

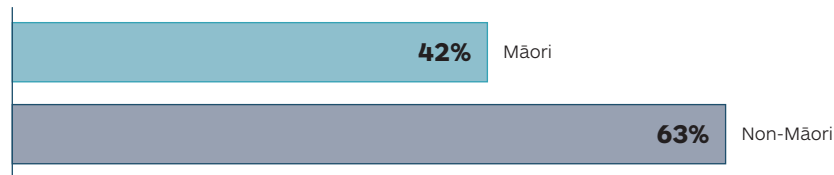
Māori aged 15 to 17 less isolated than their peers

Findings from the Mental Health and Wellbeing Survey



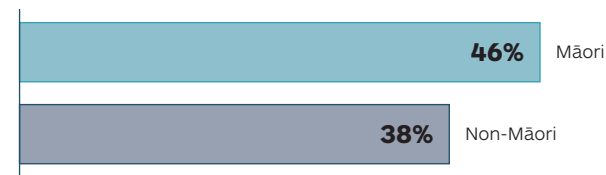
Young Māori are less likely to feel isolated than young non-Māori¹

15 to 17-year-olds: Felt isolated in last 4 weeks



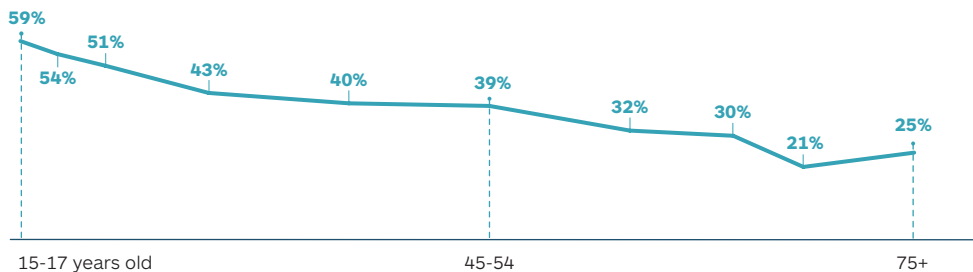
Adult Māori are more likely to feel isolated than non-Māori²

15 or older: Felt isolated in last 4 weeks



For all but young Māori, isolation is felt more by young people and decreases with age

Felt isolated in last 4 weeks



This means:

- 1 We will explore how isolation varies with age.
- 2 We will work to understand why isolation for Māori aged 15 to 17 is so much lower.
- 3 In the future, researchers must avoid combining the 15 to 17 age-group with older populations – they are simply too different.

Notes:

Isolation was defined as: Reporting at least some isolation within the last four weeks.

1. RR=0.64, t=2.5, p=.013; 2. RR=1.14, t=2.5, p=.013

Data from the Mental Health Monitor (2015, 2016, 2018) was combined giving 868 Māori and 3404 non-Māori. Analyses were done in STATA 15.0 with significance tests performed using GLM.

Of the n=363 15 to 17 year-olds in the sample, 19% were Māori, 83% students, and 49% female.

RS053 – July 2019