
**Which of these products do you smoke the most? Please answer from Showcard T9.**  
 [SINGLE RESPONSE]

- Tailor-made cigarettes ..... 1
- Roll your own using loose tobacco ..... 2
- Both tailor-made and roll your own ..... 3
- Pipes ..... 4
- Cigars..... 5
- Don't know ..... 9
- Refused..... 8

GO TO T11

T10 **Showcard T10**  
**How long ago did you stop smoking? Please answer from Showcard T10.**

- Within the last month ..... 1
- 1 to 6 months ago ..... 2
- 7 to 12 months ago ..... 3
- 1 to 2 years ago ..... 4
- 3 to 5 years ago ..... 5
- 6 to 10 years ago ..... 6
- More than 10 years ago ..... 7
- Not applicable – never started smoking ..... 8    [NOT ON SHOWCARD]
- Don't know ..... 99
- Refused..... 98

IF T10 = 1–3 GO TO T11  
OTHERWISE GO TO T17\_I

T11 **In the last 12 months, how many serious attempts to stop smoking did you make that lasted 24 hours or longer? Please include any attempt that you are currently making.**  
**① If none, record 0.**

[PROGRAMMER NOTE: IF T10 = 1–3, THEN T11 CANNOT BE 0]

Don't know – 99    Refused – 98

[TRIED TO QUIT IN LAST 12 MONTHS] T11 = 1 OR MORE GO TO T12  
OTHERWISE GO TO T13

T12 **📖 Showcard T12**  
**Please identify any help, advice, programmes and products used to help you quit during your last quit attempt. Please say as many as apply, and answer from Showcard T12. [T12=34 is UNIQUE]**  
**① Multiple responses allowed.**

**Stop Smoking Programmes**

- The Quitline freephone service (0800 778 778) ..... 1
- The Quitline online service (www.quit.org.nz)..... 2
- The Quitline texting service ..... 3
- WERO (Whānau End Smoking Regional Whānau Ora challenge) ..... 4
- Aukati KaiPaipa ..... 5
- Another stop smoking programme ..... 6

**Health Professionals**

- A doctor from a hospital ..... 7
- A doctor, GP ..... 8
- A dentist ..... 9
- A nurse ..... 10
- A pharmacist ..... 11
- A midwife ..... 12
- A Māori community health worker ..... 13
- A Pacific community health worker ..... 14
- Counsellor ..... 15

**Friends, family and others**

- A friend or family member ..... 16
- A school counsellor ..... 17
- Some other advisor not mentioned here ..... 18

**Nicotine Replacement Therapy (NRT)**

- Nicotine patches ..... 19
- Nicotine gum ..... 20
- Nicotine Microtab ..... 21
- Nicotine Lozenges ..... 22
- Nicotine inhalers ..... 23
- Nicotine mouthspray ..... 24

**Cessation support medication**

- Zyban / bupropion ..... 25
- Champix / varenicline ..... 26
- Norpress / nortiptyline ..... 27

**Other**

- Electronic devices that **contain** nicotine (eg, electronic cigarettes, personal vaporizer etc)..... 28
- Electronic devices that **do not contain** nicotine (eg, electronic cigarettes, personal vaporizer etc)..... 29

Mobile phone apps .....	30
Allen Carr's book .....	31
Hypnotist / Hypnotherapist .....	32
Other (specify in T12a).....	33

**None**

I didn't use any support .....	34
Don't know .....	99
Refused.....	98

T12a **What is that 'other thing'?**

T5 = 1-3, GO TO T13  
OTHERWISE GO TO T17\_I

T13  **Showcard T13**

**Thinking about the BRAND of your current pack or pouch, how important were each of the following things when you chose that brand?**

[ROTATE T13a-T13f]

- T13a **Price...**
- T13b **Taste...**
- T13c **Easy to get...**
- T13d **What the packet looks like...**
- T13e **Brand name...**
- T13f **Brand image...**
- T13g **Harm to my health...**

Not at all important.....	1	
Slightly important .....	2	
Moderately important .....	3	
Very important .....	4	
Not applicable – don't own a pack or pouch.....	7	[NOT ON SHOWCARD]
Don't know .....	9	
Refused.....	8	

[IF 1<sup>ST</sup> QUESTION ASKED IN ROTATION T13a-T13g] = 7, GO TO T17\_I  
OTHERWISE GO TO NEXT QUESTION IN ROTATION

[ROTATE T14-T16]

**[T14\_] Please tell me how much you agree or disagree with the following statements. Please answer from Showcard T14.**

T14  **Showcard T14**

**I like the look of my current pack or pouch.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused ..... 8

T15  **Showcard T14**

**The tobacco in my current pack or pouch is not as harmful to my health compared with other tobacco.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused ..... 8

T16  **Showcard T14**

**The tobacco in my current pack or pouch is high quality compared with other tobacco.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused ..... 8

[T17\_] **The next few questions are about warning labels printed on cigarette packs and tobacco pouches.**

T17  **Showcard T17**

**Looking at Showcard T17, in the last month, how often, if at all, have you read or looked closely at the warning labels?**

- Never ..... 1
- Once ..... 2
- Two or three times ..... 3
- About once a week ..... 4
- Several times a week ..... 5
- Most days ..... 6
- Don't know ..... 9
- Refused ..... 8

IF T5 = 1–3 OR T10 = 1–2 GO TO T18 OTHERWISE GO TO CHECK BEFORE T20
--

T18  **Showcard T17**

**In the last month, how often, if at all, have you made any effort to hide the warning label on your pack or pouch?**

- Never ..... 1
- Once ..... 2
- Two or three times ..... 3
- About once a week ..... 4
- Several times a week ..... 5
- Most days ..... 6
- Not applicable – don't own a pack or pouch ..... 7 [NOT ON SHOWCARD]
- Don't know ..... 9
- Refused ..... 8

T19  **Showcard T17**

**In the last month, how often, if at all, have the warning labels stopped you from having a cigarette when you were about to smoke one?**

- Never ..... 1
- Once ..... 2
- Two or three times ..... 3
- About once a week ..... 4
- Several times a week ..... 5
- Most days ..... 6
- Not applicable – didn't attempt to smoke in past month 7 [NOT ON SHOWCARD]
- Don't know ..... 9
- Refused ..... 8

[PARENT/CAREGIVER] GO TO T20  
OTHERWISE GO TO T22\_I

T20  **Showcard T20**

**During the past 7 days, on how many days have people smoked in your home while Xxx was also in the home? Please answer from Showcard T20.**

- None ..... 1
- 1 to 2 days ..... 2
- 3 to 4 days ..... 3
- 5 to 6 days ..... 4
- 7 days ..... 5
- Don't know ..... 9
- Refused ..... 8

T21 **During the past 7 days, did anyone smoke inside a car or van while Xxx was also in the vehicle?**


- Yes ..... 1
- No ..... 5
- They did not travel in a car / van during the past 7 days ..... 7
- Don't know ..... 9
- Refused ..... 8





[T22\_] The next few questions ask for your opinion about smoking. We are interested in your opinion whether you smoke or not.

Looking at Showcard T22, whether or not you smoke, please tell me how much you agree or disagree with the following statements.



[ROTATE T22–T32]

T22  **Showcard T22**  
**Smoking in cars should be banned when children aged under 18 years old are in them...**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree.....	5
Don't know .....	9
Refused.....	8

T23  **Showcard T22**  
**Smoking should be banned in all public outdoor dining areas...**  
 **Public outdoor dining areas include bars, cafes, restaurants**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree.....	5
Don't know .....	9
Refused.....	8

T24  **Showcard T22**  
**Smoking should be banned in all outdoor transport waiting areas...**  
 **Outdoor transport waiting areas refer to bus and train stations and stops, and outside airports.**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree.....	5
Don't know .....	9
Refused.....	8

T25  **Showcard T22**

**Smoking should be banned within 5 metres of the entrance of all buildings used by the public...**

**ⓘ Buildings used by the public refers to shops, office building and libraries.**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree .....	5
Don't know .....	9
Refused.....	8

T26  **Showcard T22**

**Being smokefree is part of the New Zealand way of life...**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree .....	5
Don't know .....	9
Refused.....	8

T27  **Showcard T27**


**Tobacco companies should be required to have cigarettes and tobacco in government-specified packs like that in Showcard T27...**


Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree .....	5
Don't know .....	9
Refused.....	8


T28  **Showcard T28**


**The number of places allowed to sell cigarettes and tobacco should be reduced to make them less easily available...**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree .....	5
Don't know .....	9
Refused.....	8

T29  **Showcard T28**  
**Dutyfree shops should not be allowed to sell cigarettes or tobacco...**  
 Strongly agree ..... 1  
 Agree ..... 2  
 Neither agree nor disagree ..... 3  
 Disagree ..... 4  
 Strongly disagree ..... 5  
 Don't know ..... 9  
 Refused ..... 8

T30  **Showcard T28**  
**Sale of cigarettes and tobacco should not be allowed within 500 metres of a school...**  
 Strongly agree ..... 1  
 Agree ..... 2  
 Neither agree nor disagree ..... 3  
 Disagree ..... 4  
 Strongly disagree ..... 5  
 Don't know ..... 9  
 Refused ..... 8

T31  **Showcard T28**  
**Cigarettes and tobacco should not be allowed to be sold in places where alcohol is sold...**  
 Strongly agree ..... 1  
 Agree ..... 2  
 Neither agree nor disagree ..... 3  
 Disagree ..... 4  
 Strongly disagree ..... 5  
 Don't know ..... 9  
 Refused ..... 8

T32  **Showcard T28**  
**Cigarettes and tobacco should be made more expensive so that young people can't afford to buy them ...**  
 Strongly agree ..... 1  
 Agree ..... 2  
 Neither agree nor disagree ..... 3  
 Disagree ..... 4  
 Strongly disagree ..... 5  
 Don't know ..... 9  
 Refused ..... 8

T33 **Now I am going to ask a question about how many people you think smoke. Out of 100 adults in New Zealand, how many do you think smoke cigarettes or tobacco? By this we mean they smoke cigarettes or tobacco at least once a day.**

**📌 Reassure if necessary: We are looking for your best estimate only. This is a percentage. Adults are those 15 years and over.**

[Range 0–100]

Don't know – 999      Refused – 998

T34 Are you aware that the government wants New Zealand smoking rates reduced to less than 5% by 2025?

① If necessary: the government has a goal of reducing the proportion of New Zealanders who smoke from around 17% (one in six) to under 5% by 2025 (one in 20).

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

[T35\_I] Electronic cigarettes, also known as e-cigs, vapes or personal vaporizers are battery-powered devices that heat a liquid to release vapour as people inhale from them. The vapour may contain nicotine and may be flavoured.

T35 Have you ever tried an electronic cigarette?

① If necessary: this includes if you are currently using an electronic cigarette.

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

IF T35 = 1 GO TO T36  
OTHERWISE GO TO T41\_I

T36  **Showcard T36**

Which best describes how often you use an electronic cigarette now? Choose your answer from Showcard T36.

- At least once a day ..... 1
- At least once a week.....2
- At least once a month .....3
- Less often than once a month .....4
- Do not use one now.....5
- Don't know .....9
- Refused.....8

IF T36 = 1-3 GO TO T37  
OTHERWISE GO TO T41\_I

T37  **Showcard T37**

Which best describes how often you use the following types of electronic cigarette devices now? Choose your answer from Showcard T37.

T37a Devices that look like a tobacco cigarette

T37b Egos or vape pens

T37c Mods or APVs (Advanced Personal Vaporizers)

- At least once a day ..... 1
- At least once a week.....2
- Tried, and used a couple of times in the last month .....3
- Tried, but NOT used in the last month .....4
- Never tried .....5
- Don't know .....9
- Refused.....8

T38  **Showcard T38**

**Why do you use electronic cigarettes now? Choose your answer from Showcard T38.**

**① Multiple responses allowed.**

I want to quit smoking cigarettes completely .....	1
I want to reduce the amount of tobacco I smoke, but not stop smoking completely .....	2
I have made an attempt to quit smoking and I want a tool to help me stay smokefree .....	3
I want to use them places where smoking is not allowed .....	4
Cheaper than tobacco cigarettes.....	5
Less harmful to my health than tobacco cigarettes .....	6
To avoid putting those around me at risk due to second-hand smoke.....	7
I like the flavours / taste .....	8
Trendier than tobacco cigarettes .....	9
Smells better than tobacco cigarettes .....	10
More convenient than tobacco cigarettes .....	11
I like holding it / keeping my hands busy .....	12
I am curious about them .....	13
Other (specify in T38a) .....	14
Don't know .....	99
Refused.....	98

T38a **What is that 'other thing'?**

T39 **Thinking about the electronic cigarette that you are currently using most often, does the vapour contain nicotine?**

Yes.....	1
No .....	5
Don't know .....	9
Refused.....	8

T40  **Showcard T40**

**Where did you get the refill e-liquid for the electronic cigarette that you are currently using most often? Choose from Showcard T40.**

[T4=10 IS EXCLUSIVE]

**① Multiple responses allowed.**

From a friend / family .....	1
Online store .....	2
Dairy.....	3
Liquor store .....	4
Service station .....	5
Supermarket .....	6
Takeaway shop.....	7
Tobacconist .....	8
Other (specify in T40a) .....	9
Not applicable – not refillable .....	10
Don't know .....	99
Refused.....	98

T40a **What is that 'other thing'?**

[ROTATE T41–T42]

T41\_I [📖 Showcard T41](#)

**Looking at Showcard T41, whether or not you smoke tobacco cigarettes, please tell me how much you agree or disagree with the following statements.**

T41 [📖 Showcard T41](#)

**E-cigarettes are safer for your health than smoked cigarettes.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Not applicable – don't know what an e-cigarette is ..... 6 [NOT ON SHOWCARD]
- Don't know ..... 9
- Refused ..... 8

T42 [📖 Showcard T41](#)

**E-cigarettes can help people quit smoking tobacco.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Not applicable – don't know what an e-cigarette is ..... 6 [NOT ON SHOWCARD]
- Don't know ..... 9
- Refused ..... 8

SKIP TO T45

T45 **The last question in this section is about marijuana use. I will not see your response myself. I am going to turn the laptop towards you. I would like you to use the keyboard to select the option that applies to you.**

**When you're done click next, and turn the computer back towards me.**

**During the last 30 days, have you smoked marijuana (cannabis, pot, grass, weed), even just a few puffs?**

- No – I have never smoked marijuana ..... 1
- No – But I have smoked marijuana in the past ..... 2
- Yes – Once in the past 30 days ..... 3
- Yes – Two or three times in the past 30 days ..... 4
- Yes – About once a week ..... 5
- Yes – Several times a week ..... 6
- Don't know ..... 9
- Refused ..... 8

## SECTION G: MINIMISING GAMBLING HARM

[GENERAL] GO TO G\_INTRO  
OTHERWISE GO TO F1\_INTRO

[G\_INTRO] One type of entertainment that people can take part in is gambling, betting or playing games of chance. That is, where you spend some money to try to win back more than you spent, or to win a big prize. This part of the survey tries to get a cross section of people's opinions on that type of entertainment – both from people who do take part and people who don't.

[G1\_] I'll read out different types of gambling that are available. Include gambling at home and elsewhere. For each type, please tell me whether or not you have done that activity in the last 12 months. I'll then ask how often you have done those activities, and for some I'll ask about the average amount of money spent on them.

G1 In the last 12 months, have you...?

FOR EACH ANSWERED 1, IMMEDIATELY ASK G2

G2  **Showcard G2**

Looking at Showcard G2, please tell me about how often you do that. Just call out whichever number fits you best.

**ⓘ If necessary, the numbers that correspond with the gambling frequency do not translate to acceptable or unacceptable levels of gambling. They are simply there for coding purposes.**

		G1				G2										
		Yes	No	DK	Ref	Almost every day	More than once a week	Once a week	More than once a month	Once a month	Once every three months	Less than once every three months	Once a year	Less than once a year	Don't know	Ref-used
a	Placed a bet on a <u>horse or dog race</u> with the <u>New Zealand TAB</u> .	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
b	Placed a bet on any <u>other sports event</u> with the <u>New Zealand TAB</u> .	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
c	Bought an Instant Kiwi or scratch ticket.	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
d	Bought a Lotto, Strike, Powerball (Wednesday or Saturday) ticket.	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
e	Bought a Keno, Bullseye or Play 3 ticket.	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98
f	Played gaming machines, or pokies, at a pub or club. <b>ⓘ ie. not in a casino.</b>	1	5	9	8	1	2	3	4	5	6	7	8	9	99	98

g	<b>Played gaming machines, or pokies, at one of the six casinos.</b> <b>① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown.</b>	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
h	<b>Played table games, such as card games or dice, at one of the six casinos.</b> <b>① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown</b>	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
i	<b>Played Housie or Bingo for money.</b>	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
j	<b>Played an Internet game to win money.</b>	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
k	<b>Bought a raffle ticket or attended a casino fundraising evening.</b>	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
l	<b>Participated in sweepstakes for money with your work mates, friends or family on such things as the Melbourne Cup.</b>	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98
m	<b>Made bets for money with family or friends, on such things as card games.</b>	1 5 9 8	1 2 3 4 5 6 7 8 9 99 98

IF ANY OF G1 f–g=1 GO TO G3  
OTHERWISE GO TO CHECK BEFORE G4

**G3  Showcard G3**

**On average, how much do you spend in a session playing the pokies?**

**① If necessary, the numbers that correspond with the amount spent do not translate to acceptable or unacceptable levels of money spent. They are simply there for coding purposes.**

- \$10 or less ..... 1
- \$11 – \$25 ..... 2
- \$26 – \$50 ..... 3
- \$51 – \$75 ..... 4
- \$76 – \$100 ..... 5
- \$101 – \$200 ..... 6
- \$201 – \$500 ..... 7
- \$501 – \$1,000 ..... 8
- \$1,001 or more ..... 9
- Don't know ..... 99
- Refused ..... 98



IF ANY OF G1 a–b=1 THEN ASK G4  
OTHERWISE GO TO G5

- G4 **Thinking about the TAB sports and/or racing tickets you bought, did you buy any of those over the Internet?**
- Yes..... 1
  - No ..... 5
  - Don't know ..... 9
  - Refused..... 8

IF G4=1 GO TO G5  
OTHERWISE GO TO G6

G5 **📖 Showcard G5**

**And what were those tickets for? Please answer from Showcard G5.**

**📌 Multiple responses allowed.**

- Horse race ..... 1
- Dog race ..... 2
- Sports bet ..... 3
- Don't know ..... 9
- Refused..... 8

G6 **📖 Showcard G6**

**In the last 12 months, have you bet any money, bought any tickets or paid to do any of the activities listed on Showcard G6 online through a website or mobile phone for money or prizes? [G6=12 is UNIQUE]**

**📌 Do not include placing a bet through a NZ TAB account, buying a ticket through a NZ MyLotto account, spending money to download games onto your PC, purchasing game software, or doing any of the activities on the Showcard for free.**

**📌 Multiple responses allowed.**

**Betting**

- Horse or dog race** online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account] ..... 1
- Sports event** online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account] ..... 2
- Event bet** through a website (for example, an election result or TV show) ..... 3

**Poker / casino games / pokies**

- Online poker ..... 4
- Other online casino games such as blackjack, roulette, etc ..... 5
- Online pokies ..... 6

**Other**

- Internet bingo** ..... 7
- Skill games** online such as chess, scrabble, mah-jong, bridge, backgammon, etc ..... 8
- Overseas lottery, lotto or keno ticket** online [NOT through a NZ MyLotto account] ..... 9
- Fantasy / novelty betting** such as virtual sports or other events ..... 10
- Any **other gambling or lottery activity** online through a website for money (for example, online gaming machines or instant games) (specify in G6a) ..... 11

**None**

- None of the above ..... 12

Don't know .....	99
Refused.....	98

G6a **What is that 'other activity'?**

IF ANY G1 =1, G6 =1-11 THEN GAMBLER

IF G6 = 1 GO TO G7a  
OTHERWISE GO TO CHECK BEFORE G7b

G7a  **Showcard G7**

**About how often have you placed a bet on a horse or dog race online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]? Just call out whichever number fits you best.**

**ⓘ If necessary, the numbers that correspond with the gambling frequency do not translate to acceptable or unacceptable levels of gambling. They are simply there for coding purposes.**

Almost every <b>day</b> .....	1
More than once a <b>week</b> .....	2
Once a <b>week</b> .....	3
More than once a <b>month</b> .....	4
Once a <b>month</b> .....	5
Once every three <b>months</b> .....	6
Less than once every three <b>months</b> .....	7
Once a <b>year</b> .....	8
Less than once a <b>year</b> .....	9
Don't know .....	99
Refused.....	98

G8a  **Showcard G8**

**On average, how much do you spend on each occasion when you've bet on a horse or dog race online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]?**

**ⓘ If necessary, the numbers that correspond with the amount spent do not translate to acceptable or unacceptable levels of money spent. They are simply there for coding purposes.**

\$10 or less .....	1
\$11 – \$25 .....	2
\$26 – \$50 .....	3
\$51 – \$75 .....	4
\$76 – \$100 .....	5
\$101 – \$200 .....	6
\$201 – \$500 .....	7
\$501 – \$1,000 .....	8
\$1,001 or more .....	9
Don't know .....	99
Refused.....	98

IF G6 = 2 GO TO G7b  
OTHERWISE GO TO CHECK BEFORE G7c

G7b  **Showcard G7**

**About how often have you placed a bet on a sports event online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]? Just call out whichever number fits you best.**

**ⓘ If necessary, the numbers that correspond with the gambling frequency do not translate to acceptable or unacceptable levels of gambling. They are simply there for coding purposes.**

Almost every <b>day</b> .....	1
More than once a <b>week</b> .....	2
Once a <b>week</b> .....	3
More than once a <b>month</b> .....	4
Once a <b>month</b> .....	5
Once every three <b>months</b> .....	6
Less than once every three <b>months</b> .....	7
Once a <b>year</b> .....	8
Less than once a <b>year</b> .....	9
Don't know .....	99
Refused.....	98

G8b  **Showcard G8**

**On average, how much do you spend on each occasion when you've bet on a sports event online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]?**

**ⓘ If necessary, the numbers that correspond with the amount spent do not translate to acceptable or unacceptable levels of money spent. They are simply there for coding purposes.**

\$10 or less .....	1
\$11 – \$25 .....	2
\$26 – \$50 .....	3
\$51 – \$75 .....	4
\$76 – \$100 .....	5
\$101 – \$200 .....	6
\$201 – \$500 .....	7
\$501 – \$1,000 .....	8
\$1,001 or more .....	9
Don't know .....	99
Refused.....	98

IF G6 = 6 GO TO G7c  
OTHERWISE GO TO G9

G7c  **Showcard G7**

**About how often have you played online pokies? Just call out whichever number fits you best.**

**① If necessary, the numbers that correspond with the gambling frequency do not translate to acceptable or unacceptable levels of gambling. They are simply there for coding purposes.**

Almost every <b>day</b> .....	1
More than once a <b>week</b> .....	2
Once a <b>week</b> .....	3
More than once a <b>month</b> .....	4
Once a <b>month</b> .....	5
Once every three <b>months</b> .....	6
Less than once every three <b>months</b> .....	7
Once a <b>year</b> .....	8
Less than once a <b>year</b> .....	9
Don't know .....	99
Refused.....	98

G8c  **Showcard G8**

**On average, how much do you spend on each occasion when you play online pokies?**

**① If necessary, the numbers that correspond with the amount spent do not translate to acceptable or unacceptable levels of money spent. They are simply there for coding purposes.**

\$10 or less .....	1
\$11 – \$25 .....	2
\$26 – \$50 .....	3
\$51 – \$75 .....	4
\$76 – \$100 .....	5
\$101 – \$200 .....	6
\$201 – \$500 .....	7
\$501 – \$1,000 .....	8
\$1,001 or more .....	9
Don't know .....	99
Refused.....	98

G9 **Showcard G9**

How often do you play games on your mobile device (phone, tablet, iPad), where you don't play for money?

① If necessary: this can include games on the Internet or through apps.

① If necessary, the numbers that correspond with the gambling frequency do not translate to acceptable or unacceptable levels of gambling. They are simply there for coding purposes.

- More than once a **day**..... 1
- Almost every **day**.....2
- More than once a **week**.....3
- Once a **week** .....4
- More than once a **month**.....5
- Once a **month** .....6
- Once every three **months** .....7
- Less than once every three **months** .....8
- Once a **year** .....9
- Less than once a **year** .....10
- Never .....11
- Don't know .....99
- Refused.....98

[G10\_] **Now I am going to ask you a few questions about advertising or promotions for Lotto products and other types of gambling activities.**

IF G1 c-e = 1 GO TO G10  
OTHERWISE GO TO CHECK BEFORE G11

G10 **Showcard G10**

Looking at Showcard G10, in the last 12 months have you bought more Lotto tickets or spent more on Lotto products as a result of seeing Lotto advertising or promotion for a big jackpot or prize draw? By Lotto products we mean Lotto, Keno, Strike, Powerball (Wednesday or Saturday), Bullseye or Instant Kiwi.

① Encourage participant to take time to think through advertising they may have seen.

- Yes..... 1
- No .....5
- Not applicable – I have not seen or heard any Lotto advertising or promotion for a big jackpot or prize draw.....7
- Don't know .....9
- Refused.....8

IF GAMBLER GO TO G11  
OTHERWISE GO TO G12

G11  **Showcard G11**

Please think about any advertising or promotion for Lotto products that you may have seen in the last 12 months. This includes advertising for a big jackpot or prize draw.

In the last 12 months, have you gambled, or gambled more often, on other gambling activities such as those on Showcard G11, as a result of seeing or hearing any advertising or promotion for Lotto products.

**① By Lotto products we mean Lotto, Keno, Strike, Powerball (Wednesday or Saturday), Bullseye Instant Kiwi, or Play 3.**

**① Do not include gaming on Lotto products.**

Yes .....	1
No .....	5
Not applicable – I have not seen or heard any Lotto advertising or promotion .....	7
Don't know .....	9
Refused.....	8

G12  **Showcard G12**

Looking at Showcard G12, which of these gambling activities have you seen or heard any advertising or promotion for in the last 12 months? [G12=11 is UNIQUE]

**① Do not include advertising for Lotto, Keno, Strike, Powerball (Wednesday or Saturday), Bullseye, Instant Kiwi tickets, Play 3.**

**① Multiple responses allowed.**

**Betting**

Horse or dog races .....	1
Sports events .....	2

**Gaming machines or pokies**

At a pub or club.....	3
At one of the six casinos.....	4

**Table games**

Such as card games or dice, at one of the six casinos .....	5
---	---

**Internet**

Internet games, such as online poker, blackjack, bingo for money.....	6
Online pokies .....	7

**Other**

Fantasy / novelty betting (virtual sports or other events).....	8
Housie or Bingo .....	9
Other (specify in G12a).....	10

**None**

I haven't seen any advertising or promotion for any gambling activities .....	11
Don't know .....	99
Refused.....	98


G12a **What is that 'other activity'?**


IF G12 = 1–10 GO TO NEXT CHECK  
OTHERWISE GO TO CHECK BEFORE G14


IF GAMBLER GO TO G13  
OTHERWISE GO TO G27


- G13 **In the last 12 months, have you gambled, or gambled more often, as a result of seeing or hearing that advertising or promotion?**
- Yes..... 1
  - No .....5
  - Don't know .....9
  - Refused.....8

IF GAMBLER GO TO G14  
OTHERWISE GO TO G27

- G14  **Showcard G14**
- Thinking about the last 12 months, how often have you bet more than you could really afford to lose? Would you say never, sometimes, most of the time or almost always?**
- Never ..... 1
  - Sometimes.....2
  - Most of the time .....3
  - Almost always.....4
  - Don't know .....9
  - Refused.....8


- G15  **Showcard G14**
- Thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling or excitement?**
- Never ..... 1
  - Sometimes.....2
  - Most of the time .....3
  - Almost always.....4
  - Don't know .....9
  - Refused.....8

- G16  **Showcard G14**
- Thinking about the last 12 months, how often have you gone back another day to try and win back the money you lost?**
- Never ..... 1
  - Sometimes.....2
  - Most of the time .....3
  - Almost always.....4
  - Don't know .....9
  - Refused.....8

- G17  **Showcard G14**
- Thinking about the last 12 months, how often have you borrowed money or sold anything to get money to gamble?**
- Never ..... 1
  - Sometimes.....2
  - Most of the time .....3
  - Almost always.....4
  - Don't know .....9
  - Refused.....8

G18  **Showcard G14**  
**Thinking about the last 12 months, how often have you felt that you might have a problem with gambling?**


- Never ..... 1
- Sometimes ..... 2
- Most of the time ..... 3
- Almost always ..... 4
- Don't know ..... 9
- Refused ..... 8

G19  **Showcard G14**  
**Thinking about the last 12 months, how often have people criticised your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?**

- Never ..... 1
- Sometimes ..... 2
- Most of the time ..... 3
- Almost always ..... 4
- Don't know ..... 9
- Refused ..... 8

G20  **Showcard G14**  
**Thinking about the last 12 months, how often have you felt guilty about the way you gamble or what happens when you gamble?**

- Never ..... 1
- Sometimes ..... 2
- Most of the time ..... 3
- Almost always ..... 4
- Don't know ..... 9
- Refused ..... 8

G21  **Showcard G14**  
**Thinking about the last 12 months, how often has gambling caused you any health problems, including stress or anxiety?**

- Never ..... 1
- Sometimes ..... 2
- Most of the time ..... 3
- Almost always ..... 4
- Don't know ..... 9
- Refused ..... 8

G22  **Showcard G14**  
**Thinking about the last 12 months, how often has your gambling caused any financial problems for you or your household?**

- Never ..... 1
- Sometimes ..... 2
- Most of the time ..... 3
- Almost always ..... 4
- Don't know ..... 9
- Refused ..... 8



G23 Over the last 12 months, have you had a day, or an outing, where at the end of it you looked back and thought to yourself – I really overdid that? I spent more time or money gambling than I meant to.

**ⓘ Pause between components of the question to allow the participant to comprehend the question.**

Yes.....	1
No .....	5
Don't know .....	9
Refused.....	8

IF G23 = 1 GO TO G24  
OTHERWISE GO TO G27

G24 **📖 Showcard G24**

**Looking at Showcard G24, in the last 12 months, how often has this happened?**

Once .....	1
2 to 5 times .....	2
6 to 10 times .....	3
11 to 20 times .....	4
More than 20 times .....	5
Don't know .....	9
Refused.....	8

G25 **📖 Showcard G25**

**Please look at Showcard G25. Which types of gambling did this relate to?**

**ⓘ Multiple responses allowed.**

**Betting**

Betting on horse or dog races. ....	1
Betting on sports events. ....	2

**Lotto products**

Lotto, Keno, Strike, Powerball (Wednesday or Saturday), Instant Kiwi or scratch tickets .....	3
Bullseye or Play 3 tickets.....	4

**Gaming machines or pokies**

At a pub or club.....	5
At one of the six casinos.....	6

**Table games**

Table games, such as card games or dice, at one of the six casinos .....	7
---	---

**Mobile phone / app / Internet**

Mobile phone or app games for money .....	8
Internet games, such as online poker for money .....	9

**Other**

Going to a gaming or casino evening, or buying a raffle ticket for fund raising .....	10
Making money bets with family or friends, for things such as card games or sweepstakes .....	11
Housie or Bingo .....	12
Other (specify in G25a).....	13
Don't know .....	99
Refused.....	98

G25a **What is that 'other activity'?**

IF MORE THAN ONE RESPONSE IN G25 GO TO G26  
OTHERWISE GO TO G27

G26  **Showcard G25**

**Still looking at Showcard G25, which one type of gambling did this happen most often with?**

[PROGRAMMER: ONLY SHOW CODES SELECTED IN G25]

 **Single response only.**

**Betting**

Betting on horse or dog races. .... 1

Betting on sports events. .... 2

**Lotto products**

Lotto, Keno, Strike, Powerball (Wednesday or Saturday),  
Instant Kiwi or scratch tickets ..... 3

Bullseye or Play 3 tickets..... 4

**Gaming machines or pokies**

At a pub or club..... 5

At one of the six casinos..... 6

**Table games**

Table games, such as card games or dice,  
at one of the six casinos ..... 7

**Mobile phone / app / Internet**

Mobile phone or app games for money ..... 8

Internet games, such as online poker for money ..... 9

**Other**

Going to a gaming or casino evening, or buying a raffle ticket  
for fund raising ..... 10

Making money bets with family or friends, for things such as  
card games or sweepstakes ..... 11

Housie or Bingo ..... 12

Other (specify in G26a)..... 13

Don't know ..... 99

Refused..... 98

G26a **What is that 'other activity'?**

G27 **Showcard G27**  
**Thinking about your lifetime, how much do you agree or disagree with these statements?  
Please choose your answer from Showcard G27.**

**My gambling has had a serious impact on me or on others...**

**ⓘ If necessary: this is if you have ever gambled, not just in the last 12 months.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Not applicable – never gambled ..... 6 [NOT ON SHOWCARD]
- Don't know ..... 9
- Refused..... 8

G28 **Showcard G27**  
**Someone else's gambling has had a serious impact on me...**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused..... 8

G29 **Over the last 12 months, do you feel that someone close to you has had a day or an occasion where they spent much more time or money than they meant to, on gambling? This can be a friend, family member, or partner. You don't need to say who.**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF G29 = 1 GO TO G30  
OTHERWISE GO TO G31

G30 **Showcard G30**

**Which type of gambling did this happen most often with? Please answer from Showcard G30.**

**Single response only.**

**Betting**

- Betting on horse or dog races. .... 1
- Betting on sports events. .... 2

**Lotto products**

- Lotto, Keno, Strike, Powerball (Wednesday or Saturday),  
Instant Kiwi or scratch tickets ..... 3
- Bullseye or Play 3 tickets..... 4

**Gaming machines or pokies**

- At a pub or club..... 5
- At one of the six casinos ..... 6

**Table games**

- Table games, such as card games or dice,  
at one of the six casinos ..... 7

**Mobile phone / app / Internet**

- Mobile phone or app games for money ..... 8
- Internet games, such as online poker for money ..... 9

**Other**

- Going to a gaming or casino evening, or buying a raffle ticket  
for fund raising ..... 10
- Making money bets with family or friends, for things such as  
card games or sweepstakes ..... 11
- Housie or Bingo ..... 12
- Other (specify in G30a)..... 13
- Don't know ..... 99
- Refused..... 98

G30a **What is that 'other activity'?**

[G31\_I] **Now I am going to read you a couple of statements. Have any of these ever happened in your wider family or household, whether or not you were part of it?**

G31 **Some argument about time or money spent on betting or gambling...**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF G31 = 1 GO TO G32  
OTHERWISE GO TO G33

G32 **And has this happened in the last 12 months?**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

G33 **Someone had to go without something they needed, or some bills weren't paid, because too much was spent on gambling by another person...**

**ⓘ Pause between components of the question to allow the participant to comprehend the question.**

- Yes..... 1
- No .....5
- Don't know ..... 9
- Refused.....8

IF G33 = 1 GO TO G34  
OTHERWISE GO TO CHECK BEFORE G35

G34 **And has this happened in the last 12 months?**

- Yes..... 1
- No .....5
- Don't know ..... 9
- Refused.....8

IF G32 AND/OR G34 = 1 GO TO G35  
OTHERWISE GO TO G36

G35 **📖 Showcard G30**

**In the past 12 months, which type of gambling did this happen most often with? Please answer from Showcard G30.**

**ⓘ Single response only.**

**Betting**

- Betting on horse or dog races. .... 1
- Betting on sports events. ....2

**Lotto products**

- Lotto, Keno, Strike, Powerball (Wednesday or Saturday),  
Instant Kiwi or scratch tickets ..... 3
- Bullseye or Play 3 tickets.....4

**Gaming machines or pokies**

- At a pub or club.....5
- At one of the six casinos.....6

**Table games**

- Table games, such as card games or dice,  
at one of the six casinos .....7

**Mobile phone / app / Internet**

- Mobile phone or app games for money ..... 8
- Internet games, such as online poker for money .....9

**Other**

- Going to a gaming or casino evening, or buying a raffle ticket  
for fund raising ..... 10
- Making money bets with family or friends, for things such as  
card games or sweepstakes ..... 11
- Housie or Bingo ..... 12
- Other (specify in G35a)..... 13
- Don't know ..... 99
- Refused..... 98

G35a **What is that 'other activity'?**

G36  **Showcard G37**

**Please look at Showcard G37. Do you think that any of these types of gambling or games are more likely than others to attract people into playing more often, or for more money than they should?**

**ⓘ Pause between components of the question to allow the participant to comprehend the question.**

- Yes..... 1
- No .....5
- Don't know ..... 9
- Refused.....8

IF G36 = 1 GO TO G37  
OTHERWISE GO TO G38

G37  **Showcard G37**

**Which are the most likely to do so? [G37=14 is UNIQUE]**

**ⓘ Multiple responses allowed.**

**Betting**

- Betting on horse or dog races. .... 1
- Betting on sports events. .... 2

**Lotto products**

- Lotto, Keno, Strike, Powerball (Wednesday or Saturday),  
Instant Kiwi or scratch tickets ..... 3
- Bullseye or Play 3 tickets..... 4

**Gaming machines or pokies**

- At a pub or club..... 5
- At one of the six casinos..... 6

**Table games**

- Table games, such as card games or dice,  
at one of the six casinos ..... 7

**Mobile phone / app / Internet**

- Mobile phone or app games for money ..... 8
- Internet games, such as online poker for money ..... 9

**Other**

- Going to a gaming or casino evening, or buying a raffle ticket  
for fund raising ..... 10
- Making money bets with family or friends, for things such as  
card games or sweepstakes ..... 11
- Housie or Bingo ..... 12
- Other (specify in G37a)..... 13

**All**

- All of them..... 14
- Don't know ..... 99
- Refused..... 98

G37a **What is that 'other activity'?**

G38  **Showcard G37**

**Looking again at the activities listed on Showcard G37, do you think any of these activities are socially undesirable?**

**① If necessary – By socially undesirable, I mean that you wouldn't want this activity in your community.**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF G38 = 1 GO TO G39  
OTHERWISE GO TO G40

G39  **Showcard G37**

**Can you say which please? [G39=14 is UNIQUE]**

**① Multiple responses allowed.**

**Betting**

- Betting on horse or dog races. .... 1
- Betting on sports events. .... 2

**Lotto products**

- Lotto, Keno, Strike, Powerball (Wednesday or Saturday),  
Instant Kiwi or scratch tickets ..... 3
- Bullseye or Play 3 tickets..... 4

**Gaming machines or pokies**

- At a pub or club..... 5
- At one of the six casinos..... 6

**Table games**

- Table games, such as card games or dice,  
at one of the six casinos ..... 7

**Mobile phone / app / Internet**

- Mobile phone or app games for money ..... 8
- Internet games, such as online poker for money ..... 9

**Other**

- Going to a gaming or casino evening, or buying a raffle ticket  
for fund raising ..... 10
- Making money bets with family or friends, for things such as  
card games or sweepstakes ..... 11
- Housie or Bingo ..... 12
- Other (specify in G39a)..... 13

**All**

- All of them ..... 14
- Don't know ..... 99
- Refused..... 98

G39a **What is that 'other activity'?**

G40 **Showcard G40**  
 Do you think raising money through gambling does more good than harm, or more harm than good, in the community? Please answer from Showcard G40.

**ⓘ Pause between components of the question to allow the participant to comprehend the question.**

- Does a lot **more good** than harm..... 1
- Does a little **more good** than harm ..... 2
- Does **equal** good and harm..... 3
- Does a little **more harm** than good ..... 4
- Does a lot **more harm** than good..... 5
- Don't know ..... 9
- Refused..... 8

G41 **Showcard G41**  
 How concerned are you about the level of gambling in your community? Please choose your answer from Showcard G41.

- Not at all concerned..... 1
- A little concerned ..... 2
- Somewhat concerned ..... 3
- Very concerned..... 4
- Don't know ..... 9
- Refused..... 8

[G42\_] The next few questions are about venues with pokie machines, like pubs and casinos.

G42 Do you think venues with pokie machines should do something to prevent their customers' gambling from becoming harmful?

**ⓘ If necessary, 'harmful gambling' is when someone's gambling starts to cause problems for themselves or others, like problems with their relationships or putting pressure on their budget.**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

G43 **Showcard G43**  
 Do you know if venues with pokie machines are required, by law, to prevent their customers' gambling from becoming harmful?

**ⓘ Probe for clear answer.**

**ⓘ If necessary, 'harmful gambling' is when someone's gambling starts to cause problems for themselves or others, like problems with their relationships or putting pressure on their budget.**

- Yes, they are required by law ..... 1
- No, they are not required by law..... 5
- Don't know ..... 9
- Refused..... 8

[G44\_] Please tell me how much you agree or disagree with the following two statements. Choose your answer from Showcard G44.



G44  **Showcard G44**

**Pokie machines make a pub or bar more enjoyable to spend time at.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused ..... 8

G45  **Showcard G44**

**I prefer to drink in pubs or bars that do not have pokie machines.**

**ⓘ If necessary: A “drink” is not limited to only alcohol.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused ..... 8

IF G1 f AND/OR G1 g= 1 GO TO G46  
OTHERWISE GO TO G50

G46 **Have you seen or noticed any information at pokie venues to help someone who might have a problem with their gambling?**

**ⓘ This can include posters, pamphlets, wallet leaflets.**

- Yes ..... 1
- No ..... 5
- Don't know ..... 9
- Refused ..... 8

IF G46= 1 GO TO G47  
OTHERWISE GO TO G48

G47  **Showcard G47**

**How did you respond to this information? Please choose your answer from Showcard G47.**

 **Single response.**

**Ignored it...**

Because it wasn't relevant to me ..... 1

**Read it and...**

Didn't think it was relevant to me ..... 2

Thought about changing my behaviour ..... 3

Decided to stop gambling ..... 4

Left the venue ..... 5

Talked to a staff member about my gambling ..... 6

Talked to a friend / family member about my gambling..... 7

Contacted a help service ..... 8

Thought it would be useful for others ..... 9

Gave the information to someone I was concerned about ..... 10

**Other**

Please specify in G47a ..... 11

Don't know ..... 99

Refused..... 98

G47a **What is that 'other response'?**

G48  **Showcard G48**

**What interaction have you had with staff at pokie venues when you have been there to gamble? Please answer from Showcard G48.**

 **Multiple responses allowed.**

They know my name / recognise me ..... 1

They monitor the pokie room ..... 2

They have a general chat with me..... 3

They have spoken to me with a concern about my gambling ..... 4

They have given me a leaflet on gambling support services ..... 5

Changing / getting coins ..... 6

I haven't had any interaction with staff ..... 7

Other (specify in G48a)..... 8

Don't know ..... 99

Refused..... 98

G48a **What is that 'other interaction'?**

G49 **Do you spend more on the pokies when you drink alcohol?**

- Yes..... 1
- No .....5
- Not applicable – I don't drink alcohol.....7
- Don't know .....9
- Refused.....8

G50 **In the last three months, have you seen or heard any advertising about harmful gambling and what you can do about it?**

**ⓘ If necessary, 'harmful gambling' is when someone's gambling starts to cause problems for themselves or others, like problems with their relationships or putting pressure on their budget.**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

IF G50 = 1 GO TO G51  
OTHERWISE GO TO G52

G51 **📖 Showcard G51**

**Where have you seen or heard this advertising? Please answer from Showcard G51.**

**ⓘ Multiple responses allowed.**

**ⓘ If necessary: we are interested in the place you saw or heard the advertising, rather than a person.**

**ⓘ Probe for the place/context if respondent identifies a person.**

- Television..... 1
- Radio.....2
- National newspapers .....3
- Community newspapers .....4
- Internet.....5
- Social media (e.g. Facebook).....6
- Public signs or billboards .....7
- Posters.....8
- Pamphlets.....9
- Gambling venues.....10
- Community centre, healthcare centre..... 11
- Workplace ..... 12
- Other (specify in G51a)..... 13
- Don't know ..... 99
- Refused..... 98

G51a **What is that 'other advertising'?**

G52 I'm going to read out a list of things that can happen when people gamble. Please tell me if you think this is an early sign of their gambling becoming risky.

[PROGRAMMER NOTE: RANDOMISE LIST]

		Yes	No	Don't know	Refused
a	They don't want anyone else to know that they are gambling.	1	5	9	8
b	Their gambling sometimes causes them stress.	1	5	9	8
c	They set aside a certain amount of money a month to spend on gambling.	1	5	9	8
d	They go back to the pub to try to win back last night's loss.	1	5	9	8
e	They go to a casino with their friends for a birthday celebration.	1	5	9	8

G53 Do you know what you could do to help a friend or family member who gambles too much?

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF G53 = 1 GO TO G54  
OTHERWISE GO TO CHECK BEFORE G55

G54 Can you tell me what that is please?

**i Do not read. Probe, multiple responses allowed.**

- Tell them to get help / help them seek professional advice..... 1
- Ring / direct them to helpline ..... 2
- Txt / direct them to a txt helpline service ..... 3
- Search online / direct them to a website..... 4
- Get medical help..... 5
- Cut off / control their money for them ..... 6
- Help them with money management / budgeting / setting limits ..... 7
- Don't bail them out / don't lend them money ..... 8
- Stop/discourage gambling / limit access to gambling venues / exclude from gambling venues..... 9
- Encourage them to talk to bar staff..... 10
- Offer alternative activities / sports ..... 11
- Give them brochures / show ads / expose them to other gamblers' experiences..... 12
- Talk to them / make them aware of dangers / open discussion / confront them ..... 13
- Be supportive / listen to them / spend time with them ..... 14
- Exercise tough love / discipline them / let them bear the consequences ..... 15
- Pray for them / invite them to church..... 16
- Involve family / friends ..... 17
- Refer them to gamblers anonymous ..... 18
- Refer them to a community leader ..... 19
- Other (specify in G54a)..... 20

G54a What is that 'other' action?

IF GAMBLER GO TO G55  
OTHERWISE GO TO G56

G55 **If you were concerned about your own gambling, what would you do?** [G55=1 is UNIQUE]

**ⓘ Do not read. Do not probe. Multiple responses allowed.**

Nothing.....	1
Ring an 0800 helpline .....	2
Txt a helpline service .....	3
Get face-to-face counselling .....	4
Look on the Internet for support .....	5
Look on the Internet for self-help .....	6
Seek community support groups .....	7
Seek help from a GP, practice nurse or other health professional .....	8
Set a dollar figure before starting .....	9
Get someone you trust to manage the money .....	10
Separate money for betting from other money .....	11
Leave ATM and credit cards at home.....	12
Set a time limit .....	13
Avoid places that have betting or gambling as an attraction .....	14
Stop gambling.....	15
Have yourself excluded from a gambling venue .....	16
Talk to staff at gambling venue.....	17
Block or restrict times on gambling websites on your computer .....	18
Keep busy with other activities .....	19
Contact budgeting advice service, or other similar social service .....	20
Go to church / pray .....	21
Seek medical help .....	22
Talk to family / friends.....	23
Other (specify in G55a).....	24
Don't know .....	99
Refused.....	98

G55a **What is that 'other' action?**

G56 **Showcard G56**

**Before today which of these types of services had you heard of to help people who gamble too much? Please answer from Showcard G56. [G56=15 is UNIQUE]**

**Multiple responses allowed.**

**'Capri Hospital' falls under 'Private / paid treatment' – option 4.**

**Helpline**

- 0800 telephone helpline..... 1
- Txt a helpline service .....2

**Counselling / treatment / health professional**

- Free counselling / treatment service..... 3
- Private / paid treatment.....4
- Help from a GP, practice nurse or other health professional ..... 5

**Internet**

- Internet site – self-help ..... 6

**Support groups**

- Support groups ..... 7
- Gamblers anonymous..... 8

**Community support**

- Māori health service..... 9
- Pacific health service ..... 10
- Asian health service..... 11
- Church or community leader ..... 12
- Citizens Advice Bureau..... 13
- Salvation Army..... 14

**None**

- I have not heard of any ..... 15

**Other**

- Please specify in G56a ..... 16
- Don't know ..... 99
- Refused..... 98

G56a **What is that 'other service'?**

IF G56 =15 GO TO CHECK BEFORE G58  
OTHERWISE GO TO G57

G57 **Showcard G57**

**Which of these services that provides help with a gambling problem have you ever had to access, for you, or for someone else? Please choose your answer from Showcard G57.**

[G57=1 is UNIQUE]

**Multiple responses allowed.**

**If necessary, 'access' does not have to mean use of the service, it can mean enquiring/talking to a service.**

<b>None</b>	
None / I haven't had to.....	1
<b>Helpline</b>	
0800 telephone helpline.....	2
Txt a helpline service.....	3
<b>Counselling / treatment / health professional</b>	
Free counselling / treatment service.....	4
Private / paid treatment.....	5
Help from a GP, practice nurse or other health professional .....	6
<b>Internet</b>	
Internet site – self-help .....	7
<b>Support groups</b>	
Support groups .....	8
Gamblers anonymous.....	9
<b>Community support</b>	
Māori health service.....	10
Pacific health service .....	11
Asian health service.....	12
Church or community leader .....	13
Citizens Advice Bureau.....	14
Salvation Army.....	15
<b>Other</b>	
Please specify in G57a.....	16
Don't know .....	99
Refused.....	98

G57a **What is that 'other service'?**

IF GAMBLER GO TO G58  
OTHERWISE GO TO S\_INTRO

G58 **Showcard G58**

**Which of these ways have you used to avoid gambling too much in the past twelve months?**

**Please choose your answer from Showcard G58. [G58=1 is UNIQUE]**

**Multiple responses allowed.**

**None**

None / I haven't had to..... 1

**Monetary management**

Set a dollar figure before starting ..... 2

Get someone you trust to manage the money ..... 3

Separate money for betting from other money ..... 4

Leave ATM and credit cards at home..... 5

Don't spend money / buy if I don't have the money ..... 6

Prioritise your spending / household budgeting / spend money on other things ..... 7

**Avoidance / restriction**

Avoid places that have betting or gambling as an attraction ..... 8

Block or restrict times on gambling websites on your computer ..... 9

Self-control / know when to stop..... 10

Keep busy with other activities ..... 11

Set a time limit ..... 12

**Help from gambling venue**

Have yourself excluded from a gambling venue ..... 13

Talk to staff at gambling venue..... 14

**Other**

Stop gambling..... 15

Budgeting advice service, or other similar social service ..... 16

Aware of gambling addictions / problems..... 17

Play games or apps that don't win you money ..... 18

Gambling with a friend / family member ..... 19

Only buy if the prize is big..... 20

Buy to support charity / good cause ..... 21

Other (specify in G58a)..... 22

Don't know ..... 99

Refused..... 98

G58a **What is that 'other way'?**

G59 **The next question is about checking in with yourself about your gambling. In the last 12 months, have you had an occasion where you thought about whether your gambling was still just for fun?**

Yes..... 1

No ..... 5

Don't know ..... 9

Refused..... 8



## SECTION S: SKIN CANCER PREVENTION

[S\_INTRO] Our next set of questions are about spending time in the sun.

S1  **Showcard S1**

Looking at Showcard S1 [insert image of Sun Protection Alert], this is called the Sun Protection Alert. Have you seen this image before?

**ⓘ Once respondent has answered, close Showcard book/cover eShowcard screen before continuing to next question.**

Yes..... 1  
No .....5  
Don't know .....9  
Refused.....8

IF S1 =1 GO TO S2  
OTHERWISE GO TO S3

S2 **What do you think the Sun Protection Alert was telling you?**

**ⓘ Multiple responses allowed. Do not read out.**

The length of time it will take to burn ..... 1  
The strength of the sun's (UV) rays .....2  
How dangerous the sun is ..... 3  
When to protect from the sun / unsafe times to  
be in the sun / times to stay out of the sun ..... 4  
Safe times to be in the sun .....5  
Times to stay in the shade .....6  
To cover up .....7  
The risk of getting sunburnt ..... 8  
Sun protection factor of sunscreens ..... 9  
How hot or cold it is that day ..... 10  
To use sunscreen ..... 11  
Can get burnt on cloudy days ..... 12  
To reapply sunscreen ..... 13  
To be unsafe / protect from the sun ..... 14  
Other (specify in S2a) ..... 15  
Don't know .....99  
Refused.....98

S2a **What is that 'other thing'?**

S3 **Do you like to get a sun tan?**

**ⓘ DO NOT READ OUT.**

Yes..... 1  
No, don't like to get a sun tan .....5  
No, already dark-skinned..... 7  
Don't know .....9  
Refused.....8

S4 **Did you make any attempts to get a sun tan last summer?**

**ⓘ DO NOT READ OUT.**

**ⓘ If necessary: sunbeds are not included.**

Yes.....	1
No, didn't make any attempts .....	5
No, already dark-skinned.....	7
Don't know .....	9
Refused.....	8

S5 **📖 Showcard S5**

**We are interested in all skin types so we can understand how likely people are to burn.**

**Looking at Showcard S5, how would you describe your natural, untanned skin colour at the end of winter?**

**ⓘ If respondent has recently returned from an overseas holiday and has a tan, they should answer with their skin type before going on holiday.**

Very fair – always burning, never tan, sensitive to sun exposure; may have red hair, freckles.....	1
Fair – burns easily, tans a little; fair skinned, may have blue, green or grey eyes .....	2
Medium – burns moderately, tans slowly to light brown.....	3
Olive – burns a little, always tans to mid-brown; olive skin .....	4
Dark – burns rarely, tans to dark brown; brown skin .....	5
Very dark – rarely burns; dark brown skin .....	6
Black .....	7
Other (specify in S5a) .....	8
Don't know .....	99
Refused.....	98

S5a **What is that 'other skin colour'?**

S6 **The next question is about the last New Zealand spring and summer. By this I mean September 2015 to February 2016. During that time, how many times did you get sunburnt, where you got blisters or were in pain for two or more days?**

**ⓘ Record number. If none, record '0'.**

Don't know – 99

Refused – 98

S7 **Over that same time, how many times did you get sunburnt, where you had reddening or soreness of the skin after being in the sun?**

[IF S6>0] **Do not include the times you got blisters or were in pain for two or more days.**

**ⓘ Record number. If none, record '0'.**

Don't know – 99

Refused – 98

S8 **What are the things you do, if anything, to protect yourself from getting sunburnt? [S8=17 is UNIQUE]**

**① DO NOT READ OUT. Multiple responses allowed. Probe fully: What other things?**

**① A rash shirt is a lycra t-shirt worn for extra sun protection, especially when swimming.**

Cover up with clothing .....	1
Wear a hat .....	2
Wear sunglasses .....	3
Wear a rash shirt .....	4
Wear sunscreen.....	5
Reapply sunscreen regularly .....	6
Reapply sunscreen at least every two hours.....	7
Seek shade / stay in the shade / stay out of the sun.....	8
Plan outdoor activities outside of the peak sun times of 10–4 .....	9
Take extra care between 10am and 4pm .....	10
Take extra care at hottest part of the day.....	11
Slip, Slop, Slap .....	12
Slip, Slop, Slap and Wrap.....	13
Have a tan .....	14
Apply a fake tan.....	15
Other (specify in S8a).....	16
Nothing.....	17
Don't know .....	99
Refused.....	98

S8a **What is that 'other thing'?**

S9 **In the past 12 months, have you seen or received any information on preventing skin cancer at your doctor's clinic or at a pharmacy?**

**① By 'doctor's clinic' we mean your doctor's practice, medical centre, family practice or student health service.**

**① If necessary: your doctor or a practice nurse may have given you this information, or you may have seen the information in the clinic.**

Yes.....	1
No .....	5
Don't know .....	9
Refused.....	8

S10 **In the past two years, have you had a skin check from a doctor?**

**① This is where a doctor checks the skin on your whole body, as well as any unusual looking spots, freckles or moles.**

Yes.....	1
No .....	5
Don't know .....	9
Refused.....	8

S11 **In the past 12 months, has your doctor or nurse talked to you about your personal risk of getting skin cancer?**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

[PARENT/CAREGIVER] GO TO S12  
OTHERWISE GO TO A\_INTRO

S12 **📖 Showcard S5**

**Thinking now about Xxx's skin type and looking at Showcard S5, how would you describe the natural, untanned skin colour of Xxx at the end of winter?**

**🕒 If Xxx has recently returned from an overseas holiday and has a tan, they should answer with Xxx's skin type before going on holiday.**

- Very fair – always burning, never tan, sensitive to sun exposure; may have red hair, freckles..... 1
- Fair – burns easily, tans a little; fair skinned, may have blue, green or grey eyes ..... 2
- Medium – burns moderately, tans slowly to light brown ..... 3
- Olive – burns a little, always tans to mid-brown; olive skin ..... 4
- Dark – burns rarely, tans to dark brown; brown skin ..... 5
- Very dark – rarely burns, dark brown skin ..... 6
- Black ..... 7
- Other (specify in S12a) ..... 8
- Don't know ..... 99
- Refused..... 98

S12a **What is that 'other skin colour'?**

S13 **The next question is about last summer. This time I mean December 2015 to February 2016. During that time, did Xxx get sunburnt while you were looking after her/him, where she/he got blisters or was in pain for two or more days?**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

IF S13 = 1 GO TO S15  
OTHERWISE GO TO S14

S14 **And over that same time, did Xxx get sunburnt at all, where she/he had any amount of reddening or soreness of the skin after being in the sun?**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

S15 **What are the things you and Xxx do, if anything, to protect Xxx from getting sunburnt?**  
 [S15=17 is UNIQUE]

① **DO NOT READ OUT. Multiple responses allowed. Probe fully: What other things?**

① **A rash shirt is a lycra t-shirt worn for extra sun protection, especially when swimming.**

Cover up with clothing .....	1
Wear a hat .....	2
Wear sunglasses .....	3
Wear a rash shirt .....	4
Wear sunscreen.....	5
Reapply sunscreen regularly .....	6
Reapply sunscreen at least every two hours.....	7
Seek shade / stay in the shade /stay out of the sun.....	8
Plan outdoor activities outside of the peak sun times of 10–4 .....	9
Take extra care between 10am and 4pm .....	10
Take extra care at the hottest part of the day.....	11
Slip, Slop, Slap .....	12
Slip, Slop, Slap and Wrap.....	13
Have a tan .....	14
Apply a fake tan .....	15
Other (specify in S15a).....	16
Nothing.....	17
Don't know .....	99
Refused.....	98

S15a **What is that 'other thing'?**

## SECTION A: ALCOHOL

A\_INTRO I will now ask some questions about alcohol.

A1 **On how many days in the last four weeks did you have an alcoholic drink of any kind?**

① If you don't know exactly, an educated guess is okay.

① If asked, drinking alcohol means more than a sip.

① Interviewer note: if a range is given, probe for a single number of days.

① Interviewer note: If a respondent continues to give a range, take the midpoint, for example the midpoint of "2–4 days" is "3 days". If a respondent gives a borderline response, for example "5 or 6 days", take the conservative response of "5 days".

\_\_\_\_\_ [Enter number from 1 to 28] ... 1

I don't drink alcohol..... 96

I do drink but haven't in the last four weeks ..... 97

Don't know ..... 99

Refused ..... 98

IF A1=97 GO TO A2  
IF A1=96 GO TO A6  
OTHERWISE GO TO A3

A2 **Have you had a drink containing alcohol in the last year?**

Yes..... 1

No ..... 5

Don't know ..... 9

Refused..... 8

GO TO A6

A3 **The next question is about the places that you drink alcohol.**

**In the last four weeks, about how many times have you drunk alcohol at any of the following locations?**

① If you don't know exactly, an educated guess is okay.

① Interviewer note: if a range is given, probe for a single number of days.

① Interviewer note: If a respondent continues to give a range, take the midpoint, for example the midpoint of "2–4 times" is "3 times". If a respondent gives a borderline response, for example "5 or 6 times", take the conservative response of "5 times".

A3a **Your home...**

A3b **Someone else's home...**

A3c **A pub or nightclub...**

A3d **A restaurant or café...**

A3e **A car, beach, park or public place...**

\_\_\_\_\_ [Enter number from 0 to 50] ... 1

Don't know ..... 9

Refused..... 8

A4\_I “The next few questions are about times when you drank more than [5/6] alcoholic drinks on one occasion.

By a drink, I mean a standard drink, that is, one can or stubbie of beer, half a large bottle of beer, one small glass of wine or one nip of spirits. The showcard can help you estimate the number of standard drinks you have drunk. It shows some examples of the number of standard drinks in different alcoholic drinks.”

[PROGRAMMER NOTE: SET 1 CONTAINS QUESTIONS A4a AND A5a. SET 2 CONTAINS QUESTIONS A4b AND A5b. RANDOMISE WHO IS ASKED QUESTION A4a FIRST AND WHO IS ASKED QUESTION A4b FIRST.]

ROTATE A4a & A4b

A4a [use showcard with images of standard drink]

Showcard A4

[for females:] How many times did you have five or more drinks on one occasion in the last four weeks?

[for males:] How many times did you have six or more drinks on one occasion in the last four weeks?

[PROGRAMMER NOTE: OPTION 97 SHOULD SHOW AT THE TOP OF THE LIST]

- \_\_\_\_\_ [Enter number from 1 to 28] ... 1
- Not in the last month..... 97
- Don't know ..... 99
- Refused ..... 98

IF A4a=97 THEN GO TO A6  
OTHERWISE GO TO A5a

A4b [use showcard with images of standard drink]

Showcard A4

[for females:] How many times did you have nine or more drinks on one occasion in the last four weeks?

[for males:] How many times did you have eleven or more drinks on one occasion in the last four weeks?

[PROGRAMMER NOTE: OPTION 97 SHOULD SHOW AT THE TOP OF THE LIST]

- \_\_\_\_\_ [Enter number from 1 to 28] ... 1
- Not in the last month..... 97
- Don't know ..... 99
- Refused ..... 98

GO TO A5b

A5a [use showcard with images of standard drink]

Showcard A4

[for females:] How many times did you have nine or more drinks on one occasion in the last four weeks?

[for males:] How many times did you have eleven or more drinks on one occasion in the last four weeks?

[PROGRAMMER NOTE: OPTION 97 SHOULD SHOW AT THE TOP OF THE LIST]

- \_\_\_\_\_ [Enter number from 1 to 28] ... 1
- Not in the last month..... 97
- Don't know ..... 99
- Refused ..... 98

A5b [\[use showcard with images of standard drink\]](#)

[📖 Showcard A4](#)

**[for females:] How many times did you have five or more drinks on one occasion in the last four weeks?**

**[for males:] How many times did you have six or more drinks on one occasion in the last four weeks?**

[PROGRAMMER NOTE: OPTION 97 SHOULD SHOW AT THE TOP OF THE LIST]

- \_\_\_\_\_ [Enter number from 1 to 28] ... 1
- Not in the last month.....97
- Don't know ..... 99
- Refused .....98

**Looking at Showcard A6, please tell me how much you would support or oppose the following changes, if they were made to help reduce the problems associated with alcohol use. You might know that your local council can now develop a local alcohol policy that helps determine how alcohol is sold or supplied in your local area.**

A6 [📖 Showcard A6](#)

**Reducing the hours when alcohol can be sold in my community where I live...**

- Strongly support..... 1
- Support .....2
- Neither support nor oppose ..... 3
- Oppose .....4
- Strongly oppose.....5
- Don't know ..... 9
- Refused.....8

A7 [📖 Showcard A6](#)

**Increasing the restrictions on alcohol advertising or promotion that is seen or heard by people under 18 years of age...**

- Strongly support..... 1
- Support .....2
- Neither support nor oppose ..... 3
- Oppose .....4
- Strongly oppose.....5
- Don't know ..... 9
- Refused.....8

A8 [📖 Showcard A6](#)

**Banning alcohol-related sponsorship of events that people under the age of 18 may attend...**

- Strongly support..... 1
- Support .....2
- Neither support nor oppose ..... 3
- Oppose .....4
- Strongly oppose.....5
- Don't know ..... 9
- Refused.....8



A9  **Showcard A9**

**Do you think the number of places where alcohol can be bought in your local area is too few, about right, or too many?**

**① Local area means local community, nearby suburbs, places you visit within your local area, shopping areas, where schools are, etc.**

- Too few ..... 1
- About right ..... 2
- Too many ..... 3
- Don't know ..... 9
- Refused..... 8

IF [A1≠96, 98-99 OR A2=1] GO TO A10  
OTHERWISE GO TO A13

A10 **In the last 12 months have you thought about cutting back on how much you drink?**

- Yes ..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

A11 **And in the last 12 months, have you made a serious attempt to cut back on how much you drink?**

- Yes ..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

A12  **Showcard A12**

**If you were trying to cut back on drinking, do you think you would look for advice or support from any of the following? [A12=15 is UNIQUE]**

**① Multiple responses allowed.**

**① If respondent says 'Do it myself', probe to understand if this means 'Self-help' or 'No help'.**

- An 0800 telephone helpline (e.g. Alcohol and Drug Helpline) ..... 1
- A website about alcohol issues (e.g. Alcohol.org.nz, alcoholdrughelp.org.nz) ..... 2
- A website about supporting cutting back (e.g. Living Sober, Hello Sunday Morning, Dry July) ..... 3
- A general Internet search ..... 4
- A self-help or peer support group ..... 5
- Social services ..... 6
- A community alcohol and drug service ..... 7
- A doctor / GP ..... 8
- A midwife ..... 9
- A Māori community health worker ..... 10
- A Pacific community health worker ..... 11
- A counsellor ..... 12
- A friend or family member ..... 13
- Church / prayer ..... 14
- No, none of the above ..... 15
- Other (specify in A12a) ..... 16
- Don't know ..... 99
- Refused..... 98

A12a **What is that 'other place'?**

A13 **In the last 12 months have you sought treatment for an injury/accident from your doctor/GP or other medical provider?**

- Yes..... 1
- No .....5
- Don't know ..... 9
- Refused.....8

IF [A13=1] AND [A1≠96, 98-99 OR A2=1] GO TO A14  
OTHERWISE GO TO CHECK BEFORE A16

A14 **Did you have alcohol in the 6 hours immediately before that injury or accident occurred?**

**① If necessary: we are asking about your alcohol consumption and whether that had an impact on your injury/accident, not someone else's alcohol consumption.**

- Yes..... 1
- No .....5
- Don't know ..... 9
- Refused.....8

IF A14=1 GO TO A15  
OTHERWISE GO TO CHECK BEFORE A16

A15 **Do you believe that your consumption of alcohol contributed to your injury or accident occurring?**

**① If necessary: we are asking about your alcohol consumption and whether that contributed your injury/accident, not someone else's alcohol consumption.**

- Yes..... 1
- No .....5
- Don't know ..... 9
- Refused.....8

[PARENT/CAREGIVER] GO TO A17  
OTHERWISE GO TO A18\_I

A16 **In your opinion how old should someone be before they are allowed to drink at home or at a restaurant, under the supervision of their parents or another responsible adult?**

- ..... 1
- People shouldn't drink at all (at any age) ..... 97
- Don't know ..... 99
- Refused ..... 98

IF B7 ≥10 GO TO A17  
OTHERWISE GO TO A18\_I

A17 **Have you ever allowed Xxx to drink alcohol under your or another parent or caregivers' supervision?**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

A18\_I **Please tell me how much you agree or disagree with the following statement, using Showcard A18.**

A18  **Showcard A18**

**Having nutrition information about energy content (that is, calories or kilojoules) on alcoholic beverages would influence how much I drink, or what I choose to drink.**

- Strongly agree ..... 1
- Agree .....2
- Neither agree nor disagree .....3
- Disagree .....4
- Strongly disagree .....5
- Not applicable – I don't drink .....6 [NOT ON SHOWCARD]
- Don't know .....9
- Refused.....8

## SECTION F, PART 1: FOOD AND DRINKS

[PARENT/CAREGIVER] GO TO F1\_INTRO  
OTHERWISE GO TO CHECK BEFORE F2\_INTRO

[F1\_INTRO] The next questions are about food and drinks.

F1  [Showcards F1 1–9](#)

I want you to think about ALL the foods and drinks that Xxx eats. I'm going to show you a series of showcards, on the bottom is a picture of the type of food or drink we want to ask you about. At the top are the options for your answer. You can use any answer option, from 1 to 8.

You would answer 8 if Xxx eats or drinks it twice a day or more.






You answer 1 if Xxx never eats or drinks it.

I'll ask you to say about how often Xxx eats or drinks each, this includes when he/she isn't at home.

 **READ EACH DESCRIPTOR – enter reply for each.**

 **Assist with scale if needed.**

 **Enter reply for each (DK and Ref are allowed).**

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
1	Water – unflavoured. E.g. from tap, cooler, or bottle. Hot or cold	8	7	6	5	4	3	2	1	99	98
2	Standard silver or dark blue top milk, or milk powder  This includes milk consumed in small quantities e.g. tea and coffee.	8	7	6	5	4	3	2	1	99	98
3	Reduced fat milk and/or milk powder e.g. light blue, green, yellow  This doesn't include soy.  This includes milk consumed in small quantities e.g. tea and coffee.	8	7	6	5	4	3	2	1	99	98
4	Flavoured milk including milkshakes	8	7	6	5	4	3	2	1	99	98
5	Fruit juice	8	7	6	5	4	3	2	1	99	98
6	Juice from concentrate, powder or cordials	8	7	6	5	4	3	2	1	99	98
7	Soft drinks, fizzy drinks, sports, energy drinks  This doesn't include diet drinks.  Coca Cola Life is included.	8	7	6	5	4	3	2	1	99	98
8	Fruit – Any fruit including fresh, tinned, frozen or dried, cooked or raw	8	7	6	5	4	3	2	1	99	98

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
9	<b>Vegetables – Any vegetables including fresh, tinned, frozen, salads, mixed vegetable dishes, cooked or raw</b>	8	7	6	5	4	3	2	1	99	98

## SECTION F, PART 2: FOOD AND DRINKS

[PROGRAMMER NOTE: WHEN THE RESPONDENT IS TAKING BOTH THE PCG AND ADULT SURVEY, THEY SHOULD BE GIVEN F2\_INTRO1]

[PARENT/CAREGIVER] GO TO F2\_INTRO1  
OTHERWISE GO TO F2\_INTRO2

[F2\_INTRO1] Now I want you to think about all the foods and drinks that **YOU** eat. I'll show those foods and drinks again and ask you to say about how often **you** eat or drink each, **this includes when you aren't at home.**

GO TO F2

[F2\_INTRO2] I want you to think about ALL the foods and drinks that **YOU** eat. I'm going to show you a series of showcards, on the bottom is a picture of the type of food or drink we want to ask you about. At the top are the options for your answer. You can use any answer option, from 1 to 8.

You would answer 8 if you eat or drink it twice a day or more.

You answer 1 if you **never** eat or drink it.




### F2 Showcards F2 1–9

I'll ask you to say about how often **you** eat or drink each, **this includes when you aren't at home.**

 READ EACH DESCRIPTOR – enter reply for each.

 Assist with scale if needed.

 Enter reply for each (DK and Ref are allowed).

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
1	Water – unflavoured. E.g. from tap, cooler, or bottle. Hot or cold	8	7	6	5	4	3	2	1	99	98
2	Standard silver or dark blue top milk, or milk powder  This includes milk consumed in small quantities e.g. tea and coffee.	8	7	6	5	4	3	2	1	99	98
3	Reduced fat milk and/or milk powder e.g. light blue, green, yellow  This doesn't include soy.  This includes milk consumed in small quantities e.g. tea and coffee.	8	7	6	5	4	3	2	1	99	98
4	Flavoured milk including milkshakes	8	7	6	5	4	3	2	1	99	98
5	Fruit juice	8	7	6	5	4	3	2	1	99	98
6	Juice from concentrate, powder or cordials	8	7	6	5	4	3	2	1	99	98
7	Soft drinks, fizzy drinks, sports, energy drinks	8	7	6	5	4	3	2	1	99	98

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
	<p>ⓘ This doesn't include diet drinks.</p> <p>ⓘ Coca Cola Life is included.</p>										
8	<b>Fruit – Any fruit including fresh, tinned, frozen or dried, cooked or raw</b>	8	7	6	5	4	3	2	1	99	98
9	<b>Vegetables – Any vegetables including fresh, tinned, frozen, salads, mixed vegetable dishes, cooked or raw</b>	8	7	6	5	4	3	2	1	99	98

## SECTION F, PART 3: FOOD AND DRINKS

[F3\_INTRO] One more section on food and drinks. This section includes questions about your meals, grocery shopping and your opinions.

- F3 How many times in the past seven days has your main meal of the day been prepared at home?
- ① If asked, 'main meal' means the largest meal of the day; if all meals are the same size then ask them to refer to the evening meal.
- ① If asked, this includes meals that have been added to with takeaways like rice or hot chips.
- \_\_\_\_\_ [Enter number from 0 to 7]
- Don't know .....99
- Refused.....98


IF F3 =7 GO TO F5\_INTRO  
OTHERWISE GO TO F4

- F4 How many times in the past seven days has your main meal of the day been bought outside the home, like takeaways or at a restaurant?
- ① If asked, 'main meal' means the largest meal of the day; if all meals are the same size then ask them to refer to the evening meal.
- ① Bought outside the home means bought at a takeaway outlet, foodcourt, cafe, pub, petrol station, dairy.
- \_\_\_\_\_ [Enter number from 0 to 7]
- Don't know .....99
- Refused.....98

IF F3 =0, 99 OR 98 GO TO F6  
OTHERWISE GO TO F5\_INTRO

[F5\_INTRO] I'm now going to ask you about non-starchy vegetables like those on Showcard F5. These can be either fresh, frozen or canned, and usually include the bright colourful ones like carrots, peas and broccoli, and green leafy, and salad vegetables, but do not include potatoes, kumara, or taro.

IF F3 =1, GO TO F5a  
IF F3 >1, GO TO F5b

- F5a  **Showcard F5**
- Thinking again about the meal prepared at home in the past week, do you think non-starchy vegetables made up at least half of the meal?
- ① This includes raw and cooked, hot and cold vegetables and salad.
- ① This includes fresh, frozen and canned vegetables.
- ① This includes meals either partially or entirely prepared at home.
- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

GO TO F6



F5b **Showcard F5**  
**Thinking again about the meals prepared at home in the past week, in how many of these meals do you think non-starchy vegetables made up at least half of the meal?**

- ① **This includes raw and cooked, hot and cold vegetables and salad.**
- ① **This includes fresh, frozen and canned vegetables.**
- ① **This includes meals either partially or entirely prepared at home.**

\_\_\_\_\_ [Enter number from 0 to F3 response]

Don't know ..... 99

Refused..... 98

F6 **Showcard F6**

**Which sources do you use for information about preparing food at home? [F6=7 is UNIQUE]**

① **Multiple responses allowed.**

Recipe books ..... 1

Internet..... 2

Own knowledge ..... 3

Family/ friends' knowledge ..... 4

Recipe cards from the supermarket ..... 5

Magazines ..... 6

None ..... 7

Other (specify in F6a) ..... 8

Don't know ..... 99

Refused..... 98

F6a **Where is that 'other source'?**

F7 **Showcard F7**

**How often do you use the following techniques to prepare food at home? Please choose your answer from Showcard F7.**

① **If asked, using the microwave does not include warming up previously cooked food, or defrosting food to be cooked in another way.**

		At least once a day	5 to 6 times a week	2 to 4 times a week	At least once a week	At least once a fortnight	At least once a month	Less often than once a month	Never	Don't know	Ref-used
1	<b>Boiling</b>	1	2	3	4	5	6	7	8	99	98
2	<b>Frying</b>	1	2	3	4	5	6	7	8	99	98
3	<b>Deep frying</b>	1	2	3	4	5	6	7	8	99	98
4	<b>Roasting / oven cooking</b>	1	2	3	4	5	6	7	8	99	98
5	<b>Grilling</b>	1	2	3	4	5	6	7	8	99	98
6	<b>Slow cooker / casserole</b>	1	2	3	4	5	6	7	8	99	98
7	<b>Microwave</b>	1	2	3	4	5	6	7	8	99	98
8	<b>Steaming</b>	1	2	3	4	5	6	7	8	99	98
9	<b>Other</b>	1	2	3	4	5	6	7	8	99	98

F8 **Showcard F8**

Looking at Showcard F8, how long do you (or the person who usually prepares the meals), normally spend preparing the main meal of the day for your household?

**ⓘ If asked, 'main meal' means the largest meal of the day; if all meals are the same size then ask them to refer to the evening meal.**

5 minutes or less.....	1
6 to 15 minutes .....	2
16 to 30 minutes .....	3
31 to 59 minutes .....	4
1 to 2 hours.....	5
More than 2 hours.....	6
Don't know .....	9
Refused.....	8

[PARENT/CAREGIVER] GO TO F9  
OTHERWISE GO TO F10\_I

F9 **Showcard F9**

How often does Xxx help with preparing or cooking food? Choose your answer from Showcard F9.

**ⓘ If asked, this can include things like baking, cutting vegetables.**

**ⓘ If asked, this does not include things like putting cereal in a bowl, microwaving a ready-to-eat item.**


Most days of the week or more often .....	1
About 4 days a week .....	2
About 2–3 days a week .....	3
About once a week .....	4
Once or twice a fortnight.....	5
Once or twice a month.....	6
Less often than once or twice a month.....	7
Never .....	8
Don't know .....	99
Refused.....	98

F10\_I I'm going to read out some statements. Please tell me how much you agree or disagree with the following statements, using Showcard F10.


F10 **Showcard F10**

**I can prepare a healthy meal.**


Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree.....	5
Don't know .....	9
Refused.....	8

F11  **Showcard F10**  
**I can tell whether food is healthy or unhealthy using the label on the packet or tin.**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree .....	5
Don't know .....	9
Refused.....	8

F12  **Showcard F10**  
**I often find I don't have the right food to make a meal at home.**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree .....	5
Don't know .....	9
Refused.....	8

F13  **Showcard F13**  
**How often do all, or most, of the members of your household eat the main meal of the day together? Choose your answer from Showcard F13.**  
**① If asked, 'main meal' means the largest meal of the day; if all meals are the same size then ask them to refer to the evening meal.**

Always.....	1
Frequently.....	2
Sometimes.....	3
Almost never .....	4
Never .....	5
Don't know .....	9
Refused.....	8

F14a  **Showcard F13**  
**How often does your household eat in the following places in the house? Please answer from Showcard F13.**

**Dining room or kitchen (table / bench).**

Always.....	1
Frequently.....	2
Sometimes.....	3
Almost never .....	4
Never .....	5
Not applicable – don't have this room in my house .....	6 [NOT ON SHOWCARD]
Don't know .....	9
Refused.....	8

F14b  **Showcard F13**  
**Living room / TV room.**

Always.....	1	
Frequently.....	2	
Sometimes.....	3	
Almost never.....	4	
Never.....	5	
Not applicable – don't have this room in my house.....	6	[NOT ON SHOWCARD]
Don't know.....	9	
Refused.....	8	

[PARENT/CAREGIVER] GO TO F15  
 OTHERWISE GO TO F16

F15  **Showcard F15**

**In a usual week, how often does Xxx have her/his main meal of the day sitting down at a table with you or other members of the household? Please choose your answer from Showcard F15.**

**ⓘ If asked, 'main meal' means the largest meal of the day; if all meals are the same size then ask them to refer to the evening meal.**

1 day a week.....	1
2 days a week.....	2
3 days a week.....	3
4 days a week.....	4
5 days a week.....	5
6 days a week.....	6
7 days a week.....	7
Never.....	8
Don't know.....	99
Refused.....	98

F16  **Showcard F16**

**Please look at Showcard F16. How often does your household buy food or drinks from... A dairy, petrol station or other convenience store like a four square?**

**ⓘ Household includes you, your family, flatmates etc., who live in your home with you.**

At least once a day.....	1
5 to 6 times a week.....	2
2 to 4 times a week.....	3
At least once a week.....	4
At least once a fortnight.....	5
At least once a month.....	6
Less often than once a month.....	7
Never.....	8
Don't know.....	99
Refused.....	98

F17 **Showcard F16**  
**Takeaway outlets or foodcourts?**  
**Household includes you, your family, flatmates etc., who live in your home with you.**

At least once a day .....	1
5 to 6 times a week .....	2
2 to 4 times a week .....	3
At least once a week .....	4
At least once a fortnight .....	5
At least once a month .....	6
Less often than once a month .....	7
Never .....	8
Don't know .....	99
Refused.....	98

F18 **Showcard F16**  
**Restaurants, cafes, bars or pubs?**  
**Household includes you, your family, flatmates etc., who live in your home with you.**

At least once a day .....	1
5 to 6 times a week .....	2
2 to 4 times a week .....	3
At least once a week .....	4
At least once a fortnight .....	5
At least once a month .....	6
Less often than once a month .....	7
Never .....	8
Don't know .....	99
Refused.....	98

F19 **Showcard F16**  
**The green grocer, fruit and vegetable shops or markets, or farmers' markets?**  
**Household includes you, your family, flatmates etc., who live in your home with you.**  
**Once respondent has answered, close Showcard book before continuing to next question.**

At least once a day .....	1
5 to 6 times a week .....	2
2 to 4 times a week .....	3
At least once a week .....	4
At least once a fortnight .....	5
At least once a month .....	6
Less often than once a month .....	7
Never .....	8
Don't know .....	99
Refused.....	98

F20 **Generally when you are buying food or drinks for your household, what things do you think affect your choices?**

① **Do not read out. Multiple responses allowed.**

① **Once respondent has answered, close Showcard book/cover eShowcard screen before continuing to next question.**

① **'Availability' refers to whether the food is available or not for purchase; 'buying what's there'.**

Cost / price.....	1
Specials .....	2
Availability.....	3
Freshness .....	4
Quality.....	5
Healthiness .....	6
Allergens.....	7
Nutrition labelling .....	8
Presentation / packaging .....	9
Taste.....	10
What the family like / eat / need .....	11
Seasonality .....	12
Other (specify in F20a) .....	13
I do not buy food or drinks for our household....	14
Don't know .....	99
Refused.....	98

F20a **What is that 'other thing'?**

F21 **How much money does your household usually spend each week on food and drinks bought from the supermarket, the green grocer, fruit and vegetable shops or markets, or farmers' markets?**

① **Note, if main household shop is done fortnightly or monthly, then divide appropriately.**

① **Amount should be given to the nearest dollar.**

Don't know – 99

Refused – 98

IF F21 = 99 OR 98 GO TO F22  
OTHERWISE GO TO F23

F22 **Showcard F22**

In that case, would you be able to tell me how much your household usually spends each week on food and drinks from the supermarket, the green grocer, fruit and vegetable shops or markets, or farmers' markets, using Showcard F22?

\$0 .....	0
\$1 – \$50 .....	1
\$51 – \$100 .....	2
\$101 – \$150 .....	3
\$151 – \$200 .....	4
\$201 – \$250 .....	5
\$251 – \$300 .....	6
\$301 – \$350 .....	7
\$351 – \$400 .....	8
\$401 or more .....	9
Don't know .....	99
Refused.....	98

F23 **How much money does your household usually spend each week on food and drinks bought anywhere else, for example, at a dairy, petrol station, takeaway outlet, foodcourt, café or pub?**

Don't know – 99    Refused – 98

IF F23 = 99 OR 98 GO TO F24  
OTHERWISE GO TO F25

F24 **Showcard F22**

In that case, would you be able to tell me how much your household usually spends each week on food and drinks bought anywhere else, using Showcard F22?

**ⓘ Include food bought at a dairy, petrol station, takeaway outlet, foodcourt, café or pub.**

\$0 .....	0
\$1 – \$50 .....	1
\$51 – \$100 .....	2
\$101 – \$150 .....	3
\$151 – \$200 .....	4
\$201 – \$250 .....	5
\$251 – \$300 .....	6
\$301 – \$350 .....	7
\$351 – \$400 .....	8
\$401 or more .....	9
Don't know .....	99
Refused.....	98

F25

**Showcard F25**

Looking at Showcard F25, how much do you agree or disagree with the following statement:  
“The price of full sugar drinks should be increased to limit how much people drink them”

**ⓘ If asked, ‘full sugar drinks’ include soft drinks, fizzy drinks, sports and energy drinks.**

Strongly agree .....	1
Agree .....	2
Neither agree nor disagree .....	3
Disagree .....	4
Strongly disagree .....	5
Don't know .....	9
Refused.....	8



## SECTION P: PHYSICAL ACTIVITY

[P1\_INTRO] I'm now going to ask you about the time you spent being physically active in the last 7 days, from last [XXX] to yesterday. Do not include activity undertaken today.

By 'active' I mean doing anything using your muscles. Think about activities at work, school or home, getting from place to place, and any activities you did for exercise, sport, recreation or leisure.

I will ask you separately about brisk walking, moderate-intensity activities, and vigorous-intensity activities.

P1 During the last 7 days, on how many days did you walk at a brisk pace – a brisk pace is a pace at which you are breathing harder than normal? This includes walking at work, walking to travel from place to place, and any other walking that you did solely for recreation, sport, exercise or leisure.

Think *only* about walking done for at least 10 minutes at a time.

\_\_\_\_\_ days per week [Range 0–7]

Don't know ..... 99

Refused..... 98

IF P1=0, 99, 98 GO TO P3 OTHERWISE GO TO P2
--

P2 How much time did you typically spend walking at a brisk pace on each of those days? [Record]

① Interviewer to confirm: "so that was x hours and x mins on each of those days?"

\_\_\_\_\_ hours \_\_\_\_\_ minutes [Minute range 0–59]

Don't know / Can't remember ..... 99

Refused..... 98

P3  **Showcard P3**

During the last 7 days, on how many days did you do moderate-intensity physical activities? 'Moderate-intensity' activities make you breathe harder than normal, but only a little – like carrying light loads, bicycling at a regular pace, or other activities like those on Showcard P3. Do not include walking of any kind.

Think only about those physical activities done for at least 10 minutes at a time.

① If none enter 0.

① Activities shown on Showcard P3 are examples and do not exclude other activities respondent may feel fall into this category.

① Activities on Showcard P3 and P5 are interchangeable. If a respondent defines an activity as being moderate, even though it is on Showcard P5 (Vigorous Physical Activity) it must be included in P3.

\_\_\_\_\_ days per week [Range 0–7]

Don't know ..... 99

Refused..... 98

IF P3=0, 99, 98 GO TO P5 OTHERWISE GO TO P4
--


P4 How much time did you typically spend on each of those days doing moderate-intensity physical activities? [Record]

① Interviewer to confirm: "so that was x hours and x mins on each of those days?"

\_\_\_\_\_ hours \_\_\_\_\_ minutes [Minute range 0–59]

Don't know / Can't remember ..... 99

Refused..... 98

P5  **Showcard P5**  
 During the last 7 days, on how many days did you do vigorous-intensity physical activities? ‘Vigorous-intensity’ activities make you breathe a lot harder than normal (‘huff and puff’) – like heavy lifting, digging, aerobics, fast bicycling, or other activities like those shown on Showcard P5.

Think only about those physical activities done for at least 10 minutes at a time.

① If none enter 0.

① Activities shown on Showcard P5 are examples and do not exclude other activities being mentioned.

① Activities on Showcard P3 and P5 are interchangeable. If a respondent defines an activity as being vigorous, even though it is on Showcard P3 (Moderate Physical Activity) it must be included in P5.

\_\_\_\_\_ days per week [Range 0–7]

Don't know ..... 99

Refused..... 98

IF P5=0, 99, 98 GO TO P7  
 OTHERWISE GO TO P6

P6 **How much time did you typically spend on each of those days doing vigorous-intensity physical activities? [Record]**

① Interviewer to confirm: “so that was x hours and x mins on each of those days?”

\_\_\_\_\_ hours \_\_\_\_\_ minutes [Minute range 0–59]

Don't know / Can't remember ..... 99

Refused..... 98

P7 **Thinking about all your activities over the last 7 days (including brisk walking), on how many days did you engage in:**

• at least 30 minutes of moderate activity (including brisk walking) that made you breathe a little harder than normal, OR

• at least 15 minutes of vigorous activity that made you breathe a lot harder than normal (‘huff and puff’)?

\_\_\_\_\_ days per week [Range 0–7]

Don't know ..... 99

Refused..... 98

P8 **During the last 7 days, how much time did you typically spend sitting on a weekday? This question is about the time you spend sitting while at work, at home, while travelling and during leisure time. This includes time spent sitting at a desk, visiting friends, reading or sitting or lying down to watch television.**

① Include time spent lying down (awake) as well as sitting.

① If necessary: An average time per day spent sitting is wanted. If the respondent can't answer because the pattern of time spent varies widely from day to day, ask: “What is the total amount of time you spent sitting last Wednesday?”

① Interviewer to confirm: “so that was x hours and x mins for one typical weekday?”

\_\_\_\_\_ hours \_\_\_\_\_ minutes [Minute range 0–59]

Don't know / Can't remember ..... 99

Refused..... 98

P9 During the last 7 days, how much time did you typically spend sitting on a weekend day? This question is about the time you spend sitting while at work, at home, while travelling and during leisure time. This includes time spent sitting at a desk, visiting friends, reading or sitting or lying down to watch television.

① Include time spent lying down (awake) as well as sitting.

① If necessary: An average time per day spent sitting is wanted. If the respondent can't answer because the pattern of time spent varies widely from day to day, ask: "What is the total amount of time you spent sitting last Saturday?"

① Interviewer to confirm: "so that was x hours and x mins for one typical weekend day?"

\_\_\_\_\_ hours \_\_\_\_\_minutes [Minute range 0–59]

Don't know / Can't remember ..... 99

Refused..... 98

[PARENT/CAREGIVER] GO TO P10 OTHERWISE GO TO C_INTRO
---

P10 During the last 7 days, how much time did Xxx spend playing/practising sport outside of school hours overall? Sport is a competitive team or individual physical activity. [Record]

① If necessary: If average time per day is given, then multiply the time spent on one average day by 7 to get a total figure for the week.

① Interviewer to confirm: "so that was x hours and x mins over the 7 days?"

\_\_\_\_\_ hours \_\_\_\_\_minutes [Minute range 0–59]

Don't know / Can't remember ..... 99

Refused..... 98

P11 Now thinking about other physical activities, such as dance, gym, walking for fitness. During the last 7 days, how much time did Xxx spend on these outside of school hours? [Record]

① If necessary: If average time per day is given, then multiply the time spent on one average day by 7 to get a total figure for the week.

① Interviewer to confirm: "so that was x hours and x mins over the 7 days?"

\_\_\_\_\_ hours \_\_\_\_\_minutes [Minute range 0–59]

Don't know / Can't remember ..... 99

Refused..... 98

## SECTION C: CHILD / FAMILY HEALTH

### SECTION C-1: IMMUNISATION

[C\_INTRO] We are getting towards the end of the interview now, this section has a variety of health and lifestyle related questions.

C\_1 In the first part of this section, you will be asked about immunisation.

[PARENT/CAREGIVER] GO TO C1  
OTHERWISE GO TO C8

C1  **Showcard C1**

**Which of the following best describes the vaccine history of Xxx?**

- They have received **all** recommended vaccines to date ..... 1
- They have received **some, but not all** recommended vaccines ....2
- They have **not received any** recommended vaccines .....3
- I don't know their vaccine history.....4
- Don't know .....9
- Refused.....8

IF C1 = 2 OR 3 GO TO C2  
OTHERWISE GO TO C3

C2  **Showcard C2**

**Why hasn't Xxx received all their recommended vaccines?**

 **Multiple responses allowed.**

- Worried about vaccination safety and possible side effects ..... 1
- Vaccines not 100% effective in preventing diseases .....2
- Chances of getting a disease are low.....3
- Disease(s) not serious .....4
- Don't believe vaccinations are necessary as I support my child's natural immunity .....5
- Too hard to get to the doctor / costs too much / services not nearby .....6
- Haven't got around to it but intend to.....7
- Have chosen to delay their immunisations .....8
- Other (please specify in C2a) .....9
- Don't know .....99
- Refused.....98

C2a **What is that 'other reason'?**

**C3 What concerns, if any, do you have about recommended vaccines? [C3=1 is UNIQUE]**  
**① Do not read. Probe, multiple responses allowed.**

None .....	1
Concerned about the immediate side effects (e.g. fever, rash, illness, allergic reaction, fear of getting the condition/disease) .....	2
Concerned about long-lasting side effects (e.g. learning disabilities, asthma, diabetes, immune system problems) .....	3
Doubts about effectiveness against disease .....	4
Injections are painful for my child .....	5
Object to the ingredients in the vaccine (e.g. animal products, 'unnatural' products) .....	6
Other (please specify in C3a) .....	7
Don't know .....	99
Refused.....	98

**C3a What is that 'other concern'?**

**C4 Which sources have you used to obtain vaccine information for Xxx? [C4=1 is UNIQUE]**  
**① Do not read. Multiple responses allowed.**

**① Facebook is 'Social media'**

**None**

I have not used any sources.....	1
----------------------------------	---

**Health care providers / support**

Speaking with health care providers (e.g. Doctor / GP, practice nurse, paediatrician, midwife) .....	2
Pharmacists .....	3
Printed materials from health-care provider .....	4
At hospital .....	5
Alternative health care providers (e.g. chiropractors, acupuncturists) .....	6
Plunket.....	7

**Internet / social media / helplines**

Internet – doing a search on words I choose.....	8
Internet – looking at specific websites that I know .....	9
Social media .....	10
Immunisation Advisory Centre website .....	11
0800 IMMUNE or Healthline call centre .....	12

**Other**

Family / friends .....	13
Government (e.g. Ministry of Health, Health Promotion Agency)..	14
Religious leader and organisations .....	15
Vaccine companies.....	16
Media (e.g. TV, radio, newspapers, books, magazines) .....	17
Medical journals.....	18
Books.....	19
Communication from my child's school .....	20
Other (please specify in C4a) .....	21

Don't know .....	99
Refused.....	98

C4a **What is that 'other source'?**

IF C1= 1 OR 2 GO TO C5  
 OTHERWISE GO TO C6

C5  **Showcard C5**

**What are the main reasons you get Xxx immunised?**

 **Multiple responses allowed.**

Protects them against disease .....	1
Protects others against disease .....	2
Gives me a sense of relief .....	3
Feel pressured to do so from family and/or friends .....	4
Prompted by a health professional .....	5
It's free .....	6
So they can attend child care .....	7
So they can participate in sports activities.....	8
So they can travel overseas .....	9
Other (please specify in C5a) .....	10
Don't know .....	99
Refused.....	98

C5a **What is that 'other reason'?**

C6  **Showcard C6**

**Which statement is most correct for you? Please answer from Showcard C6.**

<b>None</b> of my family and/or friends have their children immunised ...	1
<b>A few</b> of my family and/or friends have their children immunised...	2
<b>Many</b> of my family and/or friends have their children immunised ...	3
<b>Most</b> of my family and/or friends have their children immunised ....	4
Don't know .....	9
Refused.....	8

[C7a\_] I'll read out a list of diseases that children get vaccinations for from the age of 6 weeks through to 12 years. For each disease, please tell me whether or not you have any concerns about the possible side effects from the vaccination. If you do have concerns, I will ask for your level of concern.

C7a Do you have any concerns with the vaccination for...?

FOR EACH ANSWERED 1, IMMEDIATELY ASK C7B

C7b  [Showcard C7](#)

Looking at Showcard C7, please tell me how concerned you are with the vaccination.

		C7a					C7b					
		Yes	No	NA – I don't know what this disease is	Don't know	Refused	Slightly concerned	Somewhat concerned	Moderately concerned	Extremely concerned	Don't know	Refused
a	<b>Rotavirus</b>	1	5	7	9	8	1	2	3	4	99	98
b	<b>Diphtheria</b>	1	5	7	9	8	1	2	3	4	99	98
c	<b>Tetanus</b>	1	5	7	9	8	1	2	3	4	99	98
d	<b>Whooping cough</b>	1	5	7	9	8	1	2	3	4	99	98
e	<b>Polio</b>	1	5	7	9	8	1	2	3	4	99	98
f	<b>Hepatitis B</b>	1	5	7	9	8	1	2	3	4	99	98
g	<b><i>Haemophilus influenzae</i> type b (Hib)</b>	1	5	7	9	8	1	2	3	4	99	98
h	<b>Pneumococcal disease</b>	1	5	7	9	8	1	2	3	4	99	98
i	<b>Measles, Mumps, Rubella</b>	1	5	7	9	8	1	2	3	4	99	98
j	<b>Human papillomavirus (HPV)</b>	1	5	7	9	8	1	2	3	4	99	98

C8  [Showcard C8](#)

Looking at Showcard C8, in the last two years has your level of confidence in the safety of vaccines...

- Increased over time ..... 1
- Stayed the same over time ..... 2
- Decreased over time ..... 3
- Don't know ..... 9
- Refused ..... 8

IF B2=1-5 GO TO C9  
OTHERWISE GO TO CHECK BEFORE C10\_I

- C9 **If you, or your partner were pregnant, would you agree to immunisations during pregnancy if it was recommended?**
- Yes..... 1
  - No .....5
  - Don't know .....9
  - Refused.....8


**SECTION C-2: ORAL HEALTH**

[PARENT/CAREGIVER] GO TO C10\_I  
OTHERWISE GO TO C13\_I

C10\_I **I will now ask you some questions about oral health.**

- C10  **Showcard C10**  
**How often are Xxx's teeth brushed? Please answer from Showcard C10.**

- Less than once a day..... 1
- Once a day .....2
- Twice a day.....3
- More than twice a day.....4
- Don't know .....9
- Refused.....8

- C11  **Showcard C11**  
**Using Showcard C11, how long has it been since Xxx last visited a dental professional for any reason?**

**ⓘ If necessary, this includes dentist, dental nurse, oral hygienist and other dental professional at private practice or government-funded services.**

- Within the past 12 months ..... 1
- Over 1 year ago .....5
- Don't know .....9
- Refused.....8

C12\_I **The next few questions ask for your opinion on oral health. Looking at Showcard C12, please tell me how much you agree or disagree with the following statements.**

- C12  **Showcard C12**  
**Regular dental visits for Xxx are as important as regular medical check-ups.**

- Strongly agree ..... 1
- Agree .....2
- Neither agree nor disagree .....3
- Disagree .....4
- Strongly disagree.....5
- Don't know .....9
- Refused.....8

GO TO C13 [PROGRAMMER NOTE: PARENT/CAREGIVER IS NOT ROUTED TO C13\_I]



C13\_I **The next question asks for your opinion on oral health. Looking at Showcard C12, please tell me how much you agree or disagree with the following statement.**

C13 ** Showcard C12**

**There is a relationship between the health of baby teeth and the health of adult teeth.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree..... 5
- Don't know ..... 9
- Refused..... 8

## SECTION M: MENTAL HEALTH

### SECTION M-1: KNOWLEDGE OF DEPRESSION AND ANXIETY

M1\_U The next set of questions I will ask are about overall health, wellbeing and mental health.

M1 If you or someone you know might be experiencing depression, do you know where you could get help? [M1=14 is UNIQUE]

① Do not read. Probe, multiple responses allowed. Code 14 is unique.

① Do not code 'depression.org.nz / John Kirwan' if the respondent just says "John Kirwan" without referencing to a website with John Kirwan on it. List under 'Other'.

① Probe: anywhere else you can think of?

depression.org.nz/ John Kirwan website .....	1
thelowdown.co.nz .....	2
Another website .....	3
Email / text / chat to Internet help service.....	4
A helpline .....	5
A friend or family member.....	6
A self-help resource .....	7
A therapist / counsellor .....	8
A doctor.....	9
A Psychologist .....	10
A Psychiatrist .....	11
A cultural leader or advisor.....	12
Church / spiritual help .....	13
No, I don't know .....	14
Other (please specify in M1a).....	15
Refused.....	98

M1a What is that 'other place'?

IF M1 = 3 GO TO M1b  
OTHERWISE GO TO M2

M1b Do you know what website you would go to?

Yes, please specify .....

No .....	5
Don't know .....	9
Refused.....	8

M2 **If you or someone you know had problems with anxiety, do you know where you could get help? You can mention more than one. [M2=12 is UNIQUE]**

**ⓘ Do not read. Probe, multiple responses allowed. Code 12 is unique.**

**ⓘ Probe: anywhere else you can think of?**

- Website / Internet..... 1
- Email / text / chat to Internet help service..... 2
- A helpline ..... 3
- A friend or family member..... 4
- A self-help resource ..... 5
- A therapist / counsellor ..... 6
- A doctor..... 7
- A psychologist..... 8
- A psychiatrist ..... 9
- A cultural leader or advisor ..... 10
- Church / spiritual help ..... 11
- No, I don't know ..... 12
- Other (please specify in M2a)..... 13
- Refused..... 98

M2a **What is that 'other place'?**

## SECTION M-2: K10

M3\_I **The next questions are about yourself. Please give your answers using Showcard M3.**

M3 **📖 Showcard M3**

**In the past 4 weeks, about how often did you feel tired out for no good reason?**

- None of the time ..... 1
- A little of the time ..... 2
- Some of the time..... 3
- Most of the time ..... 4
- All of the time ..... 5
- Don't know ..... 9
- Refused..... 8

M4 **📖 Showcard M3**

**In the past 4 weeks, about how often did you feel nervous?**

- None of the time ..... 1
- A little of the time ..... 2
- Some of the time..... 3
- Most of the time ..... 4
- All of the time ..... 5
- Don't know ..... 9
- Refused..... 8

IF M4 = 2-5 GO TO M5  
OTHERWISE GO TO M6

M5  **Showcard M3**  
**In the past 4 weeks, about how often did you feel so nervous that nothing could calm you down?**

- None of the time ..... 1
- A little of the time ..... 2
- Some of the time..... 3
- Most of the time ..... 4
- All of the time ..... 5
- Don't know ..... 9
- Refused..... 8

M6  **Showcard M3**  
**In the past 4 weeks, about how often did you feel hopeless?**

- None of the time ..... 1
- A little of the time ..... 2
- Some of the time..... 3
- Most of the time ..... 4
- All of the time ..... 5
- Don't know ..... 9
- Refused..... 8


M7  **Showcard M3**  
**In the past 4 weeks, about how often did you feel restless or fidgety?**

- None of the time ..... 1
- A little of the time ..... 2
- Some of the time..... 3
- Most of the time ..... 4
- All of the time ..... 5
- Don't know ..... 9
- Refused..... 8


IF M7 = 2-5 GO TO M8 OTHERWISE GO TO M9
--

M8  **Showcard M3**  
**In the past 4 weeks, about how often did you feel so restless you could not sit still?**


- None of the time ..... 1
- A little of the time ..... 2
- Some of the time..... 3
- Most of the time ..... 4
- All of the time ..... 5
- Don't know ..... 9
- Refused..... 8

M9  **Showcard M3**  
**In the past 4 weeks, about how often did you feel depressed?**


None of the time .....	1
A little of the time .....	2
Some of the time.....	3
Most of the time .....	4
All of the time .....	5
Don't know .....	9
Refused.....	8

M10  **Showcard M3**  
**In the past 4 weeks, about how often did you feel that everything was an effort?**

None of the time .....	1
A little of the time .....	2
Some of the time.....	3
Most of the time .....	4
All of the time .....	5
Don't know .....	9
Refused.....	8

M11  **Showcard M3**  
**In the past 4 weeks, about how often did you feel so sad that nothing could cheer you up?**

None of the time .....	1
A little of the time .....	2
Some of the time.....	3
Most of the time .....	4
All of the time .....	5
Don't know .....	9
Refused.....	8

M12  **Showcard M3**  
**In the past 4 weeks, about how often did you feel worthless?**

None of the time .....	1
A little of the time .....	2
Some of the time.....	3
Most of the time .....	4
All of the time .....	5
Don't know .....	9
Refused.....	8

**SECTION M-3: OVERALL WELLBEING AND CONNECTEDNESS**

**M13\_I I'm going to read out some statements. Looking at Showcard M13 could you please tell me how much you agree or disagree with each statement:**

M13  **Showcard M13**

**The last 12 months have been among the most difficult times of my life.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused..... 8

M14  **Showcard M13**

**I make an effort to see family or friends I don't live with.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused..... 8

M15  **Showcard M13**


**I can always rely on a friend or family member for support if I needed it.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused..... 8

M16  **Showcard M13**

**Maintaining a strong connection to my culture is important to me.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree ..... 5
- Don't know ..... 9
- Refused..... 8

M17  **Showcard M17**  
**In the last four weeks, how often have you felt isolated from others? Please answer from Showcard M17.**

- None of the time ..... 1
- A little of the time ..... 2
- Some of the time..... 3
- Most of the time ..... 4
- All of the time ..... 5
- Don't know ..... 9
- Refused..... 8

**SECTION M-4: DISCRIMINATION BEHAVIOURS**

M18\_1 **The following questions ask about your views in relation to people with mental illness. This refers to people who live in the community, whose experience of mental illness makes it hard for them to function: that is, to join in with some activities that other people might see as part of ordinary life. Mental illness refers to a range of diagnoses such as depression, schizophrenia, bipolar disorder, personality disorders and anxiety disorders.**

**I will now read a couple of scenarios that I would like you to comment on.**

M18  **Showcard M18**

**John is an employer. He interviews two people for a job. One candidate is slightly more experienced than the other, but discloses to John that they have a mental illness history. The other candidate is less experienced but has no history of mental illness. John chooses to hire the less experienced candidate who has no history of mental illness.**

**How much do you agree or disagree with John's decision?**

**❗ If necessary, say “don't overthink it, it's your first reaction that is important”.**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree..... 5
- Don't know ..... 9
- Refused..... 8

M19 **A new community mental health centre is to open. It caters for people with a range of mental health problems, including people diagnosed with depression, anxiety disorder and schizophrenia. It provides mental health assessment and treatment for people who are experiencing serious mental health problems.**

**Please say yes or no for each item I read out to you.**

**Would you be comfortable if the centre was...**

		Yes	No	Don't know	Refused
1	In your suburb or district	1	5	9	8
2	A couple of blocks or roads away from you	1	5	9	8
3	On your street or road	1	5	9	8
4	Next door to you	1	5	9	8

M20 **Has anyone you know disclosed to you that they have experienced mental illness?**  
 ⓘ **Prompt: any person you know, so not yourself.**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

M21 **📖 Showcard M21**

**If you were diagnosed with a mental illness, who would you tell? Please choose your answer from Showcard M21. [M21=8 is UNIQUE]**

ⓘ **Multiple responses allowed.**

ⓘ **If necessary: this refers to a person or group of people, rather than a place.**

- Your employer ..... 1
- Work colleagues .....2
- Family / whānau.....3
- Friends .....4
- People you live with .....5
- Members of your sports team, community group or church .....6
- Health professional .....7
- No one .....8
- Other (please specify in M21a).....9
- Don't know .....99
- Refused.....98

M21a **Where is that 'other person' from?**

M22 **Have you ever been diagnosed with a mental illness?**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

IF M22=1 GO TO M23  
 OTHERWISE GO TO SECTION H\_INTRO

M23 **Have you ever been treated unfairly or believe you have been discriminated against because of your experience of mental illness?**

- Yes..... 1
- No .....5
- Don't know .....9
- Refused.....8

IF M23=1 GO TO M24  
 OTHERWISE GO TO M25



M24  **Showcard M24**

**Please can you identify the settings where you were treated unfairly or were discriminated against, choosing your answer from Showcard M24.**

**ⓘ Multiple responses allowed.**

**ⓘ If necessary: this is for the setting, rather than a person. If the respondent identifies a person, probe for the setting.**

Workplace .....	1
Education, training .....	2
Housing .....	3
Health services .....	4
Government agencies (e.g. Police, Work and Income, CYFs) .....	5
Insurance .....	6
Sports clubs, community clubs / groups .....	7
Family or friends .....	8
Other (please specify in M24a) .....	9
Don't know .....	99
Refused .....	98

M24a **What is that 'other place'?**

M25 **Have you ever not done something because you were afraid of being discriminated against because of your experience with mental illness?**

Yes .....	1
No .....	5
Don't know .....	9
Refused .....	8

## SECTION H: GENERAL HEALTH

H\_INTRO      **In this section you will be asked a few general health questions.**

H1      [📄 Showcard H1](#)

**In general, would you say that your health is excellent, very good, good, fair or poor?**

- Excellent ..... 1
- Very good ..... 2
- Good ..... 3
- Fair ..... 4
- Poor ..... 5
- Don't know ..... 9
- Refused..... 8

[IF FEMALE AGED 15-54 CHECK IF PREGNANT: IF YES GO TO H2 AND SKIP H3]
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H2      **In the next step I will get you to enter your height and weight. I will not see this information myself.**

**I am going to turn the laptop towards you. Please use the keyboard to enter what you think your height is. You can enter in either centimetres or feet and inches.**

\_\_\_ **cm** [RANGE: 50-250 ]

\_\_\_ **Feet** [RANGE: 3-8]

\_\_\_ **Inches** [RANGE: 0-11.9]

Don't know ..... 99

Refused..... 98

**Once you have entered your height please click next.**

H3      **I would like you to use the keyboard to enter how much you think you weigh. You can enter in either kilograms, stones or pounds.**

**If you have a set of scales, I am happy to wait while you go and weigh yourself if you would prefer that.**

\_\_\_ **Kg** [RANGE: 10-210]

\_\_\_ **Stone** [RANGE: 1-33]

\_\_\_ **Pounds** [RANGE: 0-13.9]

Don't know ..... 99

Refused..... 98

**Once you have entered your weight please click next.**

H4  **Showcard H4**

**For someone of your age, gender and height, do you think your weight is...**

- About right ..... 1
- Underweight..... 2
- Overweight..... 3
- Obese ..... 4
- Don't know ..... 9
- Refused..... 8

**When you're done click next, and turn the computer back towards me.**

H5 **Are you registered with a primary health care provider?**

**① By 'primary health care provider' we mean a centre that provides services by GPs (doctors) or practice nurses. This can be a medical centre, GP practice or GP clinic, family practice or student health service.**

- Yes ..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

H6  **Showcard H6**

**Looking at Showcard H6, when you have a health concern or issue, do you...**

- Look it up on the Internet or Google ..... 1
- Go straight to a health professional..... 2
- Look it up on the Internet or Google and then go and see a health professional..... 3
- Talk to family or friends ..... 4
- Call Healthline ..... 5
- Take no action ..... 6
- Other (please specify in H6a) ..... 7
- Don't know ..... 9
- Refused..... 8

H6a **What is that 'other thing'?**

H7 **Looking at Showcard H7, please tell me how much you agree or disagree with the following statement.**

 **Showcard H7**

**The Internet delivers quality health information and accurate advice concerning health issues I might search for...**

- Strongly agree ..... 1
- Agree ..... 2
- Neither agree nor disagree ..... 3
- Disagree ..... 4
- Strongly disagree..... 5
- Don't know ..... 9
- Refused..... 8

## SECTION X: DEMOGRAPHICS

[X\_INTRO] We are nearing the end of the survey. The purpose of this section is to collect some general information about you and your household.

X1 Would you mind telling me what age you turned on your last birthday?

① Record age.

--	--

[Range 15–110]

Don't know – 999

Refused – 998

IF B3=2 GO TO X2\_I  
OTHERWISE GO TO X6

X2\_I For the next questions we have showcards with Te Reo English version. You are welcome to use either or both language versions, as suits you.

① Point to both Te Reo and English versions of Showcard X2.

X2  Showcard X2

Thinking about your life as a whole, how important is it for you to be involved in things to do with Māori culture.

① If necessary, point to options on Showcard X2.

- Very important ..... 1
- Quite important ..... 2
- Somewhat important ..... 3
- A little important ..... 4
- Not at all important ..... 5
- Don't know ..... 9
- Refused ..... 8

X3 Have you ever been to any of your ancestral marae? By this I mean a marae that your parents, grandparents, tipuna or ancestors are from.

- Yes ..... 1
- No ..... 5
- Don't know ..... 9
- Refused ..... 8

X4  Showcard X4

How well are you able to speak Māori in day-to-day conversation?

① If necessary, point to options on Showcard X4.

- Very well (I can talk about almost anything in Māori) ..... 1
- Well (I can talk about many things in Māori) ..... 2
- Fairly well (I can talk about some things in Māori) ..... 3
- Not very well (I can only talk about simple / basic things) ..... 4
- No more than a few words or phrases ..... 5
- Don't know ..... 9
- Refused ..... 8

X5  **Showcard X5**

**Which of these do you know? Please say yes or no for each item I read out to you.**

		Yes	No	Don't know	Refused
1	Your iwi or tribe	1	5	9	8
2	Your hapū or sub-tribe	1	5	9	8
3	Your maunga or mountain	1	5	9	8
4	Your awa, moana, river or water	1	5	9	8
5	Your waka or canoe	1	5	9	8
6	Your tipuna, tupuna or ancestors	1	5	9	8

X6 **Were you born in New Zealand?**

Yes ..... 1  
 No ..... 5  
 Don't know ..... 9  
 Refused ..... 8

IF X6 = 5 GO TO X7  
 OTHERWISE GO TO X8

X7 **In what year did you arrive to live in New Zealand?**

[Range 1916–2016]

Don't know – 9999

Refused – 9998

X8 **Showcard X8**

Looking at Showcard X8, which best describes you at the moment?

① Employment is considered full-time when an employee works an average of 30 hours or more each week, in any or all of their jobs, this includes Self-Employed.

Working in paid employment includes students if they have any paid employment.

① If necessary: this question is asking about the type of employment you have, rather than your role (e.g. 'Teacher', 'Nurse' etc.)

① Single response only

**In paid employment**

- Full time ..... 1
- Part time..... 2

**NOT in paid employment**

- Looking for a job ..... 3

**NOT in paid employment and NOT looking for a job**

- Student..... 4
- Homemaker ..... 5
- Beneficiary ..... 6
- Retired ..... 7

**Other**

- Please specify in A2b ..... 97
- Don't know ..... 99
- Refused ..... 98

X8a **What is that 'other description'?**

① Record. Ask whether paid or unpaid. If paid, ask whether full-time or part-time.

IF X8=1 OR 2 GO TO X9  
OTHERWISE GO TO X14

X9 **Showcard X9**

Looking at Showcard X9, are you in any of these roles; you don't need to say which.

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused ..... 8

X10 **Do you work in the health sector?**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused ..... 8

X11 **In your work, do you mostly sit down, about equal sitting down and moving around, or move around?**

**READ OUT**

- Sit down ..... 1
- About equal sitting down and moving around ..... 2
- Move around ..... 3

**DON'T READ OUT**

- Don't know ..... 9
- Refused ..... 8

X12 **When you are working, is most of your time spent indoors, about the same indoors and outdoors, or outdoors?**

**① If necessary: Outdoors refers to being out in the open.**

**READ OUT**

- Indoors ..... 1
- About the same indoors and outdoors ..... 2
- Outdoors ..... 3

**DON'T READ OUT**

- Don't know ..... 9
- Refused ..... 8



IF X12=2 OR 3 GO TO X13  
OTHERWISE GO TO X14

X13 **📖 Showcard X13**

**Looking at Showcard X13, are you provided with any of these types of sun protection when you are working outdoors?**

**① Multiple responses allowed.**

- None ..... 1
- Sunscreen ..... 2
- Sunhat ..... 3
- Sunglasses ..... 4
- Shade ..... 5
- Don't Know ..... 9
- Refused ..... 8

X14  **Showcard X14**  
**Looking at Showcard X14, can you please tell me the highest qualification you have?**  
 **UE / University Entrance – check which year obtained regarding answer options 3 or 5.**

**None**

No formal school qualification..... 1

**Secondary school**

NZ School Certificate in one or more subjects or  
 National Certificate Level 1, or NCEA Level 1 ..... 2

NZ Sixth Form Certificate in one or more subjects or  
 National Certificate Level 2 or NZ UE before 1986 in  
 one or more subjects or NCEA Level 2 ..... 3

NZ Higher School Certificate or Higher Leaving Certificate ..... 4

University Entrance 1986 onwards ..... 5

Bursary / Scholarship or National Certificate Level 3  
 or NCEA Level 3 or NZ Scholarship Level 4 ..... 6

Other secondary school qualification gained in NZ (specify in X14a) ..... 7

Other secondary school qualification gained overseas ..... 8

**Trade / technical certificate, professional qualification**

Trade or technical certificate which took more than 3 months of full-time study ..... 9

Professional qualification, for example, ACA, teachers, nurses ..... 10

**Undergraduate qualification**

Undergraduate diploma ..... 11

Bachelors degree, for example, BA, BSc ..... 12

**Postgraduate qualification**

Postgraduate certificate / diploma ..... 13

Postgraduate degree, for example Honours, Masters or PhD ..... 14

**Other qualification**

Please specify in X14b ..... 15


Don't know ..... 99

Refused..... 98

X14a **What is that 'other NZ secondary school qualification'?**

X14b **What is that 'other qualification'?**



X15  **Showcard X15**  
**Looking at Showcard X15, and thinking about the people in your household, who do you usually live with?**

**① If needed: We are interested in people in different living situations.**

**Multiple responses allowed.**

**① If necessary: In-laws are recorded as 'Other family' – option 13.**

- Live alone ..... 1
- Partner / husband / wife ..... 2
- Mother ..... 3
- Father ..... 4
- Grandparents ..... 5
- Brother / sister ..... 6
- Aunt / Uncle ..... 7
- Own children (including step children, foster, whangai) ..... 8
- Grandson / granddaughter ..... 9
- Niece / nephew ..... 10
- Cousins ..... 11
- Others' children (e.g. belong to someone else in household) ..... 12
- Other family ..... 13
- Friends ..... 14
- Flatmates ..... 15
- Other (specify in X15a) ..... 16
- Don't know ..... 99
- Refused ..... 98

X15a **Who is that 'other person'?**

IF X15 = 1 GO TO X18  
 OTHERWISE GO TO X16

X16  **Showcard X16**

**Looking at Showcard X16, including yourself, how many people in each age group usually live here in this house?**

**① RECORD NUMBER. 'Usually' means the person lives in the house for four or more days per week.**

	Age	Number	DK	Ref
a.	0 – 4 years		99	98
b.	5 – 7 years		99	98
c.	8 – 12 years		99	98
d.	13 – 14 years		99	98
e.	15 – 16 years		99	98
f.	17 years		99	98
g.	18 years and over		99	98

X17 **So, including yourself, there are [TOTAL IN X16] people usually living in this house?**

Yes ..... 1

No ..... 5 [CORRECT X16 IF NO]

X18  **Showcard X18**

Looking at Showcard X18, what is the total income that your household got from all sources, before tax or anything was taken out of it, in the last 12 months? Please call out the option number to the left of Showcard X18, that comes closest to the group your household comes into.

- \$5,000 or less ..... 1
- \$5,001 – \$10,000..... 2
- \$10,001 – \$15,000..... 3
- \$15,001 – \$20,000..... 4
- \$20,001 – \$25,000..... 5
- \$25,001 – \$30,000..... 6
- \$30,001 – \$35,000..... 7
- \$35,001 – \$40,000..... 8
- \$40,001 – \$50,000..... 9
- \$50,001 – \$60,000..... 10
- \$60,001 – \$70,000..... 11
- \$70,001 – \$80,000..... 12
- \$80,001 – \$90,000..... 13
- \$90,001 – \$100,000..... 14
- \$100,001 – \$120,000..... 15
- \$120,001 – \$150,000..... 16
- \$150,001 – \$250,000..... 17
- \$250,001 or more ..... 18
- Don't know ..... 99
- Refused..... 98

IF X18 = 99 OR 98, GO TO X19  
OTHERWISE GO TO THANKS

X19 **Would you be able to confirm if your total household annual income is roughly in one of these groups?**

 **READ OUT.**

- \$20,000 or less ..... 1
- \$20,001 – \$40,000..... 2
- \$40,001 – \$60,000..... 3
- \$60,001 – \$80,000..... 4
- \$80,001 – \$100,000..... 5
- \$100,001 – \$250,000..... 6
- \$250,001 or more ..... 7
- Don't know ..... 9
- Refused..... 8

**[THANKS] Thank you very much for answering these questions. Your answers will be very helpful in this study. There are just a few more questions and then we have finished. Any information you give me from now on will not be stored with your answers for the survey.**

## SECTION R: RECONTACT

R1ask\_I This is the last section in the survey.

R1ask **Is there a landline phone number that my Supervisor can reach you on in order to check my work, or to check you are happy with the way the interview was conducted?**

- Yes..... 1
- Don't have a landline ..... 3
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF R1ask = 1 GO TO R1  
OTHERWISE GO TO R2ask

R1 **Could I have that number including the area code please?**

**📞 Enter phone number.**

R2ask **Do you have a mobile number that my Supervisor can reach you on?**

- Yes..... 1
- Don't have a mobile number..... 3
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF R2ask = 1 GO TO R2  
OTHERWISE GO TO R3ask

R2 **Could I have that number please?**

**📞 Enter phone number.**

R3ask **Do you have an email address, in case we cannot contact you by telephone?**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF R3ask = 1 GO TO R3  
OTHERWISE GO TO R4

R3 **Could I have that email address?**

**📧 Enter email address.**

R4 **Would you be happy to be contacted again about the possibility of answering other health questions on behalf of the Health Promotion Agency? Saying yes to this question won't commit you, it just means they can contact you to ask if you would like to participate again.**

① **If necessary: Recontact will be in the next two to five years.**

① **If necessary: Reassure participant that this information will not be stored or used for any purpose other than being contacted on behalf of the Health Promotion Agency.**

- Yes, you can contact me and ask if I want to help again ..... 1
- No, don't contact me again ..... 5
- Don't know / unsure ..... 9
- Refused..... 8

IF R4 = 1 GO TO R5  
OTHERWISE GO TO THANKSAGAIN

R5 **Can I record your first name so the Health Promotion Agency can make sure they're talking to the right person?**

- Yes..... 1
- No ..... 5
- Don't know ..... 9
- Refused..... 8

IF R5 = 1 GO TO R6  
OTHERWISE GO TO THANKSAGAIN

R6 **What is your first name?**

- Don't know ..... 9
- Refused..... 8

THANKSAGAIN **That's all the questions I have to ask you. Thanks again for helping with the survey.**

GO TO LANG

LANG **What level of language assistance, if any, was used for the interview?**

① **Interviewer to complete.**

- None .....1
- The interviewer helped translate questions into a language other than English.....2
- A friend / family member helped translate questions into a language other than English.....3
- Official interpreter was used .....4
- Don't know .....9
- Refused.....8